Retention of early pregnancy and its relationship to serum progesterone in dairy cattle

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RETENTION OF EARLY PREGNANCY AND ITS RELATIONSHIP TO SERUM PROGESTERONE IN DAIRY CATTLE

Melanie J. Starbuck

Thesis submitted to the
Davis College of Agriculture, Forestry and Consumer Sciences
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ABSTRACT

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Melanie. J. Starbuck

Factors affecting pregnancy maintenance between 28 and 67 days of gestation were studied in dairy cows (N = 211). Beginning on day 28 to 37 post breeding, cows were examined by ultrasonography for a viable pregnancy. Pregnant cows were re-examined for pregnancy losses during the late embryonic (≤ day 45) and early fetal stages up to day 67. Overall pregnancy loss was 11%, mostly occurring before day 45. Cows with two corpora lutea maintained fewer pregnancies than cows with one corpus luteum. Pregnancy retention was less when concentrations of progesterone were low during days 28 to 37. The embryo apparently died before luteal regression. Pregnancy retention declined as body condition and age of the cow increased. Pregnancy retention between days 28 and 67 of pregnancy was associated with luteal function during d 28 to 37.
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REVIEW OF LITERATURE

Introduction

To a single breeding, fertilization rates of 82 to 100% can be expected for beef heifers (Diskin and Sreenan, 1980; Maurer and Chenault, 1983). Fertilization rates of 100% have been reported for parous beef females following natural service (Maurer and Chenault, 1983), while those for parous dairy cattle inseminated artificially with fresh semen were 85% to 89% (Kidder et al., 1954; Boyd et al., 1969). Calving rates to a single insemination are 52 to 57% in dairy cattle (Mawhinney and Roche, 1978) and approximately 55% in beef cattle (Diskin and Sreenan, 1980). In genitally-normal beef heifers, fertilization failure accounted for about 10% and embryonic death accounted for approximately 30% of overall reproductive failure (Diskin and Sreenan, 1980).

Embryonic mortality occurs after conception and before differentiation of the embryo into a fetus, around day 45 in cattle (Winters et al., 1942).

Causes of embryonic mortality can be classified under two broad categories, environmental factors and genetic factors (Ayalon, 1978; King, 1991; Kastelic, 1994). Environmental factors can be divided between internal and external factors. The internal environment is perhaps the most studied, including physiology of the uterine environment, the hormones secreted by the dam to maintain pregnancy or enhance embryonic development, and the hormones secreted by the embryo. The roles of nutrition, disease, temperature or other environmental stressors would be classified as external factors, all of which may affect embryonic survival. King (1991) reviewed embryonic mortality from the point of view of the embryo, while most research centers on the maternal role in pregnancy maintenance.
When the majority of embryonic mortality occurs is yet to be distinguished, because there is no reliable early indicator available without terminating the pregnancy, which makes it difficult to pinpoint an acceptably small time period to research intensively. If death or removal of the embryo occurs before day 15 in the cow (Northey and French, 1980) or day 12 in the ewe (Moor and Rowson, 1966), length of the estrous cycle is unaffected. Presence of an embryo after these times, even though it may die shortly thereafter, extends the estrous cycle, as maternal recognition of pregnancy has already begun. The majority of embryonic loss in cattle occurs without notice, and it may appear as though the animal did not conceive and is cycling normally. For parous beef females slaughtered at intervals up to day 16, Maurer and Chenault (1983) reported that 67% of embryonic mortality to that time had occurred by day 8. In beef heifers, the majority of embryonic loss occurred by day 16 (Diskin and Sreenan, 1980) or as early as day 14 (Dunne et al., 2000). Reproductive failure in beef heifers has been attributed to both fertilization failure and embryonic mortality occurring before day 8, while failure to maintain pregnancy in parous cows has been attributed solely to embryonic mortality (Maurer and Chenault, 1983). Ayalon (1978) made the opposite conclusions with dairy cattle, that embryonic mortality was the primary cause of reproductive failure in heifers and that reproductive failure in cows was distributed evenly between fertilization failure and embryonic mortality. Despite these opposing reports, it can be concluded that even in cases in which fertilization is near 100%, some embryonic mortality is likely to occur. In fact, Saacke et al. (2000) have pointed out that the optimal time of breeding for maximum fertilization rate is later than the optimum time for maximal embryonic survival.
Late embryonic mortality, after maternal recognition of pregnancy, also has been recorded. Estimates of 7% and 12% embryonic loss between days 24 and 75 of pregnancy were reported for dairy cattle, determined by concentrations of milk progesterone (Kummerfield et al., 1978; Bulman and Lamming, 1979). More recent data in dairy cattle, especially those being synchronized for timed artificial insemination, present significant amounts of late embryonic mortality. Data have been collected for day 28, shortly after the embryo is visible by ultrasonography, to day 42 or later, when pregnancy is diagnosed easily by palpation. Estimates of embryo loss ranged from 13.3% (Cartmill et al., 2000) to 45.9% (El Zarkouny et al., 2000) for lactating dairy cows in which estrus was synchronized with the OvSynch protocol (Pursley et al., 1995) and timed insemination was used. When studies performed at multiple locations were compared regardless of synchronization treatment or cycling status, loss rates of approximately 15 to 30% were common in timed-inseminated lactating dairy cows (Inskeep, 2002).

**Early Pregnancy: Day 20 to 60**

*Embyronic Development: Day 25 to 60.* By day 25 of gestation, the bovine embryo weighs approximately 0.15 g (Eley et al., 1978) and appears as a ‘C’ shape, which is approximately 6 mm in length (Curran et al., 1986). By this time the heartbeat and allantois are visible by ultrasonographic examination. The heart rate decreases between days 20 and 26, then remains constant until day 60 (Kastelic et al., 1988). The allantois appears as an echogenic circle with attachment to the midventral portion of the embryo, but contains < 4 ml of fluid until approximately day 40 (Eley, 1979). By day 30 of gestation, the forelimb and hind limb buds, spinal cord and amnion are visible and the
embryo begins to take on an ‘L’ shape (Curran et al., 1986), despite weighing < 1 g (Eley, 1979). Placentomes are visible as smooth, semicircular elevations by day 35 and are first detected only near the embryo proper, but spread throughout the gravid horn by day 60 (Kastelic et al., 1988). Between days 40 and 60 the embryo becomes a fetus as organs develop. Size increases from 1 g to 14 g during this time (Eley et al., 1979) and the conceptus exhibits quadratic growth from day 20 to 60 (Curran et al., 1986).

**Implantation and Placentation: Days 20 to 42.** A developing embryo is dependent on uterine gland secretions diffusing through unattached membranes until placental attachment occurs. Establishment of a functional placenta for transfer of nutrients and waste involves apposition and adhesion between the trophoblast and uterine surfaces in a gradual process. By day 15, a serosal vesicle lined with endoderm fills the cavity of the pregnant uterine horn (Marion and Gier, 1958). Villous regions that develop on this vesicle, called cotyledons, will attach to caruncles in the uterine endometrium, creating placentomes and making direct transfer of nutrients to the developing extra-embryonic circulation possible. The cotyledonary attachment is characteristic of ruminants, and the bovine placenta is referred to as syndesmochorial (Chang, 1952).

Placental development is a progressive process. A layer of epithelial cells covers caruncular tissue in the non-pregnant cow; this layer is lost as the first response of the caruncles to the embryonic membrane (Melton et al., 1951). Maternal caruncular epithelium is variable at 20 days of gestation, but by day 27 the epithelial cells become more regular and cuboidal in shape as the epithelium changes from smooth to undulated (King et al., 1980). Attachment begins near the embryo with the proliferation
of trophoblastic cells, forming cotyledons on the chorionic membrane over the caruncular areas. This process begins by day 30 and has spread to the body of the gravid uterine horn by day 35 and to the contralateral horn by day 38 (Melton et al., 1951). Where caruncular and cotyledonary tissue meet, creating a placentome, villi and crypts will begin to form. At 33 days of gestation, the villi are not branched and range from 120 to 520 µm in length. Within three days they become branched, increasing contact, and by 42 days are approximately 1200 µm in length. Few structural changes in the placentomes take place after 42 days (King et al., 1979).

The intercaruncular tissue undergoes villi-like modification, which functions to increase respiratory capacity and to transport larger or less diffusible molecules. Contact in the intercaruncular areas is not as great as in caruncular areas and appears to be similar to the diffuse placenta of the pig and horse. The greatest areas of contact with the intercaruncular tissue are in the middle section of each uterine horn (King and Atkinson, 1987).

The presence, distribution and size of lipid droplets within the cells of both the embryonic and maternal epithelium undergo dramatic changes between days 20 and 42. By day 29, extensive accumulation of lipid droplets is observed, concentrated in the basal region of the mononuclear cells (King et al., 1980). Single, medium to large lipid droplets are located in the binucleated giant cells; however, these lipid droplets are sparse in areas heavily populated with binucleated giant cells. Binucleated giant cells originate from the trophoblastic cells, and then migrate from the chorionic epithelium to invade the maternal endometrial epithelium where they secrete placental lactogen and pregnancy specific protein B. Other droplets at this time appeared as dense clumps of
smaller droplets. By day 33, the lipid concentration and size of droplets present in the fetal giant cells have decreased (King et al., 1979). These lipid droplets may be used as substrates for the synthesis of prostaglandins, which are important for implantation in species like the rodent (Evans and Kennedy, 1978). Prostaglandins and their role(s) in pregnancy will be discussed later.

**Hormones Affecting Early Pregnancy**

*Progesterone.* Concentrations of progesterone in pregnant animals have been reported to increase over those in open animals beginning as early as day 3 to 6 (Maurer and Echternkamp, 1982; Albihn, 1991). Concentrations of blood progesterone were decreased by poor nutrition and weight loss (Beal et al., 1978; Gombe and Hansel, 1973). Metabolism of progesterone can be affected by diet and grazing time (Rabiee, 2000). High producing cows in early lactation have a higher rate of metabolism than low producing cows (Huntington, 1990; Butler, 2000). The level of nutrition did not alter the concentration of progesterone in either luteal tissue or ovarian venous blood of ewes (Abecia et al., 1995, 1997) or cows (Apgar et al., 1975); therefore, variation in peripheral blood progesterone is most likely caused by differences in metabolism.

Prevention of luteal regression is essential for continued pregnancy beyond the duration of the estrous cycle, a process known as maternal recognition of pregnancy. Kastelic (1991) reported that luteal regression occurred prior to embryo death when embryonic mortality took place before day 25 of gestation and embryo death preceded luteal regression when embryonic mortality occurred between days 25 and 40 of gestation. Experimentally-induced luteal regression on day 28 or 42 of pregnancy
resulted in quick embryonic death (2.4 days), which was followed shortly (2.6 days later) by ovulation. In the same study, embryonic death was caused abruptly, by rupture of the amniotic vesicle, or slowly, by colchicine injection, on day 42 of gestation. Neither of these treatments resulted in luteal regression until just before ovulation, 35 and 22 days after embryonic death (Kastelic, 1989).

Supplementation with progesterone around the time of maternal recognition of pregnancy may increase pregnancy rates, if overall herd fertility is low. Diskin and Niswender (1989) reported no improvement of embryonic survival in ewes treated with progesterone from day 7 to 50 of gestation when compared to control ewes. Variable results have been reported when cows were treated with hCG (Morris et al., 1976; Lewis et al., 1990) or GnRH (Rettmer et al., 1992; Stevenson et al., 1993). Direct effects of progesterone on late embryonic survival have not been reported, however, treatment with progesterone early in the estrous cycle can affect embryo growth. Day-14 embryos from cows treated with progesterone on days 1 through 4 of pregnancy were more advanced than embryos from control animals and uterine endometrial secretions were altered by day 5 (Garrett et al., 1988). Embryos from ewes with short, regular estrous cycles had greater luteotropic capabilities on day 13 than embryos from ewes with estrous cycles of typical length as indicated by the fact that concentrations of progesterone increased more quickly (Nephew et al., 1991). Pregnant cows with embryos that did not produce detectable concentrations of interferon τ (IFN-τ) at day 16 had similar estrogen profiles but slower rises in progesterone than those with embryos that produced detectable concentrations of IFN-τ (Mann and Lamming, 2001).

Prostaglandin $F_{2\alpha}$ ($PGF_{2\alpha}$). The effect of prostaglandins on embryo quality and
viability has been studied most in the early postpartum cow. Greater concentrations of 15-keto, 13,14-dihydro-PGF$_{2\alpha}$ (PGFM), the primary metabolite of PGF$_{2\alpha}$ were found in circulation in early postpartum (0 to 36 days) dairy cows that developed endometritis than in those that did not (Seals et al., 2002). Premature increases in secretion of PGF$_{2\alpha}$ have been associated with the first postpartum ovulation and lead to a shortened cycle (Ramirez-Godinez et al., 1981; Cooper et al., 1991). Even when an exogenous progestagen was provided to replace the regressing CL, cows bred at first postpartum ovulation failed to maintain pregnancy (Breuel et al, 1993). When day-6 embryos from cows with short luteal phases were transferred into cows with normal cycles, pregnancy could be maintained (Schrick et al., 1993). When good quality embryos from cows with normal cycles were transferred into cows with short cycles given supplemental progesterone, pregnancy rates were half those following transfer of good quality embryos into cows with normal cycles; therefore, Butcher et al. (1992) suggested that the altered environment within the uterus may be hostile to embryonic survival. Schrick et al. (1993) reported greater concentrations of PGF$_{2\alpha}$ in the uterine lumen of cows with short cycles than in cows with normal cycles. Cows with greater concentrations of PGF$_{2\alpha}$ had lower quality embryos (Schrick et al., 1993; Hockett et al., 1998). Increased uterine PGF$_{2\alpha}$ has been reported in cows with negative energy balances (Butler et al., 1998), experimentally-induced mastitis (Hockett et al., 2000) and heat stress (Malayer et al., 1990) that may lead to increased embryonic death.

In contrast to the reports of decreased early embryonic viability with increased secretion of uterine PGF$_{2\alpha}$, Bridges et al. (2000) examined PGF$_{2\alpha}$ during later embryonic development. Pregnancy retention was greater in cows dependent upon an
hCG-induced replacement CL if they had greater concentrations of PGF$_{2\alpha}$ in plasma from the inferior vena cava during days 31 to 36 of gestation. Higher concentrations of PGF$_{2\alpha}$ may be important in the implantation process. In the rat, implantation begins on day 5 of gestation, when uterine activity of phospholipase A$_2$, PGF$_{2\alpha}$ and PGE were increased (Novaro et al., 1996). Treatment with indomethacin on day 5 of pregnancy in the rat caused decreased weight of implantation sites and extended the length of pregnancy (Kennedy et al., 1977). Similar results were reported in the hamster, as indomethacin decreased the weight of implantation sites and the associated increase in PGE (Evans and Kennedy, 1978). In the mouse, indomethacin blocked the decidual cell reaction and the associated increase in PGF$_{2\alpha}$ (Rankin et al., 1979). Prostaglandins are important in mediation of implantation in rodents. A role of PGF$_{2\alpha}$ in the adhesion and attachment process of implantation in the cow could explain why increased PGF$_{2\alpha}$ at days 31 to 36 of gestation is advantageous to pregnancy maintenance.

**Timing of the LH Surge.** Following ovulation, fertilization and very early embryonic development occur in the oviduct. Among the many factors that may influence embryonic development are secretions of the oviduct, which are controlled by steroid hormones (Gandolfi, 1994). Aberrations from the normal timing of hormonal events near ovulation and estrus may lead to changes that affect oocyte quality, resulting in decreased embryo survival.

Soede et al. (1994) reported that embryonic survival (the number of corpora lutea represented by viable embryos) to day 35 in sows was correlated negatively with the interval between peak concentrations of estradiol and LH or between peak estradiol and the subsequent rise of progesterone. The relationship was believed to be due to
changes in the oviductal environment. Secretory activity of the oviduct was decreased in superovulated (eCG followed 48 hours later by PGF$_{2\alpha}$) dairy heifers in which the LH surge was postponed by norgestomet treatment, then induced with GnRH. This treatment decreased embryo viability, without affecting blastocyst formation, cleavage rates or fertilization rates (van de Leemput et al., 2001). Although Lucy and Stevenson (1986) were looking at effects of GnRH treatment at estrus and subsequent changes in hormonal patterns, they reported data similar to those of Soede et al. (1994). Increased conception rates in dairy cows and heifers were associated with a shorter interval between peak concentrations of estradiol and LH.

Delayed ovulation, whether naturally-occurring or artificially-induced, resulted in intrafollicular aging of the oocyte and an increased incidence of embryonic anomalies in the rat (Fugo et al., 1966; Fugo and Butcher, 1971; Butcher et al., 1967, Page et al., 1983). Morphological and chromosomal defects were increased, while fertilization and implantation rates were decreased when ovulation was delayed 48 hours with injection of sodium pentobarbital in rats (Butcher and Fugo, 1967). As determined by reciprocal transfer of embryos from delayed and normal rats, delayed ovulation and altered uterine environment decreased the implantation rate and changes in the oocyte led to increased incidence of embryonic abnormalities and mortality (Butcher et al., 1969). These changes are most likely due to an increase in the time of exposure of the oocyte to elevated concentrations of estradiol before ovulation (Butcher and Pope, 1979). Similar results, decreased fertilization and embryo development, have been reported in sheep when LH pulsatility was inhibited prior to ovulation with a GnRH antagonist (anterilix; Ouissaid et al., 1999).
Multiple Offspring and Pregnancy Loss

Twinning in cattle increases the rate of late embryonic and(or) fetal mortality. Echternkamp and Gregory (1999) reported that beef cows pregnant with twins had a loss rate of 12.4% compared to 3.5% for those with single offspring between pregnancy diagnosis by ultrasonography and parturition. An estimated 38% of twin pregnancies terminated in either observable abortion (21%) or stillbirths (17%; Erb and Morrison, 1959). Mortality of twin embryos usually occurs prior to day 35 (Anderson, 1982), however, earlier work by Anderson et al. (1978) reported fetal loss of twin pregnancies between days 45 and 60 of gestation at a rate of 27.8%.

Unlike the sheep, litter bearing species, and the horse, partial losses of pregnancies rarely occur in the cow as death of one fetus in a twin pregnancy usually results in death of the other due to anastomosis of the placentas (Eckternkamp, 1992). The horse, also primarily a monovulatory species, is probably the best animal to compare to the cow, despite having a diffuse placental attachment. Twinning accounts for 10 to 30% of abortions in mares (Roberts, 1986), and it is rare when live twin foals are born and thrive. Embryonic fixation, when the embryo contacts directly with the endometrium, occurs on day 16 to 17 of gestation in the mare. Seventy percent of twins’ vesicles fix unilaterally, in the same horn. Interestingly, 85% of unilaterally-fixed twin pregnancies undergo natural reduction by day 40, however, bilaterally-fixed twin pregnancies do not. Embryos are implanted prior to natural reduction, which usually occurs between days 17 and 38 (Ginther and Pierson, 1984). How and why one embryo is selected for natural reduction is not well understood, although the close proximity of multiple embryos favors reduction from a twin pregnancy to a single
pregnancy. Especially in unilateral twins, there is a loss of contact between the endometrial and trophoblastic surfaces from each embryo and in some cases the larger embryonic vesicle has been shown to partially surround the smaller one. Unilateral twins also undergo reduction earlier than bilateral twins, when the yolk sac, a less efficient distributor of nutrients, is still the predominant placenta (Ginther, 1984). As stated above, natural reduction of twin embryos rarely occurs in the cow.

What causes twinning in cattle? Cattle selected for twinning have significantly greater populations of secondary follicles, but an equal number of primary and primordial follicles (Cushman, 2000). Ultimately these cows are able to keep more follicles growing into the next stage. Fricke and Wiltbank (1999) reported that high producing dairy cows had significantly more ovulations than those of average and low production. This work supported the findings of Kinsel et al. (1998), in which the percentage of high milk producing cows with double ovulations was 20.2% compared to 6.9% for low producing cows (≤40 kg/d). Lactating cows exposed to heat stress for the entire estrous cycle had greater populations of large (>10 mm) follicles during the first follicular wave (Wolfenson et al., 1985; Roth, 1998), and reduced dominance of the largest follicle, allowing the growth of a second large follicle and increasing the likelihood of multiple ovulations. Synchronization of estrus in cows during the first follicular wave of the cycle may result in the ovulation of more than one oocyte, as more co-dominant follicles developed during the first wave of the estrous cycle (Ginther et al., 2001). Monozygotic twins, resulting from division of a single fertilized oocyte occurred at a rate of 6.0 to 10.8% of all twin births (Johansson, 1932; Joubert, 1952).
Effects of Heat Stress on Embryonic Survival

The effect of heat stress on reproduction is well documented and was the topic of a recent review by Wolfenson et al. (2000). Conception rates may decline from averages of 40 to 60% in cooler months to only 10 to 20% during times of high temperature and humidity (Cavestany et al., 1985). Conception rates in beef heifers exposed for 72 hours to elevated temperature (32°C) or ideal temperature (21°C) immediately following breeding were 0% and 48% respectively (Dunlap and Vincent, 1971). Exacerbating the problem of low fertility is the shortened duration and intensity of estrus during summer months (Bianca, 1985).

Under heat stress, the dominance of the first wave follicle may be reduced (Wolfenson et al., 1995) allowing the preovulatory follicle to emerge two to three days sooner than the preovulatory follicle of a non-heat stressed cow. The earlier emergence of the preovulatory follicle may result in an older follicle being ovulated, decreasing fertility (Mihm et al., 1994).

Heat stress during early pregnancy can affect later embryonic survival. Viability of unfertilized, ovulated ova from ewes that were heat stressed at mating was not different from control animals when transferred into a non-heat stressed mated ewe (Woody and Ulberg, 1964). However, when ewes were exposed to heat stress from mating to day 4 of gestation, embryonic survival was decreased, most likely due to alteration in the uterine environment (Alliston and Ulberg, 1961). Similar results were seen in superovulated, dairy heifers exposed to heat stress from ovulation to embryo collection (day 7; Putney et al., 1988a). Heat stress could alter spermatozoa in the female tract resulting in decreased embryonic survival (Bishop, 1964; Howarth et al., 1988).
Day-17 conceptuses cultured in vitro under heat stress showed increased induction of heat shock proteins, decreased production (72% that of controls) of interferon-τ (IFN-τ), a major secretory product of the conceptus between days 15 and 24 (Bartol et al., 1985), and increased secretion of prostaglandin E2. Under the same treatment, endometrial tissue secreted more prostaglandin F2α in response to heat stress (Putney et al., 1988b). Low rates of continued pregnancy in response to heat stress may be caused by an alteration of the signals for maternal recognition of pregnancy from slow growing or poor quality embryos.

Heat stress that occurred between days 8 and 16 after insemination, when the blastocyst is growing rapidly, caused reduced conceptus weights and lower pregnancy rates in heifers (Biggers et al., 1987). It is well known that ewes bred out-of-season, exposed to high heat later in gestation, give birth to smaller lambs than those gestated over the winter (Yeates, 1956; Shelton and Morrow, 1965). Direct correlations between heat stress and late embryonic and early fetal mortality are difficult to establish because of the many systems that may be altered in response to heat stress.

Secretions by the Embryo and Fetus

Secretion of progesterone from the CL is essential for pregnancy maintenance in the cow. PGF2α from the uterine endometrium initiates regression of the CL in absence of pregnancy. Presence of an embryo must attenuate secretion of PGF2α or decrease the action of PGF2α. Presence of a viable embryo reportedly abolished episodic secretion of PGFM (Kindahl et al., 1976; Betteridge et al., 1984) and overcame the luteolytic effect of PGF2α injected into the largest follicle on day 13 of pregnancy in the ewe (Pratt et al., 1977). Secretion of PGFM in response to oxytocin challenge was
decreased during early pregnancy when compared with cyclic cows (Lafrance and Goff, 1985) and in pregnant ewes on days 14 to 15 of gestation (Silvia et al., 1992). Endometrium from a day-17 pregnant uterus produced less PGF$_{2\alpha}$ than endometrium from a day-17 cyclic cow in vitro (Gross et al., 1988). The conceptus produces a wide array of proteins that, when infused into the uterus of a cyclic cow (day 17), increased the interestrous interval and decreased secretion of PGF$_{2\alpha}$ (Knickerbocker, 1986). Silva et al. (2000) reported that the day-13 ovine corpus luteum of pregnancy has greater enzymatic activity of the enzyme prostaglandin dehydrogenase (PGDH), which converts PGF$_{2\alpha}$ to the inactive metabolite PGFM, than a corpus luteum from day 13 of the cycle, which may allow the corpus luteum of pregnancy to be more resistant to PGF$_{2\alpha}$.

IFN-τ mRNA is first present on day 12 and produced maximally on days 15 and 16, while IFN-τ is not detected in uterine flushings until days 14 to 16 (Farin et al., 1990). Production increases as the conceptus undergoes morphological change from spherical to filamentous (Farin et al., 1990). Production of IFN-τ has been correlated with concentrations of progesterone (Kerbler et al., 1997; Mann et al., 1999). Cows with slower post-ovulatory increases in progesterone and lower luteal phase concentrations of progesterone had day-16 embryos that exhibited no elongation and produced very little to no IFN-τ (Mann et al., 1999; Mann and Lamming, 2001). Multiple IFN-τ genes exist in cattle, two of which (IFN-τ1c and IFN-τ3a) are expressed more abundantly than others during the blastocyst stage (Ealy et al., 2001). The importance of how many genes for IFN-τ are expressed and when they are expressed remains an area of future study. Demmers et al. (2001) recently reviewed the action of IFN-τ. IFN-τ inhibits endometrial expression of oxytocin receptors, through which oxytocin can stimulate
secretion of PGF$_{2\alpha}$ in the non-pregnant animal. The decreased secretion of PGF$_{2\alpha}$ may be due also to direct inhibition of IFN-\(\tau\) on expression of COX-2 mRNA (Pru et al., 2001).

Pregnancy specific protein B (PSPB) is a glycoprotein secreted from the giant binucleate cells of the fetal trophoderm (Eckblad et al., 1985). PSPB can be detected in jugular blood around day 15 of gestation but does not reach significant amounts until 25 to 30 days (Sasser et al., 1986). Concentrations of PSPB from the periphery have allowed detection of spontaneous embryo mortality between days 24 and 70 (Humblot et al., 1988, 1990) and embryo mortality induced by treatment with Actinomyces pyogenes (Semambo et al., 1992). Animals treated with Actinomyces pyogenes that lost an embryo maintained an elevated concentration of progesterone like that of the pregnant cow until 20 days after embryo death, making progesterone an invalid indicator of pregnancy. While concentrations of progesterone can remain elevated some time after embryonic mortality, concentrations of PSPB, which is no longer being produced by the trophoderm, fall more quickly to concentrations below that found in pregnant animals, making it a more valid method of pregnancy diagnosis than elevated concentrations of progesterone.

No direct correlation has been reported between concentrations of progesterone and PSPB; however, Weems et al. (1997) proposed that PSPB may have an indirect role in regulating luteal secretion of progesterone through stimulation of prostaglandin E (PGE). Treatment of the mid-cycle (day 10 to 12) or late (day 17 to 18) bovine CL (Del Vecchio et al., 1995a, b, 1996) or day-16 bovine endometrial tissue (Del Vecchio et al., 1990) with PSPB increased secretion of PGE. Secretion of both PGE$_2$ and PGF$_{2\alpha}$ from
luteal tissue collected late in gestation was stimulated by treatment with PSPB (Weems et al., 1998). Prostaglandin E₂ stimulated progesterone secretion from luteal tissue collected during this same time, leading to the above conclusion that PSPB has an indirect role in secretion of progesterone. Secretion of both PSPB and progesterone increased earlier in GnRH-treated, repeat-breeding cows than in controls (Mee et al., 1993). It is not known if GnRH directly increased PSPB or if the subsequent rise in progesterone increased PSPB and pregnancy rates in repeat breeding cows after treatment with GnRH at breeding (Lee et al., 1983; Stevenson et al., 1984, 1988, 1990; Phatak et al., 1986).

As mentioned earlier, IFN-τ secreted by the bovine conceptus is one of many factors involved in maternal recognition of pregnancy. IFN-τ induces secretion of an α chemokine, granulocyte chemotactic protein-2 (GCP-2) on days 18 to 26 of gestation (Hansen et al., 1999). The role of this uterine protein is uncertain; however, it may mediate endometrial response to PGF₂α and also be involved in cell adhesion, inflammation, angiogenic response, or attraction of the conceptus or cells of the immune system to implantation sites (for review see Oppenhein et al., 1991). Austin et al. (1999) reported that treatment of bovine endometrial cells with PSPB-induced secretion of GCP-2. Because PSPB is not secreted in significant amounts until day 25 to 30 of pregnancy, it may control secretion of GCP-2 after maternal recognition of pregnancy and be involved in a later signaling for maintenance of pregnancy.

**Genetic Abnormalities**

Embryonic loss may be due to the elimination of chromosomally-abnormal embryos, such as those with genetic deletions or those with permutations for specific
genes that may be lethal. In humans, approximately half of spontaneously-aborted embryos and fetuses in the first and second trimesters are chromosomally abnormal (Burgoyne et al., 1991). The incidence of genetic abnormalities in beef embryos ranged from 7.2% to 10.4% in 9 studies reviewed by Zavy (1994). Many chromosomal abnormalities affect development of the growing embryo, resulting in death; one such gene is the FGF8 gene involved in brain development (Crossley et al., 1996). The most common genetic abnormality in cattle is mixoploidy (King, 1990), which is found more frequently in morphologically-abnormal embryos than in morphologically-normal ones (King et al., 1987).

**Influence of the Male**

Some males have lower fertility than their counterparts. Looking at embryonic development to the stage of embryo collection for embryo transfer and then at survival in recipients, differences were noted among bulls (Miller et al., 1992; Coleman et al., 1987). Early cleavage rates of embryos were reduced in bulls with low fertility used in *in vitro* experiments (Eid et al., 1994). Problems with sperm or semen from bulls of low fertility that indicate incompetence after fertilization can be labeled uncompensable deficiencies and cannot be eliminated by increasing sperm dosage. In a study evaluating pregnancy retention between days 38 and 90 of gestation, Lopez-Gatius et al. (2002) reported that cows bred to one bull of the six used for artificial insemination had a 3.4 times greater risk of pregnancy loss during that time. The nuclear shape within a sperm may be indicative of fertility as it relates to chromosome stability (Ostermeier et al., 2001). Presence of a novel male within the first 48 hours following mating in the mouse induces pregnancy termination by altering the timing of secretion of
prolactin necessary for pregnancy maintenance (Bruce, 1961).

Embryo quality has been correlated positively with accessory sperm number following fertilization (DeJarnette et al., 1992; Nadir et al., 1993). These authors postulated that larger numbers of accessory sperm per higher quality embryo represent increased competition among potential fertilizing sperm, in agreement with the work of Howard et al. (1993) that the zona pellucida can select against sperm with abnormal head morphology. If the zona pellucida is morphologically selective then the problem with uncompensable deficiencies most likely lies at the DNA level of the sperm. Saacke et al. (2000) reviewed several studies that indicate that this is so.

**Infectious Abortion and Embryonic Mortality**

Infectious diseases cause reproductive problems for livestock producers worldwide. The primary indicator of the presence of many of these diseases is the occurrence of abortion. Abortions at any stage of pregnancy increase the days open, usually increase culling rates of otherwise productive animals, and can lead to fewer offspring from which to choose replacement stock. Confounding the problem of occurrence of abortion is the low rate of detection of its causes. Examination of maternal seroconversion (production of antibodies) of antibody titers following abortion, usually taken at abortion and again three weeks later, rarely leads to positive identification for the cause of infectious abortion. Pathological examination of the placenta should be included if possible, as some frequent signs of infectious abortion are the disturbance of fetal and maternal connections of the placenta such as malformations or lesions of the cotyledon.

**Bovine Virus Diarrhea Virus (BVD).** BVD, sometimes called BVDV, is one of
the most prevalent causes of abortion in cattle, with an incidence of infection often in excess of 70% (Paton et al., 1998, Houe, 1999). There are two forms of BVD, cytopathogenic (CP) and noncytopathogenic (NCP). BVD-CP induces apoptotic cell death while NCP replicates in cultured cells without inducing cell death and has the ability to cross the placenta. Because NCP can cross the placenta, any vaccination must be able to protect the fetus. The most frequent carriers of the virus are persistently-infected animals that were infected initially in the uteri of their dams prior to day 125 of gestation (Fray et al., 2000). Infection with BVD-NCP in the first 40 days of gestation causes early embryonic death, infection between 40 and 125 days of gestation results in persistently-infected offspring or later abortion, and infection after 125 days of gestation is nonlethal, as the fetus is now able to mount an immune response (Thur et al., 1997).

Fray (2000) reviewed the effect of BVD on reproductive tissues, primarily the ovary. The virus can be recovered from cells in the oviduct, myometrium, endometrium, and placental membranes. Within the ovary, the virus can be recovered from interstitial, luteal, granulosal and thecal cells, along with follicular fluid. BVD infection in the ovary can cause retarded growth of preovulatory follicles up to two cycles post-challenge (Grooms et al., 1998). In persistently-infected cows, the number and quality of recovered oocytes in response to superovulation was significantly lower than in control cows. Embryos infected with BVD-NCP had a reduced rate of in vitro blastocyst formation when recovered at day-8 post breeding (Bielanski and Dubuc, 1995). Retarded growth may lead to greater mortality rates of early embryos. Utilizing embryo transfer, it is possible to collect BVD-infected embryos and wash them free of the BVD
virus for transfer into a recipient cow, with no resulting infection of the offspring or recipient. BVD can be transmitted via semen (Meyling and Jensen, 1988), so it is imperative to test new breeding males.

**Infectious Bovine Rhinotracheitis (IBR).** Sporadic abortions throughout gestation may be caused by IBR. Abortion is most common after the fourth month of gestation, however, Miller et al. (1989) inoculated heifers on day-14 post breeding and within 10 days two heifers showed a decline in progesterone to concentrations similar to those seen at estrus, while an additional two heifers lost embryos on days 40 and 42 after breeding. Inoculation at day-14 postbreeding resulted in early embryonic death, but heifers inoculated on day-21 or -28 postbreeding calved normally (Miller and Van der Maaten, 1986). Histological examination of tissues from infected heifers showed necrosis, hemorrhage, and lymphocyte infiltration of the ovary and CL, which may have caused early CL regression, especially in those animals treated prior to maternal recognition of pregnancy (Smith et al., 1990; Miller and Van der Maaten, 1987; Van der Maaten et al., 1985; Van der Maaten and Miller, 1985).

**Actinomyces pyogenes.** Early embryonic death may be caused by Actinomyces pyogenes. The presence of A. pyogenes in the reproductive tract often is considered to be secondary to other infections, such as endometritis (Anon, 1988). Visual embryonic decomposition and pus were found following abortion from cows infected between days 27 and 41 of pregnancy when compared with cows given prostaglandin to terminate the pregnancy. Cows were, on average, back in heat eight days later with no detrimental effects on subsequent fertility (Semambo et al., 1991).

**Other Diseases.** The diseases reviewed above are by no means the full extent
of possibilities for infectious abortions. Many diseases that lead to abortions during late
gestation are not relevant to a discussion of causes of embryonic mortality. Other
causes of abortion would include Brucellosis and those caused by mycotic factors (for
review see McCausland et al., 1987). Campylobacter fetus may cause late term
abortion. Studies of cows infected with Campylobacter fetus showed no changes in
progesterone, PGF$_{2\alpha}$, or PGFM until 24 to 48 hours prior to abortion (Baetz et al., 1980,
1981), similar to the time line for hormonal changes at parturition, once again showing
why infectious abortion is difficult to diagnose.

**Summary**

The rate of pregnancy retention in cattle can be affected by many factors. Of the
many factors involved, no specific ones have yet been identified as primary causes of
reduced pregnancy maintenance during the late embryonic and early fetal stages of
gestation. The maternal environment is obviously of key importance, however, one
cannot discount the role that the external environment may play in pregnancy retention.
With average occurrence rates of 7 to 15% in dairy cattle, late embryonic and early fetal
mortality deserve the attention of researchers so that animal management or
environment may be altered in an effort to reduce its occurrence.
STATEMENT OF THE PROBLEM

Reproductive efficiency in dairy cattle has declined. Butler (1998) reported a decline in first-service conception rates of New York dairy cattle from approximately 65% in 1951 to 40% in 1996. Similar declines have been reported worldwide (Roche et al., 2000; Royal et al., 2000; Macmillan et al., 1996). An increase from 1.62 to 2.91 services per conception between 1972 and 1996 was reported for dairy cattle in Kentucky (Silvia, 1998). Royal et al. (2000) utilized several data banks to make comparisons on measurements of fertility for dairy cattle in the United Kingdom for the years 1975 - 1982 and 1995 - 1998. Pregnancy rate to first service declined from 55.6% to 39.7%, a decline of almost 1% each year. The number of cows that had one or more atypical ovulatory hormone patterns increased from 32% to 44%. The length of the luteal phase increased from 12.9 to 14.8 days while the interovulatory interval increased from 20.2 to 22.3 days. All of these changes appear to have occurred without an increase in days to first service and only a 20-day increase in calving interval, from 370 to 390 days.

Exacerbating the financial problem associated with the decline in fertility is the loss of pregnancy after the cow has been diagnosed pregnant. Although most embryonic losses occur prior to day 16, recent reports have shown losses between 28 and 42 days to be as high as 45.9% (El-Zarkouny et al., 2000). Loss rates during this stage of pregnancy averaged approximately 10 to 15% for dairy cattle, while those in beef cows rarely exceed 4% without an incidence of infectious abortion.

Little research effort has been devoted to late embryonic and early fetal mortality in cattle since the 1950’s and 1960’s. The majority of the literature centers on
embryonic deaths that occur prior to maternal recognition of pregnancy. As emphasis has been placed on selection for milk production, selection for reproductive traits has lost emphasis. However, reproduction is essential to the maintenance of any dairy herd. Modern dairy management plays a large role in reproductive efficiency and may play a role in pregnancy loss in the form of environmental stressors. In this study, the incidence of late embryonic and early fetal mortality was examined on two small dairy operations. Milk production, inseminator, treatment for synchronization of estrus, days postpartum at breeding, body condition score and any incidence of illness were recorded. Serum was collected and examined to investigate the hormonal factors in the maternal environment in which these embryos were developing.
MATERIALS AND METHODS

Animals and Synchronization of Estrus

Lactating dairy cows and heifers (193 Holstein, 17 Ayrshire and 1 Guernsey) on two West Virginia farms were used. After palpation of the reproductive tract and ovaries, some cows received either a single injection of PGF$_{2\alpha}$ (25 mg, i.m., n = 6) or PGF$_{2\alpha}$ followed 48 hours later by estradiol benzoate (400 µg, i.m., n = 46) for synchronization of estrus. Cows displaying spontaneous or synchronized estrus were inseminated either artificially, 12 hours after the onset of standing estrus, or by natural service. The day of insemination was designated as day 0 of gestation.

Age of animals ranged from 1.5 to 8 years (average 3.4 ± 1.8 years), and cows were in their first to sixth lactation. Cows ranged from 23 to 388 days postpartum (average 137 ± 75 days) at insemination and were between 2.25 to 4.5 (5 point scale, Wildman et al., 1982; average 3.1 ± 0.4) in body condition score at first pregnancy examination. Information was collected from farm records on age, parity, service number, cow’s sire, current service sire, inseminator, days postpartum at breeding and milk production from days 28 to 60 of gestation (Farm 2 only).

Animals on both farms had been vaccinated against IBR, BVD (types I and II), PI3, and the five most common strains of leptosprirosis. Test results for leucosis and Johne’s Disease were negative for Farm 1 animals. Farm 2 animals were negative for Johne’s Disease and brucellosis. Because there was no reported incidence of disease for the duration of the study, it was believed that disease played little or no role in pregnancy loss.
Determination of Pregnancy Loss

At Farm 1, cows (n = 141) were examined for pregnancy once between days 30 and 36 after insemination. Followed by an examination of pregnant animals between 58 and 67 days after insemination. Most pregnant animals were re-examined between days 45 and 51 to time early losses of pregnancy more precisely. At Farm 2, cows (n = 70) were examined for pregnancy at 28 to 30 days after insemination and were reexamined daily or three times per week until 45 days, then every 5 days until day 60 during the early part of the study. Pregnancy was confirmed by visualization of an embryonic heartbeat by transrectal ultrasonography (Aloka 500 [Corometrics Medical Systems, Wallingford, CT] fitted with a 7.5 MHz rectal probe). Records were taken at each examination on the sizes and locations of follicles ≥ 5 mm and corpora lutea. Cows with a detected pregnancy at 28 to 37 days (211 of 384 examined; 55%) were used in the study.

Blood Collection and Radioimmunoassays

A blood sample (8 ml) was collected by coccygeal or jugular venipuncture at each examination. Following collection, samples were placed on ice immediately and later were transported to the laboratory. Samples were refrigerated at 4° C for 12 to 24 hours before centrifugation for 30 minutes at 3000 g. Serum was harvested and frozen at –20° C, until concentrations of progesterone were determined by radioimmunoassay (Sheffel et al., 1982).

Analyses of Data

On both farms, data for concentrations of progesterone were examined for a single serum sample from each cow that corresponded to each of three stages of
gestation (28 to 37, 45 to 51 and 58 to 67 days). For each of the first two stages, concentrations of progesterone were ranked from least to greatest and then divided into three classifications (low quarter, middle half and high quarter) and the effect of progesterone on pregnancy retention beyond that stage was evaluated using chi square analysis.

The frequent examinations on Farm 2 allowed for a closer examination of progesterone patterns, in addition to the single sample evaluated from each time period. Complete serum samples from a subset of six animals were chosen at random to represent each of the following groups: Holstein cows, Ayrshire cows, Holstein heifers and Ayrshire heifers. Complete serum samples from the five animals at this farm that did not maintain pregnancy also were analyzed. Comparisons of patterns of progesterone over time were made using linear regression to evaluate effect of breed, age and breed by age interaction. Comparisons within patterns of progesterone over time in Holstein cows that maintained pregnancy and those that did not were examined using linear regression. Student’s t-test was used to determine differences between mean concentrations of progesterone.

Effect of size of the largest follicle (>5 mm) and size of the two largest follicles on either ovary on pregnancy retention was tested by chi square analysis. Analyses were done for 28 to 36 days and 45 to 51 days of gestation. A total of 55 different sires were used as service sires during the study. Only the four sires most frequently used (n = 10 to 31 cows/sire) were evaluated for effects on percent pregnancies maintained, as determined by chi square analysis, with no corrections made for age or body condition of cows.
Using chi square analysis, classifications were used to examine for effects of age, service number, body condition score, milk production, total luteal area (½ width x ½ height x π), parity, days postpartum and synchronization treatment on pregnancy retention. Using the information collected for each cow, three groups were established for each variable usually by dividing the cows into approximately the low quarter, middle half, and high quarter for each variable. To determine if there was an effect on pregnancy retention from the interaction of body condition score and age, data were examined using ANOVA followed by Tukey’s test (SAS, 1985).
RESULTS

Timing of Embryonic/Fetal Mortality

Of the original 384 cows bred, 55% were pregnant at 28 to 37 days and 49%
were pregnant at 58 to 67 days of gestation. On Farm 1, 19 of 141 and on Farm 2, 5 of
70 pregnancies were lost, which did not differ so data were pooled. Of the 211 cows
pregnant at 28 to 37 days, 24 (11.4%) did not maintain pregnancy to 58 to 67 days of
gestation. Losses between days 28 to 37, 45 to 51, and 58 to 67 were determined by
ultrasonography. To determine losses that occurred between the three examinations,
visual signs, such as standing estrus and discharge of blood or off-color mucus, were
used to indicate losses and were confirmed by later ultrasonography or rectal palpation.
Losses were distributed as follows: 28 to 37 days = 5, 38 to 44 days = 5, 45 to 51 days
= 7, 52 to 56 days = 2, and 57 to 67 days = 5. Late embryonic (<45 days) mortality
accounted for 41.7% (10 of 24) of losses, fetal mortality (>45 days) accounted for 29.2%
(7 of 24) of losses. Seven losses could not be determined with certainty as they were
detected during the days of 45 to 51, but could have occurred before day 45.

Number of Corpora Lutea

Two corpora lutea were detected in 10.4% of the animals, indicating that these
animals had potentially ovulated more than one oocyte. Embryos were not counted at
the initial diagnosis of pregnancy, so the actual number of embryos is not known. In 14
of 22 cases, each corpus luteum was located on a separate ovary. The number of
corpora lutea had no effect on concentrations of progesterone at any of the three
periods (Table 1). Pregnancy retention was reduced (P < 0.01, Figure 1) in animals
with two corpora lutea compared to those with a single corpus luteum (72.7% vs.
Figure 1. Effect of number of corpora lutea on pregnancy retention to 58 to 67 days (P < 0.01; n = 189 and 22, respectively).
Table 1. Concentrations of progesterone in cows with one or two corpora lutea

<table>
<thead>
<tr>
<th>Stage of Pregnancy</th>
<th>No. of Corpora Lutea</th>
<th>n</th>
<th>Progesterone (ng/mL)</th>
</tr>
</thead>
<tbody>
<tr>
<td>28 to 37 days</td>
<td>One</td>
<td>174</td>
<td>5.1 ± 2.1</td>
</tr>
<tr>
<td></td>
<td>Two</td>
<td>22</td>
<td>5.3 ± 3.0</td>
</tr>
<tr>
<td>45 to 51 days</td>
<td>One</td>
<td>157</td>
<td>5.2 ± 1.8</td>
</tr>
<tr>
<td></td>
<td>Two</td>
<td>17</td>
<td>5.7 ± 1.6</td>
</tr>
<tr>
<td>58 to 67 days</td>
<td>One</td>
<td>164</td>
<td>5.1 ± 1.7</td>
</tr>
<tr>
<td></td>
<td>Two</td>
<td>18</td>
<td>6.1 ± 2.8</td>
</tr>
</tbody>
</table>

Distribution of loss in double ovulators was equal between the embryonic and fetal periods (13.6% of animals pregnant at 28 to 37 days in each period). However, cows with a single corpus luteum that lost pregnancy did so more often prior to day 45 (6.4% vs. 3.2% of those pregnant at 28 to 37 days).

Concentrations of Progesterone

Pregnancy retention to 58 to 67 days was associated (P < 0.05) with concentrations of progesterone in serum at days 28 to 37 of gestation, but unrelated to concentrations of progesterone at 45 to 51 days of gestation (P > 0.05; Table 2). Cows with low progesterone at 28 to 37 days of gestation were more likely to experience embryonic mortality by 58 to 67 days, especially loss that occurred before 45 to 51 days (P < 0.01). Pregnancy maintenance in the groups with medium and high progesterone did not differ (91% and 92%), however, cows with low progesterone maintained only 77% of pregnancies to 58 to 67 days. Closer examination of the data for the group of cows with low concentrations of progesterone at days 28 to 37 (mean 3.0 ± 0.8 ng/mL) seemed warranted. For cows below the mean, 63% maintained pregnancy to 45 to 51 days and 56% maintained pregnancy to 58 to 67 days. The value at or below which only 50% of the pregnancies were retained was 2.8 ng/mL. Despite having a viable pregnancy, concentrations of progesterone were below 1 ng/mL in two animals between
Table 2. Effect of concentrations of progesterone at two stages of gestation on retention of pregnancy

<table>
<thead>
<tr>
<th>Days of Gestation</th>
<th>Classification of Concentration of Progesterone (ng/ml)</th>
<th>Low</th>
<th>Medium</th>
<th>High</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>n</td>
<td>49</td>
<td>98</td>
<td>49</td>
<td>196</td>
</tr>
<tr>
<td>28 to 37</td>
<td>Range</td>
<td>0.4 - 3.76</td>
<td>3.78 -5.98</td>
<td>5.99 - 16.99</td>
<td>0.42 - 16.99</td>
</tr>
<tr>
<td></td>
<td>Mean</td>
<td>3.0 ± 0.8</td>
<td>4.7 ± 0.6</td>
<td>8.0 ± 2.3</td>
<td>5.1 ± 2.2</td>
</tr>
<tr>
<td></td>
<td>% Retention to 45 to 51 d</td>
<td>80 a</td>
<td>96 b</td>
<td>96 b</td>
<td>92</td>
</tr>
<tr>
<td></td>
<td>% Retention to 58 to 67 d</td>
<td>77 a</td>
<td>91 b</td>
<td>92 b</td>
<td>88</td>
</tr>
<tr>
<td>45 to 51</td>
<td>n</td>
<td>44</td>
<td>86</td>
<td>44</td>
<td>174</td>
</tr>
<tr>
<td></td>
<td>Range</td>
<td>1.6 - 3.99</td>
<td>4.00 - 6.16</td>
<td>6.22 - 12.6</td>
<td>1.63 - 12.6</td>
</tr>
<tr>
<td></td>
<td>Mean</td>
<td>3.3 ± 1.0</td>
<td>5.0 ± 1.2</td>
<td>7.5 ± 2.0</td>
<td>5.2 ± 1.7</td>
</tr>
<tr>
<td></td>
<td>% Retention to 58 to 67 d</td>
<td>98 b</td>
<td>94 b</td>
<td>96 b</td>
<td>95</td>
</tr>
</tbody>
</table>

* Data shown are only for animals from which a blood sample was available. Classification was based on the lower 25%, middle 50%, and upper 25% of ranked values for concentrations of progesterone.

a,b Values in the same row with different letters differ (P < 0.05).

Days 28 to 37 of gestation. A corpus luteum was visible and appeared to be of normal size in both of the animals. Concentrations of progesterone had recovered in one animal by the next examination, before the pregnancy was lost between 45 and 52 days of gestation.

Using the data collected more frequently from Farm 2, patterns of progesterone over time were compared among groups of animals based on age and breed. Only an effect of time was found, with no differences among groups. No differences were found when comparing concentrations of progesterone over time in Holstein cows that did or did not maintain pregnancy. The individual animals that did not maintain pregnancy are compared to the average for Holstein cows in Figure 2, because all Ayrshires and all Holstein heifers maintained pregnancy. The final day that the embryo from each animal was viable is denoted with a circle. A major decrease in progesterone below the breed mean for random cows was observed before that date in only one cow (#987). The concentration of progesterone in that cow was 2 ng/mL when the embryo was no longer viable, thus embryonic death always preceded luteal regression. Cow # 938 was
Figure 2. Patterns of concentrations of progesterone for 5 animals from Farm 2 that did not maintain pregnancy. The dashed line represents the average progesterone for 6 randomly selected Holstein cows that maintained pregnancy. Circles denote the last day the embryo was viable. Cow #148, pregnant with twins, lost both embryos.
examined for two days prior to day 28, unlike the remainder of animals on the study.

**Cow Characteristics and Other Factors**

Cows were divided into three groups for primary analysis of effects of body condition: scores of 2.25 to 2.50, 2.75 to 3.25 and 3.5 and over. Body condition score of cows at first examination affected rate of pregnancy retention (P < 0.05). Those cows in greater body condition maintained significantly fewer pregnancies than those of average or low condition (Figure 3). Animals were divided into three age categories: heifers, cows 2 to 4 years old and cows 5 years old or greater. Age of the cow affected pregnancy retention (P < 0.05; Figure 4). All (n = 22) of the heifers on the study maintained pregnancy beyond 67 days, which was a significantly higher percentage than that for older cows (81%). Younger cows (2 to 4 years) tended to maintain more pregnancies than older cows (P = 0.09). There was no interaction between age and body condition as determined by ANOVA followed by Tukey’s Test.

Of the four sires used most frequently, one had a significantly lower pregnancy retention rate (Figure 5a). Of those same four sires, two had lower pregnancy rates at the conclusion of the study compared to the natural service sire (Sire #4) when all cows bred to those bulls that did or did not become pregnant were included (Figure 5b). There were no effects of number of services, days postpartum at breeding, inseminator, parity, or milk production between days 28 and 60 of gestation. The two largest follicles ≥ 5 mm on each ovary were recorded at examination. Neither diameter of the largest follicle, nor diameter of the two largest follicles on either ovary affected pregnancy retention at any period. Size of the corpus luteum, as determined by total luteal area (½ width x ½ height x π), had no effect on pregnancy retention and was not correlated with
Figure 3. Effect of body condition score on pregnancy retention. Bars with different letters differ (P < 0.05; n = 19, 151 and 41, respectively).
Figure 4. Effect of age on pregnancy retention. Bars with different letters differ (P < 0.05; n = 22, 136 and 53, respectively).
Figure 5. A) Variation among the four most frequently used sires in pregnancy retention. Bars with different letters differ (P < 0.05; n = 11, 10, 12 and 31, respectively). B) Variation among the four most frequently used sires in pregnancy rate at conclusion of the study. Bars with different letters differ (P < 0.05; n = 18, 18, 28 and 44 respectively).
concentrations of progesterone at either time period.

**Embryonic Growth**

Using the data collected frequently on the 70 animals from Farm 2, averages for estimated embryonic size between days 28 and 61 of gestation are shown in Figure 6. Measurements were available for only 10 of the 24 embryos lost. None of the embryos 17 mm and over from crown to rump at 28 to 37 days were lost. Those embryos lost were between 9 and 16 mm, however pregnancy retention was not related to the estimated sizes of the embryos at either days 28 to 37 or 45 to 51 (P > 0.05).
Figure 6. Average sizes of embryos between days 28 and 61 of gestation as determined from ultrasonography of 70 animals.
DISCUSSION

Pregnancy was not maintained in 24 of 211 cows (11.4%). This falls within the range of estimated losses of 7 to 12% between days 24 to 75, as determined by concentrations of milk progesterone (Kummerfield et al., 1978; Bulman and Lamming, 1979) and just below the estimated loss rates for lactating dairy cows synchronized with the Ovsynch protocol (reviewed by Inskeep, 2002). The percentage of estimated embryonic loss, 7.1%, and that of fetal loss, 4.3%, falls within the ranges present in the literature.

When the cows pregnant with twins are excluded, only 2.6% of the cows pregnant at 45 days failed to maintain pregnancy. Attachment of the embryonic placenta and maternal tissue begins by day 30 of gestation and has spread to the body of the gravid horn by day 35 and to the contralateral horn by day 38 (Melton et al., 1951). Villi and crypts form in the placentome where caruncular (maternal) and cotyledonary (embryonic) tissue meet. Between days 33 and 36 of gestation, the villi rapidly increase in length and branching, with little change after 42 days of gestation (King et al., 1979). Failure of the placenta to join with the maternal tissue or failure of the villi to branch sufficiently may result in pregnancy loss from inadequate nutrient transfer to the developing embryo.

Two corpora lutea were detected in 10.4% of the cows. These animals potentially had ovulated more than one oocyte, which may have resulted in multiple pregnancies. Unfortunately, data were not recorded on how many of these animals had multiple viable embryos at initial pregnancy detection, so conclusions cannot be drawn regarding whether the loss was of one or two embryos. In data from commercial
slaughter plants (Hanrahan, 1983) and from a population of beef cattle selected for twinning (Echternkamp et al., 1990), approximately 50% of twin ovulations resulted in twin pregnancies or births. Once multiple embryos were diagnosed, no single losses (one of two embryos) were recorded up to days 58 to 67 of gestation; any losses were of both embryos. Echternkamp (1987) reported that the death of a single fetus within an anastomosed placental unit resulted in the death of all remaining fetuses in that unit. Anastomosis of the placenta occurs in about 90% of twin pregnancies in cattle, but in only 10% of pregnancies from the litter bearing pig (Vogt, 1968).

Those animals with two corpora lutea maintained fewer pregnancies to 67 days than cows with a single corpus luteum (72.7% vs. 91.0%). Numerically, distribution of loss in cows with two corpora lutea was equal between the embryonic and fetal periods while cows with a single corpus luteum lost a greater percentage prior to day 45. Similar results were reported by Echternkamp and Gregory (1999) looking at pregnancy losses in beef cattle; 12.4% of cows carrying twins failed to maintain pregnancy to term and only 3.5% of cows carrying a single offspring failed to do so. Distribution of loss was equal before and after 100 days of gestation in cows carrying twins, whereas most loss occurred prior to 100 days in those with a single embryo or fetus.

Mean concentration of progesterone did not differ significantly between animals with one or two corpora lutea. Pope et al. (1969) reported that peak peripheral concentrations of progesterone from cows with two corpora lutea did not differ from those of cows with one corpus luteum during the estrous cycle. Weight of corpora lutea in cows with FSH-induced multiple ovulations was related inversely to the number of corpora lutea (Echternkamp, 1992). The decrease in corpus luteum weight may imply
decreased output of progesterone in cows with multiple corpora lutea that would lead to no difference in peripheral concentrations of progesterone. Interestingly, the minimal amount of progesterone needed to maintain a bilateral pregnancy following bilateral ovariectomy was greater than that needed to maintain a single pregnancy (Tanabe, 1966). In the ewe, concentrations of progesterone were greater in the uterine horn and uterine artery adjacent to the corpus luteum-bearing ovary than in the contralateral horn (Weems et al., 1989). Pope et al. (1982) also reported increased concentrations of progesterone in uterine tissue nearest the corpus luteum in the cow.

Pregnancy maintenance to 67 days was related to concentrations of progesterone at 28 to 37 days of gestation, but unrelated to concentrations at 45 to 51 or 58 to 67 days. Those cows with low concentrations of progesterone at day 28 to 37 were more likely to experience late embryonic mortality. Except for four animals with concentrations of progesterone below 1 ng/mL, the concentrations of progesterone found in this study were similar to reported values for pregnant females (Erb et al., 1968; Donaldson et al., 1970). Three of the four animals had concentrations of progesterone below 1 ng/mL between days 28 and 37. In two of these cows, the embryo was viable at examination and blood sampling and a normal sized corpus luteum was visible in all three animals. None of the four animals with concentrations of progesterone below 1 ng/mL maintained pregnancy to the end of the study. The concentration of progesterone in serum is related to both its production and clearance rates. Further studies are needed to examine the concentrations of progesterone and the amounts of enzymes for production of progesterone in corpora lutea collected from cows at the same stage of gestation that have either low or high serum concentrations.
Embryonic death preceded luteal regression in animals in which peripheral concentrations of progesterone appeared adequate to maintain pregnancy and were similar to those for the average Holstein cow. During early placentation, peripheral concentrations of progesterone that are slightly lower than the average may be insufficient to maintain pregnancy (as shown by cow #110 in Figure 2). This may be the result of reduced luteal output or increased metabolism of progesterone. In some cases unexplained decreases in peripheral concentrations of progesterone may be the result of late embryonic or early fetal mortality. Alternatively, an insult to the corpus luteum, such as an extremely high concentration of PGF$_{2\alpha}$ (Schallenberger et al., 1989), reducing output of progesterone, may have occurred and resulted in late embryonic or early fetal mortality in other animals. As evidenced by the variability of peripheral concentrations of progesterone in these five animals alone, there is no clearly defined time-point or defined cause of late embryonic or early fetal mortality when evaluating peripheral concentrations of progesterone.

Increased metabolism of progesterone may be responsible for lower serum concentrations of progesterone. High producing cows in early lactation have a higher rate of metabolism than low producing cows (Huntington, 1990; Butler, 2000). The level of nutrition did not alter the concentration of progesterone in either luteal tissue or ovarian venous blood of ewes (Abecia et al., 1995, 1997) and cows (Apgar et al., 1975). Those data indicate that variation in peripheral blood progesterone is most likely caused by differences in metabolism of progesterone. In ovariectomized cows receiving exogenous progesterone from an intravaginal device, Ahmad Rabiee, from the
University of Melbourne in Australia (personal communication), reported a negative relationship between the level of feeding and plasma concentrations of progesterone. However, smaller corpora lutea have been reported in undernourished cows (Bossis et al., 1999; Apgar et al., 1975; Gombe and Hansel, 1973). Apgar and co-workers (1975) measured *in vitro* output of progesterone following LH stimulation and found that output by corpora lutea from nutritionally-restricted animals did not increase to concentrations as great as control animals.

Age was a significant factor in pregnancy retention. All 22 of the heifers maintained pregnancy through 58 to 67 days, while losses in lactating cows increased with age. In an additional study on three farms, pregnancy retention was examined in dairy heifers from 30 to 66 days (unpublished data); 97.3% (72/74) heifers maintained pregnancy. Aged dairy cows are uncommon in the modern dairy industry as they are often culled before six years of age.

Cows in greater body condition (3.50 and greater) maintained fewer pregnancies than those in median condition. Progesterone metabolism could reduce pregnancy retention by cows in better condition as those cows would be expected to eat more to maintain condition. However, body condition and peripheral concentrations of progesterone were not correlated. Maintenance of a desirable body condition can be difficult in dairy animals. Lactation places great demand on the cow and those early in lactation are commonly in a negative energy balance. Later in lactation, cows are able to reestablish some condition as milk production begins to decline. Older cows that are not growing and lactating would be expected to maintain condition more easily, however, there was no correlation between age and body condition in the cows in this
One of the four most-frequently-used sires had a significantly lower pregnancy retention rate. Lopez-Gatius et al. (2002) reported that cows bred to one of the six sires used resulted in a 3.4 times higher risk of pregnancy loss between 38 and 90 days of gestation. Such sires may carry a genetic abnormality that is lethal between the developmental stages of 28 to 67 days of gestation, although the likelihood of such an abnormality would be low. All of the sires except for the single bull used for natural service on Farm 1 were available from large, reputable semen suppliers and it is unlikely that any would have been known to exhibit poor fertility. When evaluating the number of cows pregnant at the end of the study compared with the number of cows serviced per sire, the cows bred to two sires had lower pregnancy rates than the one natural-service sire.

No effects of number of services, days postpartum at breeding, parity, or milk production between days 28 to 60 days of gestation were seen. High producing cows have decreased conception rates (Stevenson et al., 1983). In the current study, high producing cows on Farm 2 were just as likely to maintain a pregnancy as lower yielding cows following a successful conception. Adequate heat detection is a problem that limits fertility among dairy cows, especially on those farms that rely solely on artificial insemination. Standing estrus may go unobserved, resulting in cows being bred later in lactation or inseminated at the improper time, which lowers pregnancy rates due to compromised oocyte quality or sperm viability (Saacke et al., 2000). Delaying breeding beyond 60 to 90 days postpartum did not appear to increase chances of pregnancy retention from 28 to 67 days following a successful service.
Neither size of the largest follicle on either ovary, nor the size of the two largest follicles on either ovary affected pregnancy maintenance at any time period. The ovary is the predominant source of estradiol and changes in the growth patterns of follicles may be important during pregnancy. The dosage of melengestrol acetate that maintained pregnancy in beef heifers bilaterally ovariectomized at 56 days of gestation was not adequate to maintain pregnancy in unilaterally-ovariectomized heifers when the remaining ovary did not have a CL (Zimbelman and Smith, 1966). McDonald (1952) reported that it took more progesterone to maintain a pregnancy in a cow in which only the corpus luteum had been removed and the ovary remained compared to an ovariectomized cow, however this was based on the observation of a single ovariectomized cow.

Estimated embryo size at 28 to 37 days did not affect pregnancy retention. Small embryos were just as likely to survive as larger embryos. Embryonic growth appeared to follow a quadratic growth pattern, as reported by Curran (1986). Larger embryos have the capacity to produce more IFN-τ during maternal recognition of pregnancy (Farin et al., 1990), which may result in increased pregnancy rates from more developmentally-advanced embryos.

In summary, late embryonic and early fetal mortality in dairy cattle can be affected by many factors. Some primary factors appear to be concentrations of progesterone at 28 to 37 days of gestation, body condition and age of the cow. Placental attachment is occurring between 28 to 37 days of gestation and progesterone may play an important role in either the implantation process or maintenance of the embryo through this phase. Further study is needed to determine if either reduced
luteal function from decreased amounts of enzymes necessary for production of progesterone or metabolism of progesterone are primary reasons for lower peripheral concentrations of progesterone during this time.
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