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Abstract: We monitored the water quality and hydrological conditions of a horizontal subsurface constructed wetland (HSSF-CW) in Beijing, China, for two years. We simulated the area-based constant and the temperature coefficient with the first-order kinetic model. We examined the relationships between the nitrogen (N) removal rate, N load, seasonal variations in the N removal rate, and environmental factors—such as the area-based constant, temperature, and dissolved oxygen (DO). The effluent ammonia (NH\textsubscript{4}+-N) and nitrate (NO\textsubscript{3}−-N) concentrations were significantly lower than the influent concentrations (p < 0.01, n = 38). The NO\textsubscript{3}−-N load was significantly correlated with the removal rate (R\textsuperscript{2} = 0.96, p < 0.01), but the NH\textsubscript{4}+-N load was not correlated with the removal rate (R\textsuperscript{2} = 0.02, p > 0.01). The area-based constants of NO\textsubscript{3}−-N and NH\textsubscript{4}+-N at 20 °C were 27 ± 26 (mean ± SD) and 14 ± 10 m year\textsuperscript{-1}, respectively. The temperature coefficients for NO\textsubscript{3}−-N and NH\textsubscript{4}+-N were estimated at 1.004 and 0.960, respectively. The area-based constants for NO\textsubscript{3}−-N and NH\textsubscript{4}+-N were not correlated with temperature (p > 0.01). The NO\textsubscript{3}−-N area-based constant was correlated with the corresponding load (R\textsuperscript{2} = 0.96, p < 0.01). The NH\textsubscript{4}+-N area rate was correlated with DO (R\textsuperscript{2} = 0.69, p < 0.01), suggesting that the factors that influenced the N removal rate in this wetland met Liebig’s law of the minimum.

Keywords: horizontal subsurface flow wetland; N removal; first-order kinetics; model

1. Introduction

The rapid economic development witnessed in recent years in China has led to vast increases in the production of human sewage and other waste effluents, most of which are rich in nitrogen (N) compounds. Nitrogen not only affects the water quality, but also contributes to water eutrophication [1], especially in lakes and rivers [2]. Therefore, N removal from wastewater has become a topic of growing concern, both in China and worldwide [3,4]. Wetlands play an increasingly important role in removing N from aquatic systems via various processes, and can achieve total nitrogen (TN) removals of between 40% and 55% [5]. The two most common forms of N in wetlands are organic and inorganic. Organic N is made up of a variety of compounds, including amino acids, urea and uric acid, and purines and
pyrimidines. Inorganic forms of N in wetlands include ammonia (NH$_4^+$-N), nitrite (NO$_2^-$-N), nitrate (NO$_3^-$-N), nitrous oxide (N$_2$O), dissolved elemental N, or dinitrogen gas (N$_2$) [6].

Constructed wetlands (CWs) are rapidly becoming a viable method for wastewater treatment worldwide [7], because of their similarity to natural wetlands and the fact that they cost less to construct, implement, and maintain than other types of treatments [8,9]. Constructed wetlands can be used to prevent water eutrophication [10]. For example, it was reported that, over a period of seven consecutive years, CWs were able to maintain a higher removal rate of N than traditional N removal processes [11]. The HSSF-CWs have a purification function, in that the sewage water flows to the outlet end in a horizontal direction and transverses the sand medium and plant roots in turn. In HSSF-CWs, N removal is achieved by a combination of physical, chemical, and biological processes, which are affected by a range of factors, such as pH, dissolved oxygen (DO), and temperature [12]. Mathematical models can be used to simulate N removal and the relationships between various parameters and the N removal rates in constructed wetlands to reflect the removal mechanisms in wetlands. This information can then be used to provide decision support and the scientific basis for improving ecosystem service functions of wetlands [13]. Previous studies suggested that the first-order kinetics model could describe N removal in wetland ecosystems [14,15]. However, recent studies that have used the first-order kinetics model for N removal have mainly focused on the application of the area-based constant and volume-based rate constant in HSSF-CWs, and, to date, applications of the area-based constant to HSSF-CWs and assessments of the influence of water pollution loads, temperature, and DO on the area-based constant have been largely neglected [16].

Using as its basis the wetland water balance principle, in which the potential water transfer mechanism inputs and outputs, including runoff, groundwater recharge, and lateral inflow or drainage processes, are balanced, the aim of this study was to examine the removal and seasonal variations of two N forms, namely NO$_3^-$-N and NH$_4^+$-N, in an HSSF-CW [17,18]. The first-order kinetic model, a commonly used hydrological model, has been frequently used to predict, for example, variations in water chemistry, sudden changes in influent organic loads, NO$_3^-$-N removal, and pharmaceuticals removal [19–22]. We also used the first-order kinetic model to estimate the area-based constant and temperature coefficient of N removal in this study. Further, to improve the accuracy and consistency of the model parameters, we also examined the relationships between the area-based constant and factors that influenced it, such as temperature, pollution load, and DO.

2. Materials and Methods

2.1. Study Site Description

Our study was carried out in a HSSF-CW in the Beijing Wildlife Rescue and Rehabilitation Center, Beijing, China (Latitude: 40°6′14.40″ N, Longitude: 116°42′35.71″ E) (Figure 1). The annual average temperature at the study site is 11.5 °C. The average temperatures in January and July are 4.9 and 25.7 °C, respectively, and the minimum temperature in July 2012 and 2013 was 19.1 °C. The average annual rainfall is 625 mm from 2012 to 2013. The wetland consists of three treatment cells (Table 1), and its purpose is to improve the water quality of the artificial lake in the site. The main pollution source of the water is the waste water from the bird life in the lake. Gravel is the principal media; there are two layers, one 20 cm deep that comprises gravels with a diameter of between 15 and 30 mm and the other 50 cm deep comprised of finer gravels with diameters of between 5 and 15 mm from bottom to top. The average water depths in the three treatment cells are 0.3, 0.1, and 0.1 m. Plants in the upper media, planted at a density of two plants per square metre, show vigorous growth. The plant species are mainly Lythrum salicaria, Iris tectorum, and Scirpus validus, with densities of 30, 50, and 60 stem/m$^2$, respectively. Birds, such as Ardea alba, Anas platyrhynchos, and Anatidae, are frequently observed at the lake.
Table 1. Configurations of the different treatment cells of the HSSF-CW.

<table>
<thead>
<tr>
<th>Configuration</th>
<th>Treatment Cell</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>a</td>
</tr>
<tr>
<td>Length (m)</td>
<td>20</td>
</tr>
<tr>
<td>Area (m²)</td>
<td>170</td>
</tr>
<tr>
<td>Particle density (g/m³)</td>
<td>2.43</td>
</tr>
<tr>
<td>Main Vegetation</td>
<td>Iris tectorum</td>
</tr>
<tr>
<td>Plant spacing (m)</td>
<td>2</td>
</tr>
</tbody>
</table>

2.2. The Water Quality and Hydrology Monitoring

The HSSF-CW was operated with continuous flow from April 2012 to November 2013. The water quality was monitored once a month from April to November in 2012 and 2013. Between December 2012 and March 2013 the low temperatures and frozen water prevented sampling. The sampling points were located in the inflow, middle, and outflow of each cell. Flow-weighted composite water samples were collected from the inlet and outlet of each wetland cell using water samplers. Samples were collected from each point in triplicate. The water samples were collected in 500-mL plastic bottles and stored at 4 °C until analysis. The flow was recorded by a flow meter (SonTek, YSI, Yellow Springs, OH, USA), while meteorological variables, such as rainfall and evaporation, were recorded hourly by a portable weather station (WeatherHawk, CampSci, Logan, Utah, USA). The concentrations of NH₄⁺-N, TN, and NO₃⁻-N were determined using the standard methods for the examination of water and wastewater [23] with a water quality analyzer (SmartChem 200 Chemical Analyzer, West Co., Rome, Italy). A portable water quality probe (EXO, YSI, Yellow Springs, OH, USA) was used to measure DO, temperature, and other In Situ variables.
2.3. Data Analysis and Modeling

Equation (1) represents the wetland water dynamic equilibrium model of the HSSF-CW:

\[
\frac{dV}{dt} = Q_{in} - Q_{out} + Q_c + (P - ET - I) \frac{A}{t} \tag{1}
\]

where \(Q_{in}\) and \(Q_{out}\) are the daily volumetric water inflow and outflow rates (m\(^3\)·day\(^{-1}\)), respectively, \(Q_c\) is the catchment runoff rate (m\(^3\)·day\(^{-1}\)), \(P\) is the daily precipitation rate (mm·day\(^{-1}\)), \(ET\) is the daily evapotranspiration rate (mm·day\(^{-1}\)), \(I\) is the daily infiltration rate (mm·day\(^{-1}\)), \(dV/dt\) is the net change in volume (m\(^3\)·day\(^{-1}\)), and \(A\) is the total area of the wetland (m\(^2\)).

2.4. The First-Order Kinetic Model of N Removal Applied to the HSSF-CW

The areal removal rate constant and the temperature coefficient were calculated from the monitoring data and the following first-order model [14]:

\[
\ln \left( \frac{C_{out} - C^*}{C_{in} - C^*} \right) = -\frac{K(t)}{q} \tag{2}
\]

where \(C_{in}\) and \(C_{out}\) are the influent and effluent concentrations, respectively, in mg·L\(^{-1}\), \(C^*\) is the background concentration (mg·L\(^{-1}\), 0 mg/L), \(q\) is the hydraulic loading rate (m·day\(^{-1}\)), \(t\) is the temperature, and \(K(t)\) is the area-based constant of a first-order removal rate on temperature (m·year\(^{-1}\)). Equation (3) was used to calculate \(q\) (m·year\(^{-1}\)):

\[
q = \frac{Q}{A} \tag{3}
\]

where \(Q\) is total water inflow rate (m\(^3\)·day\(^{-1}\)).

The effect of temperature on the areal removal rate constant was modelled using the following equation:

\[
K(t) = K(20) \theta(t-20) \tag{4}
\]

\[
\ln(K(t)) = \ln(\theta(t-20)) + \ln(K(20)) \tag{5}
\]

The selected variables in this study included concentrations of NH\(_4^+\)-N and NO\(_3^-\)-N, DO, and temperature. The means of actual measured values are presented. Data fitting was carried out with Origin 8.5 and statistical analyses were performed using SPSS version 18.0. Statistically significant differences were determined at the \(\alpha = 0.01\) significance level.

3. Results

3.1. Water Balance

The daily volumetric water inflow and outflow rates of the HSSF-CW were 33 ± 19 and 33 ± 19 m\(^3\)·day\(^{-1}\), respectively (Table 2). On the whole, there were no significant differences between the average inflow and outflow rates \((p > 0.01, n = 42)\), which indicates that rainfall had little influence on the HSSF-CW throughout the experimental period. Water was mainly supplied via injection. The large standard deviations in the daily volumetric water inflow and outflow rates indicate that there were considerable changes in the water volume in the HSSF-CW each month.

Water injection to the HSSF-CW began in April. As time progressed, the inflow gradually increased. Drainage began in October and the flow decreased with drainage, so the annual flow showed an initial increase and then decreased (Figure 2). The maximum rainfall in the experimental period occurred in July 2012, when 337 mm was recorded; the minimum rainfall (0.5 mm) occurred in
November 2013. The outflow was higher than the inflow in July because of the more intensive rainfall in this month.

Table 2. Flow variations in the HSSF-CW in each treatment cell.

<table>
<thead>
<tr>
<th>Flow (m³/Day)</th>
<th>a Mean</th>
<th>a SD</th>
<th>b Mean</th>
<th>b SD</th>
<th>c Mean</th>
<th>c SD</th>
<th>Total Mean</th>
<th>Total SD</th>
</tr>
</thead>
<tbody>
<tr>
<td>Influent</td>
<td>33</td>
<td>19</td>
<td>33</td>
<td>19</td>
<td>33</td>
<td>19</td>
<td>33</td>
<td>19</td>
</tr>
<tr>
<td>Rainfall</td>
<td>0.46</td>
<td>0.50</td>
<td>0.43</td>
<td>0.47</td>
<td>0.22</td>
<td>0.24</td>
<td>1.11</td>
<td>1.21</td>
</tr>
<tr>
<td>Effluent</td>
<td>33</td>
<td>19</td>
<td>33</td>
<td>19</td>
<td>33</td>
<td>19</td>
<td>33</td>
<td>19</td>
</tr>
</tbody>
</table>

Note: SD = standard deviation.

Figure 2. Average water fluxes, including the influent, effluent, and rainfall, in the HSSF-CW in different months.

3.2. Influent and Effluent Nitrogen Concentrations

The average annual NO₃⁻-N concentration was 3.40 ± 3.44 mg·L⁻¹, while the annual average NH₄⁺-N concentration was 0.36 ± 0.35 mg·L⁻¹ (Table 3). Over the monitoring period, the NO₃⁻-N concentrations were higher than the NH₄⁺-N concentrations. The standard deviations of the concentrations of the two N species were very large, which indicates that the concentrations of the two N species changed considerably in different months. When compared to the influent concentrations, we found that the concentrations of NO₃⁻-N and NH₄⁺-N in the effluent had decreased significantly (p < 0.01, n = 38), and were, on average, 1.22 ± 0.92 and 0.27 ± 0.27 mg·L⁻¹, respectively. The lower concentrations at the outflow of the treatment cell indicate that N was removed from the HSSF-CW in the two years of monitoring. Further, the concentrations of these two N species met Class III of the Surface Water Standards in China. The water standards mainly apply to the centralized drinking water and industrial and agricultural water, and were based on the human health reference values [24].

There were seasonal variations in the N concentrations of the inflow and outflow of the HSSF-CW (Table 4). The inflow concentrations of NH₄⁺-N (0.60 ± 0.33 mg·L⁻¹) and NO₃⁻-N (4.52 ± 3.94 mg·L⁻¹) were highest in spring and summer respectively, while the NO₃⁻-N (0.21 ± 0.20 mg·L⁻¹) inflow concentration was lowest in spring.
Table 3. Average influent and effluent nitrogen concentrations in the HSSF-CW.

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Unit</th>
<th>$n$</th>
<th>Influent</th>
<th>Effluent</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Mean SD</td>
<td>Mean SD</td>
<td></td>
<td></td>
</tr>
<tr>
<td>NO$_3^-$-N</td>
<td>mgN/L$^{-1}$</td>
<td>38</td>
<td>3.40 3.44</td>
<td>1.22 0.92</td>
</tr>
<tr>
<td>NH$_4^+$-N</td>
<td>mgN/L$^{-1}$</td>
<td>38</td>
<td>0.36 0.35</td>
<td>0.27 0.27</td>
</tr>
</tbody>
</table>

Notes: $n =$ sample number; SD = standard deviation.

Table 4. Average influent and effluent nitrogen concentrations in the HSSF-CW in different months.

<table>
<thead>
<tr>
<th>Season</th>
<th>Month</th>
<th>$n$</th>
<th>NO$_3^-$-N (mg·L$^{-1}$)</th>
<th>NH$_4^+$-N (mg·L$^{-1}$)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td>Influent</td>
<td>Effluent</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Mean  SD</td>
<td>Mean  SD</td>
</tr>
<tr>
<td>Spring</td>
<td>4–5</td>
<td>4</td>
<td>0.21 0.20</td>
<td>0.19 0.18</td>
</tr>
<tr>
<td>Summer</td>
<td>6–8</td>
<td>14</td>
<td>4.52 3.94</td>
<td>1.39 1.02</td>
</tr>
<tr>
<td>Autumn</td>
<td>9–11</td>
<td>20</td>
<td>3.25 3.06</td>
<td>1.31 0.82</td>
</tr>
</tbody>
</table>

Notes: $n =$ sample number; SD = standard deviation.

3.3. Nitrogen Loading and Removal Rate

There is generally a good relationship between the inflow and outflow concentrations and loadings of TN and NH$_4^+$-N in this research. Also, N removal efficiency in constructed wetlands generally falls within a certain range, regardless of whether the N load is large or small [25]. In this study, we found that the NO$_3^-$-N pollution load and removal rate were strongly correlated ($R^2 = 0.96$, $p < 0.01$) (Figure 3), but that the NH$_4^+$-N pollution load and removal rate were not correlated ($R^2 = 0.02$, $p > 0.01$) (Figure 4).

![Figure 3. Relationship between the areal loading and removal efficiency for NO$_3^-$-N (the dotted line indicates the 99% confidence limit).](image)

During the study period, the NO$_3^-$-N removal rate was higher than that of NH$_4^+$-N, and was vulnerable to seasonal changes. The highest NO$_3^-$-N and NH$_4^+$-N removal rates of 44.7% and 37.4% occurred in summer and autumn, respectively, and are consistent with the higher NO$_3^-$-N loads in summer and autumn. The NH$_4^+$-N removal rate was lowest in summer (19.1%) because of the higher rainfall in summer. An increase in hydraulic loading rates resulted in a decrease in the NH$_4^+$-N removal rate (Table 5).
Table 4. Average influent and effluent nitrogen concentrations in the HSSF-CW in different months.

<table>
<thead>
<tr>
<th>Season</th>
<th>Month</th>
<th>n</th>
<th>NO$_3^-$-N (mg L$^{-1}$)</th>
<th>H$^+$-N (mg L$^{-1}$)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td>Mean</td>
<td>SD</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Influent</td>
<td>Effluent</td>
</tr>
<tr>
<td>Spring</td>
<td>4–5</td>
<td>4</td>
<td>0.21</td>
<td>0.20</td>
</tr>
<tr>
<td>Summer</td>
<td>6–8</td>
<td>14</td>
<td>4.52</td>
<td>3.94</td>
</tr>
<tr>
<td>Autumn</td>
<td>9–11</td>
<td>20</td>
<td>3.25</td>
<td>3.06</td>
</tr>
</tbody>
</table>

$n =$ sample number; SD = standard deviation.

3.3. Nitrogen Loading and Removal Rate

There is generally a good relationship between the inflow and outflow concentrations and loadings of TN and H$^+$-N in this research. Also, N removal efficiency in constructed wetlands generally falls within a certain range, regardless of whether the N load is large or small [25]. In this study, we found that the NO$_3^-$-N pollution load and removal rate were strongly correlated ($R^2 = 0.96, p < 0.01$) (Figure 3), but that the H$^+$-N pollution load and removal rate were not correlated ($R^2 = 0.02, p > 0.01$) (Figure 4).

3.4. Estimation of the Area-Based Constants and the Temperature Coefficients

Using Equation (1) and the measured values of $C_{in}$ and $C_{out}$, we calculated area-based constants ($K$) for NO$_3^-$-N and H$^+$-N of $27 \pm 26$ and $16 \pm 12$ m·year$^{-1}$ (Table 6), respectively. The corrected values of $K$ for a temperature of 20 °C, obtained from Equation (4), were $27 \pm 26$ and $14 \pm 10$ m·year$^{-1}$ for NO$_3^-$-N and H$^+$-N, respectively. When corrected to 20 °C, the $K_{(20)}$ values of both NO$_3^-$-N and H$^+$-N were slightly lower, indicating that the influence of temperature on N removal was minimal. The $K_{(20)}$ of NO$_3^-$-N and H$^+$-N were lower and slightly higher, respectively, than those reported by Kadlec and Wallace [6], but were slightly higher than the values obtained by Dzakpasu et al. [26]. The temperature coefficient ($\theta$) values estimated for NO$_3^-$-N and H$^+$-N were 1.004 and 0.960, respectively, and were lower than those reported by Kadlec and Wallace [6], but were very similar to those reported by Dzakpasu et al. [26].

Table 5. Areal loading and removal efficiency of the HSSF-CW.

<table>
<thead>
<tr>
<th>Season</th>
<th>Month</th>
<th>$n$</th>
<th>NO$_3^-$-N</th>
<th>H$^+$-N</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td>Loading Rate (mg m$^{-2}$·Day$^{-1}$)</td>
<td>Removal (%)</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Mean</td>
<td>SD</td>
</tr>
<tr>
<td>Spring</td>
<td>4–5</td>
<td>4</td>
<td>25.8</td>
<td>25.6</td>
</tr>
<tr>
<td>Summer</td>
<td>6–8</td>
<td>14</td>
<td>564.6</td>
<td>492.0</td>
</tr>
<tr>
<td>Autumn</td>
<td>9–11</td>
<td>20</td>
<td>406.1</td>
<td>382.0</td>
</tr>
</tbody>
</table>

Notes: $n =$ sample number; SD = standard deviation.

Table 6. The areal rate constants and temperature coefficients of the HSSF-CW.

<table>
<thead>
<tr>
<th>Parameter</th>
<th>$n$</th>
<th>$\theta$</th>
<th>$K$ (m·Year$^{-1}$)</th>
<th>$K_{(20)}$ (m·Year$^{-1}$)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td>Mean</td>
<td>SD</td>
</tr>
<tr>
<td>NO$_3^-$-N</td>
<td>38</td>
<td>1.004</td>
<td>27</td>
<td>26</td>
</tr>
<tr>
<td>H$^+$-N</td>
<td>38</td>
<td>0.960</td>
<td>16</td>
<td>12</td>
</tr>
</tbody>
</table>

Notes: $n =$ sample number; SD = standard deviation.
The temperature of the inflow to the HSSF-CW ranged from 5 to 30 °C. Curves can be fitted using Equation (4), and are shown in Figures 5 and 6. The figures suggest that, for both NO₃⁻-N and NH₄⁺-N (p > 0.01), the area-based constant and temperature were not correlated. At the same time, lower θ values demonstrate that temperature had little or no impact on either the area-based constant or the physical removal process. This contrasts with the conclusion of Huang et al. [27], who reported that the NH₄⁺-N and total nitrogen removal rates were significantly influenced by temperature. Moreover, the findings suggest that temperature had a role in promoting the growth of wetland plants. Therefore, appropriate external thermal insulation measures need to be adopted to cover the surface of the wetland, to ensure improved growth of hardy plants all year round.

**Figure 5.** Relationship between the temperature and areal rate constants for NO₃⁻-N (the dotted line is the 99% confidence limit).

**Figure 6.** Relationship between the temperature and areal rate constants for NH₄⁺-N (the dotted line is the 99% confidence belt).
3.5. The Influence of N Loads and DO on the Area-Based Constant

There was a strong linear correlation ($R^2 = 0.96$, $p < 0.01$) between the area-based constants and loads of NO$_3^-$-N (Figure 7). The area-based constants and loads of NH$_4^+$-N were not correlated ($R^2 = 0.037$, $p > 0.01$) (Figure 8), possibly because the NH$_4^+$-N loads over the entire study period were lower. This also indicates that the area-based constant can accurately reflect the removal potential of different pollutants in wetland systems that are in receipt of high pollutant loads [28].

**Figure 7.** Relationship between the areal loading and areal rate constants for NO$_3^-$-N (the dotted line is the 99% confidence limit).

**Figure 8.** Relationship between the areal loading and areal rate constants for NH$_4^+$-N (the dotted line is the 99% confidence limit).
As shown in Figures 9 and 10, the inflow DO concentrations had a minimal influence on the NO$_3^-$-N area-based constants, and the inflow DO concentration and NH$_4^+$-N area-based constants were positively correlated ($R^2 = 0.69$, $p < 0.01$). The lower NH$_4^+$-N removal rate may be the result of the lower DO concentrations; these lower DO concentrations lead to anaerobic conditions in wetlands, increase denitrification, and decrease nitrification. In addition, the low DO concentrations may be related to the lack of temperature effects. The lower DO levels would cause a decrease in biodegradation, which suggests that a significant portion of the N removal is driven by physical processes that are not influenced by temperature.

**Figure 9.** Relationship between DO and areal rate constants for NO$_3^-$-N (the dotted line is the 99% confidence limit).

**Figure 10.** Relationship between DO and areal rate constants for NH$_4^+$-N (the dotted line is the 99% confidence limit).
4. Discussion

In this study, we examined the wetland hydrology of the HSSF-CW over a period of two years using the wetland water balance principal. The results showed that water injection was the main source of water to the HSSF-CW. The flows into and out of the wetland varied on a monthly basis. In this study, we combined information about the wetland hydrology and N removal, and the results suggest that, when the rainfall is higher, the hydraulic retention time is lower, which would then influence the N removal rate. The water balance model adopted in this study only included hydrological data, and did not consider factors such as soil, topography, and land use [29]; this is a major limitation of the study.

There was obvious removal of both NO$_3^-$-N and NH$_4^+$-N in this HSSF-CW. The removal rates however varied on a seasonal basis, with higher NH$_4^+$-N inflow concentrations in spring, because the swimming birds that live in the open water connected to the HSSF-CW were more active in April and May than in other months. The inflow NO$_3^-$-N concentrations were higher in summer, reflecting the weaker denitrification caused by the abundant rainfall (Figure 2) and shorter hydraulic retention time in summer. The NO$_3^-$-N loads were strongly correlated with the removal rate ($R^2 = 0.96$, $p < 0.01$), but the NH$_4^+$-N load and removal rate ($R^2 = 0.02$, $p > 0.01$) were not correlated. This may reflect the higher and lower inflow loads of NO$_3^-$-N and NH$_4^+$-N, respectively. Under certain pollutant loads, increased pollutant concentrations are conducive to biofilm formation on the substrate surface, which not only provides good conditions for microbial growth but can also adsorb large quantities of organic matter, thereby contributing to pollutant removal [30].

We examined the relationship between the area-based constant and temperature, pollutant loads, and DO for both NO$_3^-$-N and NH$_4^+$-N, and also estimated the temperature coefficient $\theta$. The area-based constant and the NO$_3^-$-N load were strongly correlated ($R^2 = 0.96$, $p < 0.01$), but there was no correlation between temperature and DO. The area removal rate constant for NH$_4^+$-N was correlated with DO ($R^2 = 0.69$, $p < 0.01$), but was not correlated with either the temperature or the NH$_4^+$-N load. The lower $\theta$ value estimated for the two N species illustrates that temperature had little or no impact on nitrification and denitrification.

While many factors influence the N removal efficiency in wetlands, the main controls are nitrification and denitrification [4]. Nitrification needs aerobic conditions and denitrification requires anaerobic conditions. Both processes are affected by the DO concentration, meaning that N removal in constructed wetlands is strongly influenced by the DO concentration. There are three main sources of oxygen in constructed wetlands, including release from plants, atmospheric reaeration, and oxygen transported by water, of which release from plants and atmospheric reaeration dominate [31]. Plants can also partly block the oxygen transfer process from water to the substrate [32], so that the low oxygen concentration in the substrate becomes the main limit on NH$_4^+$-N removal. In this study, the concentrations of DO in the HSSF-CW varied from 0.5 to 4.5 mg·L$^{-1}$, and the DO% was as high as 87%. These DO concentrations are much lower than the water-saturated dissolved oxygen concentration [33], indicating that the DO concentrations in this HSSF-CW were sufficiently low to satisfy the conditions for denitrification. The DO concentration did not limit NO$_3^-$-N removal in this HSSF-CW. The NH$_4^+$-N area-based constant and DO were correlated ($R^2 = 0.69$, $p < 0.01$), suggesting that the low DO concentration became the limiting factor for NH$_4^+$-N removal. Nitrification of NH$_4^+$-N is slower than degradation of organics [34], and the conditions for nitrifying bacteria are more stringent than those for fungus that consume organic matter. The oxygen was first used to remove organic matter when the concentrations of organics were high; this was followed by nitrification until the organic concentrations dropped to a low level. The controls on the N removal rate in this wetland met Liebig’s law of the minimum, therefore, the main way to improve the pollutant removal in constructed wetlands is to regulate and control the dissolved oxygen content [35].

The flow regime and N migration and transformation processes in constructed wetlands involve many complex physical, chemical, and biological processes. The N removal models are more complicated than those for other conventional wastewater treatments [36]. Also, the background
concentrations of pollutants in the same type of wetland will vary [37]. In this study, we considered only three controls on the area-based constants and did not consider the influence of background pollutant concentrations. These other factors will be explored in future studies.

5. Conclusions

The main water source of this HSSF-CW in the Beijing Wildlife Rescue and Rehabilitation Center was system injection and the main N forms were NH$_4^+$-N and NO$_3^-$-N. Over a period of two years, the effluent concentrations of both N forms were significantly lower than the influent concentrations ($p < 0.01$, $n = 38$). The NO$_3^-$-N load was significantly correlated with the removal rate and the NO$_3^-$-N removal rate varied seasonally. The inflow concentrations of NH$_4^+$-N and NO$_3^-$-N were highest in spring and summer, respectively, while the NO$_3^-$-N inflow concentration was lowest in spring. The area-based constant for NO$_3^-$-N was correlated with the pollution load ($p < 0.01$), but was not correlated with either temperature or the DO concentration ($p > 0.01$). The NH$_4^+$-N area-based constant was correlated with the DO concentration ($p < 0.01$) but was not correlated with either temperature or the pollutant load ($p > 0.01$). The controls on the N removal rate in this wetland meet Liebig’s law of the minimum.

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