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Impacts of climate change on water balance components in the central Appalachian Mountains, USA

Brandi Gaertner

Dissertation submitted to the
Davis college of Agriculture Natural Resources and Design
at West Virginia University

in partial fulfillment of the requirements for the degree of

Doctor of Philosophy in
Department of Forestry and Natural Resources

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catchment hydrology, central Appalachians
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ABSTRACT

Impacts of climate and land cover on water balance components in the central Appalachian Mountains, USA

Brandi Gaertner

The purpose of this research is to investigate the impact of climate and land cover on water balance components including evapotranspiration and runoff in the mountainous central Appalachian region of the United States. Forests play a critical role in provisioning freshwater resources to downstream regions, but climate change has affected growing season lengths and water balance fluxes including precipitation, evapotranspiration, and runoff, leading to large fluctuations in water yield. The effects of climate warming are especially important in headwater basins that contribute drinking water resources to downstream population centers. The central Appalachian region is one such region that provides fresh water to approximately 9% of the U.S. population including downstream metropolitan areas such as Washington D.C., Pittsburgh (PA), Cincinnati (OH), and the Mississippi River Basin. Therefore, understanding the impacts of climate change and land use change on water balance components in headwater basins in the central Appalachian Mountains is critical for developing policies and practices that enhance future water sustainability.

In order to develop a comprehensive understanding of climate and land cover on water balance components within the central Appalachian region, the research was divided into three parts. The first study analyzed trends in climatologic, hydrologic, and growing season length variables, identified the important variables effecting growing season length changes, and evaluated the influence of a lengthened growing season on increasing evapotranspiration trends. Three growing season length variables were generated using remotely sensed GIMMS NDVI3g data, two variables from measured streamflow, and 13 climate parameters from gridded datasets. Various climate, hydrology, and phenology explanatory variables were included in two applications of Principle Components Analysis to reduce dimensionality, then the final variables were utilized in two Linear Mixed Effects models to evaluate the role of climate on growing season length and evapotranspiration. The results showed that growing season length has increased, on average, by ~22 days and evapotranspiration has increased ~12 mm. The results also suggest that a suite of climatic variables including temperature, vapor pressure deficit, wind, and humidity are important in growing season length change. The climatic variables work synergistically to produce greater evaporative demand and atmospheric humidity, which is theoretically consistent with the Clausius-Clapeyron relation, which states that humidity increases nonlinearly by 7%/K. Optimization of the evapotranspiration model was increased by the inclusion of growing season length, suggesting that growing season length is partially responsible for variations in evapotranspiration over time. The results of this research imply that a longer growing season has the potential to increase forest water cycling and evaporative loss in temperate forests, which may lead to decreased freshwater provisioning from forests to downstream population centers. Additionally, results from this study provide important information for runoff and evapotranspiration prediction modelling and forest water management under changing climate.

The second study quantified long-term historical and future climate trends, evaluated water balance sensitivity to change, and quantified future runoff for catchments located throughout the central Appalachian Mountains regions of the eastern USA. Long-term historical precipitation (P), potential evapotranspiration (PET), and evapotranspiration (ET) were implemented in a Budyko-based sensitivity hydrologic model to determine watershed sensitivity to changing energy and water inputs. Long-term future streamflow was modeled based on derived sensitivity coefficients and future PET and P. The results showed that streamflow sensitivity increased with decreasing precipitation throughout the region. Future runoff is projected to increase between 9-17% throughout the region, with runoff increasing with increasing precipitation quantity. The sensitivity was lowest in regions with highest precipitation, which generally followed the rain shadow pattern, with the lowest sensitivity along the Appalachian mountain spine and increasing sensitivity with increasing distance from the mountains. The sensitivity coefficients throughout the regions were also controlled by other climate and landscape characteristics including forest cover, precipitation inputs, and soil moisture holding capacity. Watershed sensitivity and future increasing P is expected to result in increasing runoff, which has important implications for infrastructure, energy, and ecosystem service supply. We discuss preventative forest management measures to minimize future water resource concerns and maintain stable drinking water supplies to downstream communities.

The third study examined the regional and local spatial relationships between climate variables and evapotranspiration trends throughout the central Appalachian region. Regional and local (4km²) scale drivers of evapotranspiration including temperature, precipitation, dew point temperature, and vapor pressure deficit were determined using an ordinary least squares and geographically weighted regression model. Across the central Appalachian region, vapor pressure deficit, precipitation and temperature were found to have the most significant relationship with ET. At the 4 km² scale, vapor pressure deficit was found to have the strongest relationship. The relationship between ET, precipitation, and temperature underscores the importance of evaporative atmospheric demand (temperature) and water input (precipitation) required for the evapotranspiration processes. ET at the local scale is largely driven by competing forces that are increasing ET such as a longer growing season and higher vapor pressure deficit, and biological processes that decrease ET such as water use efficiency and drought stress mechanisms. ET trends did not significantly change throughout the region, suggesting that there are even more complicated competing factors. Understanding the underlying biological and physical ET processes provides insight into future water resources.

Dedication

For my husband, who supported me always
For my family, who is unendingly proud of me.
Thank you for your love and support.

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Completing this PhD has been a lifetime achievement and has been both one of the most impressive and difficult tasks I have completed in my lifetime. Throughout the process I have grown from a college student to a seasoned scientist. This dissertation stands as a scientific product of not only my tenure at WVU in the doctoral program but also as a trophy for a lifelong dream attained. I have many people to thank for helping me throughout the five-year process.

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Table of Contents

1 Introduction	1
2 Climate, Forest Growing Season, and Evapotranspiration Changes in the central Appalachian Mountains, USA.....	4
2.1 Background.....	5
2.2 Methods.....	6
2.2.1 Study Area.....	6
2.2.2 Data.....	7
2.2.2.1 Vegetation phenology from satellite imagery.	7
2.2.2.2 Hydrologic Variables.....	8
2.2.2.3 Climate Variables.....	9
2.2.3 Statistical Methods.....	9
2.2.3.1 Quantifying trends in climate and growing season length.....	9
2.2.3.2 Identifying important components of growing season length change.....	10
2.2.3.2.1 Principle Components Analysis.....	10
2.2.3.2.2 Mixed Effects Model.....	10
2.2.4 Interaction of growing season length and evapotranspiration change.....	11
2.2.4.1 Principles Component Analysis.....	11
2.3 Results.....	12
2.3.1 Question 1: How has climate and growing season length changed?.....	12
2.3.1.1. Climate.....	12
2.3.1.2 Hydrology.....	12
2.3.1.3 Growing season length.....	13
2.3.2 Question 2: What are the predictors of growing season length?.....	13
2.3.3 Question 3: Does growing season length influence evapotranspiration?.....	14
2.4 Discussion.....	15
2.4.1 Question 1: How has climate and growing season length changed?.....	15
2.4.2 Question 2: What are the predictors of growing season length?.....	16
2.4.3 Question 3: Does growing season length influence evapotranspiration?.....	18
2.5 Conclusion and Future Directions.....	19
2.6 Acknowledgments.....	20
3 Spatial variations in streamflow sensitivity to climate change: Implications for water resources management in the central Appalachian Mountains region, USA.....	43
3.1 Introduction.....	43
3.2 Methods.....	46
3.2.1 Data.....	46
3.2.2 Quantifying climate and water balance changes.....	47
3.2.2 Quantifying streamflow sensitivity to climate change and catchment parameters.....	48
3.2.3. Modelling future streamflow sensitivity.....	49
3.3 Results.....	50
3.3.1 Climate and water balance changes in the central Appalachian Mountains region.....	50
3.3.1.1 Historic Climate and Water Balance.....	50
3.3.1.2 Historical Budyko.....	50

3.3.1.3 Future climate and Budyko components.....	50
3.3.2 Streamflow sensitivity to changes in climate and catchment factors	51
3.3.3 Modelling future Q using the results of the sensitivity approach.....	51
3.4 Discussion.....	52
3.4.1 How has climate changed in the central Appalachian Mountains?.....	52
3.4.2. How sensitive are catchment in the central Appalachian Mountains region to climate change?.....	53
3.4.3 Management Implications.....	54
3.5 Conclusion.....	56
 4 Spatial Evapotranspiration trends and drivers across the central Appalachian Mountains, United States.....	 80
4.1 Introduction.....	80
4.2 Methods.....	82
4.2.1 Study Area.....	82
4.2.2 Dataset.....	83
4.2.3 Statistical Methods.....	84
4.2.3.1 Trend Analysis.....	84
4.2.3.2 Regression Model.....	84
4.3 Results.....	85
4.3.1 Trend Analysis.....	85
4.3.2 Regression Model.....	86
4.4 Discussion.....	86
4.4.1. Changes in regional climate and water balance components.....	86
4.4.2 Regional and local Evapotranspiration drivers.....	88
4.4.3 Implications of climate change on evapotranspiration.....	89
4.5 Conclusion.....	90
 5.1 Conclusions.....	 116

List of Tables

Table 2.1 Summary table for all variables and acronyms.....	30
Table 2.2 Mann Kendal trend table and total change over 31 years for the 31 watersheds in the central Appalachian region. Watershed Identifiers represents each watershed within the five basins, shown in Figure 1. Station number and station name refer to USGS stream gauge identifiers. Bold represents significance at the 0.05 level and bold+italics represents significance at the 0.01 level.....	31
Table 2.S.1 Table of the 31 HCDN watersheds used to study climate and growing season changes in the central Appalachian Region. Study watershed identifiers uniquely classify USGS gauging stations used in this study and corresponds to the Identifier in Figure 1. Station number and station name refer to USGS stream gauge identifiers, and area refers to area upstream of the USGS gauge.....	36
Table 2.S.2 Climate, hydrology, and phenological datasets used in this study.....	37
Table 2.S.3: Mann Kendal trend table and total change over 31 years for the 31 watersheds in the central Appalachian region. Watershed Identifiers represents each watershed within the five basins, shown in Figure 1. Station number and station name refer to USGS stream gauge identifiers. Bold represents significance at the 0.05 level and bold+italics represents significance at the 0.01 level.....	38
Table 2.S.4 Factor loadings for the Principle Component Analysis used to reduce dimensionality of growing season length variables. Growing season length related variables with Eigen vectors >1 and factor loadings significantly contributing (i.e. factor loadings rounding to $\geq 0.4 $) are shown.....	39
Table 2.S.5 Best supported mixed effects model parameter estimates based on PCA for identifying important climatic variables effecting mean annual growing season change over the 31 watersheds evaluated in this study.....	40
Table 2.S.6 Factor Loadings for the Principle Component Analysis used to reduce dimensionality of evapotranspiration variables. Evapotranspiration related variables with Eigen vectors >1 and factor loadings significantly contributing (i.e. factor loadings rounding to $\geq 0.4 $) are shown.....	41
Table 2.S.7 Best supported mixed effects model parameter estimates based on PCA for identifying the interaction of growing season length and mean annual evapotranspiration over the 31 watersheds evaluated in this study.....	42
 Table 3.1 Long-term historic (1965-2015) average annual climate and water balance components in mm/year (potential evapotranspiration [PET], precipitation [P], streamflow [Q], evapotranspiration [AET], dryness index [PET/P], and evaporative index [ET/P]) for catchment located in the central Appalachian Mountains region, USA. The n value is a catchment specific parameter that incorporates watershed characteristics, is calculated using the Budyko framework following the Choudhury (1999) framework.	64
Table 3.2: Mann-Kendall trend analysis for PET, P, and ET for the 31 study watershed from 1965-2015. Denotes the total change over the study period based on the Sen slope value. All values are represented as in percentage change from the annual historic streamflow amount (Table 1). * represents significance at $\alpha=0.05$ and ** represent significance at $\alpha<0.01$	65

Table 3.3 Future PET and P in mm and dryness index (PET/P) for each catchment from 2015-2099 based on future ensemble climate data from the Multivariate Adaptive Constructed Analogs version 2 (MACAv2-METDATA) dataset (Abatzoglou and Brown 2012). The Station name corresponds to the USGS HCDN watershed output station name. RCP _{4.5} refers to the 4.5 emission scenario for future climate projections, while RCP _{8.5} refers to the 8.5 emission scenario.	66
Table 3.4: Relative change (%) in PET and P between historical (1965-2015) and future (2015-2099) climate. RCP _{4.5} refers to the 4.5 emission scenario for future climate projections, while RCP _{8.5} refers to the 8.5 emission scenario.....	68
Table 3.5 Streamflow (Q) sensitivity to climate variability, where $\partial Q/\partial P$ indicates the Q sensitivity to an increase in precipitation, $\partial Q/\partial PET$ indicates Q sensitivity to an increase in Potential Evapotranspiration, and $\partial Q/\partial n$ indicates Q sensitivity to a change in watershed characteristics (e.g. land use). An increase in P will increase streamflow, an increase in PET and n will decrease streamflow.....	69
Table 3.6 Future streamflow change relative to historical Q in mm from 2070-2099 calculated using the Q sensitivity to P and PET (Table 3). Future streamflow was calculated under a low emissions scenario (RCP 4.5) and a high emissions scenario (RCP 8.5) for each catchment and basin (in bold).....	70
 Table 4.1 Table of the 31 HCDN watersheds used to study climate and growing season changes in the central Appalachian Region. Study watershed identifiers uniquely classify USGS gauging stations used in this study and corresponds to the Identifier in Figure 1. Station number and station name refer to USGS stream gauge identifiers, and area refers to area upstream of the USGS gauge.....	103
Table 4.2 Long-term historic (2000-2015) average climate and water balance components in the central Appalachian region averaged for the growing season (April to October) (Tmax; maximum temperature, Tmin [minimum temperature]; Tmean [average temperature]; P [Precipitation]; ET [Evapotranspiration]; DPT [Dew point temperature]; VPDmin [minimum vapor pressure deficit]; VPDmax [maximum vapor pressure deficit].....	107
Table 4.3 Relative change (%) in climate and water balance for growing season climate variables based on a Mann Kendal test for the 31 watersheds in the central Appalachian region from 2000-2013..	108
Table 4.4 Global correlation analysis between three climate variables (predictor variables) and evapotranspiration (response variable) based on ordinary least squares regression across the central Appalachian region. Coefficient [a] represents the direction of the regression, VIF indicates model multicollinearity, Jarque-Bera represents value clustering, R ² indicates model performance, and Moran's I indicates spatial clustering..	110
Table 4.5 Local correlation between six climate variables and evapotranspiration across the central Appalachian region based on a Geographically Weighted Regression (GWR)...110	

List of Figures

- Figure 2.1** A. Location of the study region in the central Appalachian Mountains region of the eastern USA. B. Study Area depicting the conceptual change in growing season length from 1982 and 2012 (e.g. LOS in 2012 – LOS in 1982). Green regions represent minimal change between the two years (0-15 days) while red represents maximum change (60-70 days). The dashed lines depict basin boundaries Potomac (P), Monongahela (M), Ohio (O), Kanawha (K), and Tennessee (T). The solid lines outline the 31 watersheds, and the identifiers label the basin followed by an HCDN (Slack and Landwehr 1992) watershed number from 1 to n.....32
- Figure 2.2** Land Cover composition depicting proportion agriculture, developed, and forest for the 31 watersheds based on 2011 NLCD land cover analysis throughout the central Appalachian region. Forests include deciduous, evergreen, and mixed forests, developed includes open space, barren land, low, medium, and high intensity development, and agriculture includes herbaceous, hay/pasture, and cultivated crops.....33
- Figure 2.3** Figure depicting the process for extracting phenology variables from time series of NDVI data using the program TIMESAT. Gray lines represent NDVI data, the black line represents the smoothed timesat vegetation signal, the gray dots represent 50% canopy at start (SOS) and end of season (EOS), LOS represents the difference between EOS and SOS.....34
- Figure 2.4** Exponential relationship between long-term (1982-2012) annual temperature and specific humidity for 31 watersheds located in the central Appalachian Mountains region. The relationship is exponential, following the theoretical Clausius-Clapeyron relationship (Held and Soden 2006). The relationship states that atmospheric water vapor will exponentially increase with air temperature by 3.4% to 7%/°K (or a slope of $2.45e^{0.06}$) (Held and Soden 2000), though the observed relationship has a slope ($y=4.095e^{0.03}$) closer to the lower end of the rates proposed (3.4%/°K) (Allen and Ingram 2002).....35
- Figure 3.1** Location of the study area in the central Appalachian Mountains region of the eastern USA. The dashed lines depict basin boundaries of the five basins examined in this study: Potomac (P), Monongahela (M), Ohio (O), Kanawha (K), and Tennessee (T). The solid lines outline the 31 HCDN watersheds, and the identifiers label the basin followed by an HCDN (Slack and Landwehr 1992) watershed number from 1 to j.....72
- Figure 3.2:** Conceptual figure illustrating the Budyko framework for the central Appalachian region. The dryness index represents energy limited ($PET/P < 1$) and water limited ($PET/P > 1$) basins. An energy limited basin receives greater P than PET, while a water limited basins receive a higher ratio of P to PET. The evaporative index (E/P) provides watershed specific climatic factors, with a high E/P representing no runoff and low representing high runoff. n values curves implement catchment specific factors into the Budyko framework. High n factors translate to low runoff and low n factors generally have high runoff.....73
- Figure 3.3** Climate and Budyko variables for the central Appalachian Mountain region from 1965-2015. A. Annual precipitation (mm) B. Average annual potential evapotranspiration (mm) C. Annual evaporative index D. Annual dryness index.....74

Figure 3.4 Average annual precipitation for the five basins located in the central Appalachian region showing that streamflow sensitivity increases with decreasing precipitation.....	75
Figure 3.5 Relationship between the evapotranspiration ratio and dryness index of our basins for the period 1965–2015. Each identifier number refers to the watersheds depicted in figure 1. All catchments were considered to be energy limited and n values range from 0.3 to 7.31 (both in the Potomac basin), and averages 1.37.....	76
Figure 3.6 Slope of the central Appalachian Mountains, with blue representing steep slopes (close to vertical) and red representing low slope.	77
Figure 4.1 Location of the study basin and catchments in the central Appalachian Mountains region of the eastern USA. The dashed lines depict basin boundaries Potomac (P), Monongahela (M), Ohio (O), Kanawha (K), and Tennessee (T). The solid lines outline the 31 watersheds, and the identifiers label the basin followed by an HCDN (Slack and Landwehr 1992) watershed number from 1 to j.....	111
Figure 4.2: Map of climate variables in the central Appalachian region. A. Maximum Temperature (°C), B. Precipitation (mm), C. Maximum Vapor Pressure Deficit (hPa), D. Evapotranspiration (mm).....	112
Figure 4.3 Standard residuals between minimum temperature, minimum vapor pressure deficit, precipitation and evapotranspiration. Residuals show clustering in the Potomac and Monongahela basins.....	113
Figure 4.4 Local (4km ²) spatial regression between maximum vapor pressure deficit and evapotranspiration across the central Appalachian region using a Geographically Weighted Regression.	114
Figure 4.5. Smoothed time series of annual evapotranspiration from 2000-2013 using a LOESS (locally weighted scatter-plot smoother) curve. Blue line denotes the time series while the gray shaded area represents a 95% confidence boundary. The low value in 2008 represents an extreme (D3) drought.....	115

List of Abbreviations

Variable	Acronym
Precipitation	P
Evapotranspiration	ET
Specific humidity	sph
Average annual maximum temperature	tmax
Average annual minimum temperature	tmin
Average annual maximum humidity	rmax
Average annual minimum relative humidity	rmin
Solar radiation	srad
Dew point temperature	DPT
Potential evapotranspiration	PET
Wind direction	th
Wind speed	vs
Maximum vapor pressure deficit	vpdmax
Minimum vapor pressure deficit	vpdmin
Runoff	Q
Start of season	SOS
End of season	EOS
Length of season	LOS
Normalized Difference Vegetation Different	NDVI

1 Introduction

Forested headwater catchments play a critical role in freshwater provisioning, but climate change has affected the landscape and water balance components responsible for this water yield (DeWalle et al. 2000, Post and Jones 2001, Creed et al. 2014). Higher air temperatures have increased evapotranspiration rates (Huntington 2006) through higher atmospheric demand and longer growing season length (Schwartz et al. 2006), which has implications for the long-term water budget, overland runoff, and drinking water resources. Changing annual water yields have been observed in headwater basins throughout the United States (Campbell et al. 2011, Wang and Hejazi 2011, Jones et al. 2012), with humid regions tending to become wetter while arid regions have tended to become drier (Chou et al. 2009). The effects of climate warming on water yield from headwater basins have been of great concern given their importance in provisioning drinking water resources to downstream population centers (Viviroli and Weingartner 2004, Viviroli et al. 2007). One such headwater basin is the central Appalachian Mountains region in the eastern United States, which is responsible for providing approximately 30% of drinking water resources (Dudley and Stolton 2003) to downstream metropolitan areas such as Washington D.C., Pittsburgh (PA), Cincinnati (OH), and the Mississippi River Basin. Despite the importance of the central Appalachian region for provisioning fresh water to approximately 9% of the U.S. population, the impact of climate change on growing season length, evapotranspiration rates, and runoff sensitivity in the headwater basins of the central Appalachian region is largely unknown.

Growing season length is important for partitioning rainfall into evaporation and runoff in forests and partially controls evapotranspiration (ET), which cycles up to 62% of terrestrial water to the atmosphere (Dingman 2015). Globally, leaf development (e.g. budburst) has arrived earlier over the last 30-40 years (Chmielewski and Rötzer 2001, Schwartz et al. 2006, Lebourgeois et al. 2010), leading to a longer growing season in temperate forests (Richardson et al. 2006, Jeong et al. 2011, Creed et al. 2015). Increasing temperatures have long been identified as the primary driver of the growing season changes (Morin et al. 2010, Dragoni and Rahman 2012) but recent studies have found that temperature, alone, cannot explain phenological variation in temperate forests (Wolkovich et al. 2012, Marchin et al. 2015). The water cycle itself could potentially impact the growing season through increased humidity, which can signal spring onset and fall

senescence in forests (Hu et al. 2011, Laube et al. 2014). However, the processes responsible for longer growing season are not completely understood, nor is the impact of the longer growing season on evapotranspiration. Therefore, understanding the underlying processes could provide insight into future water resources and water management strategies.

Streamflow from forested catchments respond to longer growing season and climate change by altering how much precipitation is partitioned to streamflow and evaporation (Campbell et al. 2011, Caldwell et al. 2012). Individual watershed characteristics such as growing season length, forest cover, soil moisture holding capacity, rainfall, and slope affect the rate of streamflow partitioning (Sankarasubramanian et al. 2001, Jones et al. 2012, Padrón et al. 2017). Watersheds that partition a large portion of rainfall to runoff are considered more sensitive to climate change than watersheds that are more able to buffer the long-term climate changes (Roderick and Farquhar 2011). Understanding watershed sensitivity is particularly important in headwater basins like the central Appalachian region that provide drinking water resources to downstream population centers. However, the watershed sensitivities of this the headwater catchment of the region are currently unknown. Understanding the watershed sensitivities also provide insight into future streamflow quantity, which is important for preparing infrastructure for a change in water resources availability. Therefore, in this project, I use the Budyko-based sensitivity hydrologic model to identify streamflow sensitivity and future streamflow quantity in the headwater basins of the Central Appalachian region, United States.

ET is important for regulating the water budget, reducing streamflow and runoff fluxes, maintaining forest and soil health, and providing ecosystem productivity. Climate change has increased ET fluxes through intensification of the water cycle due to greater energy demand (Huntington 2006). However, the underlying processes driving ET changes are not completely understood, since a higher energy demand via climate change encompasses many climatic and biophysical factors (Gaertner, 2018). Models that have implemented climatic factors to understand the partitioning of ET into runoff have found that regional-level ET responses are limited by water (precipitation) or energy (potential ET) availability and demand (Budyko 1974). Other models have identified that, at the ecosystem level, biophysical factors including growing season length impact ET fluxes (Hwang et al. 2014, Kim et al. 2018). ET trends are, therefore, a function of complex global drivers and multifaceted climatic processes, and the drivers differ at the regional and ecosystem level. Currently, despite the importance of ET in provisioning

downstream water supply to metropolitan areas around the Central Appalachian region, ET process are not completely understood. Therefore, understanding ET trends and processes are exceedingly important for future streamflow, runoff, and water cycling predictions, as well as watershed management in the central Appalachian Mountains.

The overall objective of this dissertation is to investigate impact of climate change on growing season length, ET rates, runoff, and runoff sensitivity in the headwater basins of the central Appalachian region. Three main questions are addressed:

1. Which climate variables most strongly influence growing season length changes and how does growing season length affect ET throughout the central Appalachian region?
2. What is the streamflow sensitivity to climate change and how will streamflow change in the future?
3. What is the spatial relationship between local and regional climate and ET trends?

2 Climate, Forest Growing Season, and Evapotranspiration Changes in the central Appalachian Mountains, USA

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Abstract

This study analyzed trends in climatologic, hydrologic, and growing season length variables, identified the important variables effecting growing season length changes, and evaluated the influence of a lengthened growing season on increasing evapotranspiration trends for the central Appalachian Mountains region of the United States. We generated three growing season length variables using remotely sensed GIMMS NDVI3g data, two variables from measured streamflow, and 13 climate parameters from gridded datasets. We included various climate, hydrology, and phenology explanatory variables in two applications of Principle Components Analysis to reduce dimensionality, then utilized the final variables in two Linear Mixed Effects models to evaluate the role of climate on growing season length and evapotranspiration. The results showed that growing season length has increased, on average, by ~22 days and evapotranspiration has increased up to ~12 mm throughout the region. The results also suggest that a suite of climatic variables including temperature, vapor pressure deficit, wind, and humidity are important in growing season length change. The climatic variables work synergistically to produce greater evaporative demand and atmospheric humidity, which is theoretically consistent with the Clausius-Clapeyron relation, which states that humidity increases nonlinearly by 7%/K. Optimization of the evapotranspiration model was increased by the inclusion of growing season length, suggesting that growing season length is partially responsible for variations in evapotranspiration over time. The results of this research imply that a longer growing season has the potential to increase forest water cycling and evaporative loss in temperate forests, which may lead to decreased freshwater provisioning from forests to downstream population centers. Additionally, results from this study provide important information for runoff and evapotranspiration prediction modelling and forest water management under changing climate.

2.1 Background

Forests play a critical role in provisioning freshwater resources to downstream regions (Viviroli and Weingartner 2004) but climate change has affected growing season length (Schwartz et al. 2002), having implications for the terrestrial water cycle (Hwang et al. 2014, Creed et al. 2015). Therefore, it is critical to understand how forest growing season change alters rainfall partitioning into evaporation and runoff in deciduous forests, in order to sustainably manage forested headwater watersheds as a source of freshwater. Higher air temperatures have resulted in greater fluxes of precipitation (P) and evapotranspiration (ET) between the terrestrial and atmospheric systems, leading to water cycle intensification (Trenberth et al. 2007, Huntington 2010). Growing season length partially controls ET, which cycles up to 62% of terrestrial water to the atmosphere (Dingman 2015). P and atmospheric evaporative demand have increased due to warmer temperatures (Trenberth et al. 2007, Huntington 2010), leading to changing annual water yields (Campbell et al. 2011, Wang and Hejazi 2011, Jones et al. 2012), with humid regions tending to become wetter while arid regions have tended to become drier (Chou et al. 2009). A longer growing season has the potential to alter water cycle fluxes through increased plant water use and ET (Hwang et al. 2014) in deciduous forests, which can potentially alter forest freshwater partitioning into streamflow (Q) and ET (Creed et al. 2015). Understanding these interactions is vital for future Q and ET projections as well as for sustainably managing headwater forests.

Intensification of the water cycle is theoretically consistent with the Clausius-Clapeyron relation (Held and Soden 2000), which states that warmer air holds more water (e.g. greater maximum specific humidity) and that consequently, atmospheric water vapor tends to increase non-linearly with increases in air temperature. A warmer climate can also increase growing season length and provide more energy for ET, potentially decreasing Q (Hwang et al. 2014). Studies have shown that over recent decades growing season has arrived earlier in general in temperate forests (Chmielewski and Rötzer 2001, Richardson et al. 2006, Schwartz et al. 2006, Lebourgeois et al. 2010, Jeong et al. 2011, Creed et al. 2015). Warmer air temperature has been identified as an important climate variable for growing season length changes (Morin et al. 2010, Dragoni and Rahman 2012) but recent studies have found that temperature (Wolkovich et al. 2012, Marchin et al. 2015) and photoperiod (Bauerle et al. 2012) alone do not explain phenological variations in temperate forests. The water cycle itself could potentially impact the

growing season through increased rate of humidity, which have been shown to signal spring onset and fall senescence in forests (Hu et al. 2011, Laube et al. 2014).

In the densely populated eastern USA, the heavily forested mountains of central Appalachian Mountains play a critical role in freshwater provisioning, providing approximately 30% (Caldwell et al. 2014) of water used by downstream communities (Parker et al. 1907, Caldwell et al. 2016). The central Appalachian Mountains region encompasses West Virginia (WV), parts of Virginia (VA), North Carolina (NC), Maryland (MD), and Tennessee (TN) (ARC 1970). This region is greater than 80% forested (Slayer 2014), has steep slopes, and geographic variability that includes high elevation and coastal areas. As a regional water source (Viviroli et al. 2007) for approximately 9% of the U.S. population (U.S.CensusBureau 2009), the central Appalachian Mountains region is representative of other temperate forests that provide freshwater services around the globe. Climate driven shifts in freshwater partitioning in forests could impact water supplies for major population centers downstream.

The overall objective of this paper is therefore to quantify long-term changes in climate, water balance components, and growing season length across the region to provide insight into the interactions between climate change, growing season length, and ET. We hypothesize that humidity is an important climatic variable of growing season length changes and that a lengthened growing season is in part responsible changing evapotranspiration. In testing this hypothesis, the following questions are explored:

1. How has historical climate, growing season length, and water balance components changed over time throughout the central Appalachian Mountains region?
2. What are the climatic variables important to growing season length changes in the temperate forests of the region?
3. How do changes in growing season length effect forest ET throughout the region?

2.2 Methods

2.2.1 Study Area

Our study area consists of 31 watersheds located across five dominant river basins that collectively cover 125,000 km² in the eastern USA (Figure 1). Of the five basins, 4 (Monongahela, Upper Ohio, Kanawha, and Tennessee) drain west to the Mississippi River and Gulf of Mexico, while the Potomac River drains east to Washington D.C. and the Chesapeake

Bay. The 31 watersheds selected for this study are part the U.S. Geological Survey Hydro-Climatic Data Network (HCDN) (Slack and Landwehr 1992). HCDN consists of streamflow station data for minimally impacted (<10% human influence such as reservoirs, diversion, land use change, or severe ground-water pumping) watersheds. A regional land cover analysis using data from the 2011 National Land Cover Database (NLCD) (Homer et al. 2015) was used to verify that watersheds met the HCDN definition (Figure 2). The HCDN watersheds selected for this research cover approximately 39% of the total area in the five river basins, with seven watersheds in the Kanawha basin, five watersheds in the Monongahela basin, two watersheds in the Ohio basin, thirteen watersheds in the Potomac Basin, and four watersheds in the Tennessee basin. The forests are mostly classified as mixed mesophytic, dominated by hardwood species (e.g. *Quercus* (oaks), *Betula* (birch), *Fagus* (birch), *Acer* (maple), *Populus* (poplar)) located on ridges and hillslopes, and coniferous (*Pinus* (pine), *Tsuga* (hemlock)) at higher elevations and along stream networks (Day et al. 1988, Slayer 2014).

The region's climate is characterized as humid marine in the eastern/Atlantic coastal area and humid continental on the western edge (Konrad and Fuhrmann 2013). Mean annual temperature ranges from 9.3°C in the mountains to 14.7°C near the ocean, and increases with decreasing latitude, with the northernmost Ohio River basin averaging 10.5°C, and the southernmost Tennessee River basin averaging 15°C. P is relatively evenly distributed throughout the year, dominated by small, low intensity storms with intermittent high intensity frontal thunderstorm events (Keim 1996, 1997, Konrad and Fuhrmann 2013). Annual P increases with elevation from 1034 mm in the Potomac River basin to 1870 mm in the Tennessee River basin. Average annual ET loss is ~75% of annual rainfall in all watersheds except the Monongahela, the most heavily forested basin, which averages ~51% of P (Miller and Weaver 1971, Farnsworth and Thompson 1983, Harstine 1991, Ford et al. 2005, Adams et al. 2012).

2.2.2 Data

2.2.2.1. Vegetation phenology from satellite imagery

For this study, we extracted long term phenological records from the Global Inventory Modeling and Mapping Studies (GIMMS) third generation Normalized Difference Vegetation Index (NDVI3g) to characterize the temporal trends in regional scale phenology (Hong and Zhang 2006, Prebyl 2012). NDVI3g is produced from data acquired by the Advanced Very High

Resolution Radiometer (AVHRR) on board the National Oceanic and Atmospheric Administration (NOAA) satellite series (Pinzon and Tucker 2014). NDVI data were extracted from October 1982 to September 2012 to quantify recent changes in growing season length throughout the region.

Data were quality-controlled based on data reliability where pixels with weak or noisy time series (e.g. quality flag greater than 3), NDVI values that were negative, equal to zero, or greater than 1.0, high outlier values, or Julian day greater than 365, were removed for the analysis. The TIMESAT program (Jönsson and Eklundh 2004) was used to produce a smoothed NDVI time series dataset from 1982 to 2012. TIMESAT incorporates an automated median-spike pre-processing technique to remove spikes and outliers (Vidal and Amigo 2012). The Asymmetric Gaussian function was used to fit a smooth continuous curve to extract phenological signals from the data (Figure 3). NDVI values between 0.8 and 1.0 that represent dense forested land-cover were selected for this analysis. Data output were in annual time series sets (e.g. 31 years per derived phenological attribute per pixel). Start of season (SOS) and end of season (EOS) were estimated as the date where NDVI increased or decreased to 50% of the amplitude, representing canopy development and senescence respectively, and length of season (LOS) was calculated as end of season minus the SOS (Figure 3) (White et al. 1999, White et al. 2009).

2.2.2.2 Hydrologic Variables

Mean annual streamflow data for the 31 HCDN watersheds were obtained from the USGS historical water dataset (<http://waterdata.usgs.gov>) using R (RCore 2013, Hirsch and De Cicco 2015). Streamflow data were then normalized by area, and averaged annually to produce mean annual Q .

Actual ET in mm/year was estimated using the annual water balance, assuming no change in storage

$$ET = P - Q + \Delta S$$

where P is P, Q is average Q , and ΔS is watershed storage (e.g. groundwater, soil moisture, vegetation/root) which approaches zero on an annual scale, all in mm/year.

2.2.2.3 Climate Variables

Annual maximum and minimum vapor pressure deficit and dew pressure temperature data were extracted from PRISM (Parameter Elevation Regression on Independent Slopes) (Daly et al. 1997). PRISM uses 13,000 P and 10,000 surface temperature data stations over the conterminous US to spatially interpolate P and temperature using a Digital Elevation Model (DEM) to estimate orographic effects. PRISM is gridded at a 4km spatial resolution at the daily time scale, and covers the period from 1895 to the present (Daly et al. 2008).

Ten annual climate variables (maximum and minimum temperature, P, potential ET, maximum and minimum relative humidity, solar radiation, wind direction, wind speed, specific humidity) were extracted from the gridded (4 km spatial resolution) MetData meteorological dataset (Table 1) (Abatzoglou and Brown 2012). MetData was developed by combining the hourly and 1/8th degree resolution North America Land Data Assimilation System Phase 2 (NLDAS-2) dataset with the monthly 4 km resolution PRISM dataset from 1979-2015 (see Abatzoglou and Brown (2012))). Potential ET was calculated using the Penman-Monteith equation (Penman 1948) forced with solar radiation, dew point temperature, wind speed, and evaporation. Wind direction was normalized to account for the 0-360-degree direction. Using wind speed and wind direction angle, we calculated the *x* and *y* components using trigonometric functions (Breckling 2012). All daily variables predicting growing season were aggregated to US annual water year (October 1 – September 31). However, all variables used to predict evapotranspiration were conducted using the vegetation year (May-April) (Troch et al. 2009) using R (RCore 2013). Vegetation year minimizes the delta storage term in estimating evapotranspiration from precipitation by accounting for soil moisture depletion from a longer growing season the current year and the subsequent altered stream discharge patterns the following dormant season. This is especially effective in estimating ET given the central Appalachian region does not have dominant snowpack (Troch et al. 2009).

2.2.3 Statistical methods

2.2.3.1. Quantifying trends in climate and growing season length

The rank-based, non-parametric Mann Kendall statistical test was used to detect trends in climate, hydrology, and growing season variables (Helsel and Hirsch 1992). Mann Kendall allows for non-normally distributed data (Andreadis and Lettenmaier 2006) and allows for

missing values (Hirsch and Slack 1984) and is commonly used for detecting trends in hydrology and hydro-meteorological studies (Yue et al. 2002). Trends were considered significant at the $\alpha=0.05$ level. The direction and magnitude of the time series trends were estimated using the Kendall Thiel Sen slope, which identifies the median slope among all lines through a time series (Helsel and Hirsch 1992). Total change over the 31-year study period was estimated by multiplying slope by the number of years of data (i.e. 31 years) (Zegre et al. 2014).

2.2.3.2 Identifying important components of growing season length change

2.2.3.2.1. Principle Component Analysis

Given the large number of potential explanatory variables that drive growing season length, a principle components analysis (PCA) (Bibby et al. 1979) was used to reduce the dimensionality of the variables. The original dataset included 14 predictor variables: thirteen climate variables (P, specific humidity [sph], average annual minimum [rmin] and maximum relative humidity [rmax], solar radiation [srad], dew pressure temperature [dpt], average annual minimum [tmin] and maximum temperature [tmax], potential evapotranspiration [PET], wind direction [th], and wind speed [vs], maximum [vpdmax] and minimum vapor pressure deficit [vpdmin], and one hydrology variables (Q). The input data represented a three-dimensional matrix, comprising the climate/hydrology as the variables in one dimension, with time and space as the remaining two dimensions, yielding ~14,000 observations (31 years*31 sites) for each of the 15 variables. Standardized principle component analysis was implemented using R. Principle components with eigenvalues >1.0 were regarded as carrying important information, and factor loadings rounding to an absolute value ≥ 0.4 were considered important in determining a particular component (McCune et al. 2002).

A correlation matrix between climate and hydrologic variables was developed to remove statistically redundant variables. A Pearson correlation matrix was developed using R (RCore 2013). All correlation values greater than 0.7 were considered strongly related (e.g. $r > \pm 0.7$) (Ratner 2009).

2.2.3.2.2 Mixed Effects Model

A linear mixed effects model (Zuur et al. 2009) was developed to identify the important climatic variables in growing season length using the explanatory variables identified by the

PCA. A linear mixed effects model is a statistical correlation model used to identify interactions between variables in a longitudinal study, with applicability in multiple disciplines including physical, biology, and social sciences. Linear mixed effects models contain fixed and random components (Zuur et al. 2009), which allows for spatial and temporal variability in site-specific topography, climate, geography, and time. We validated our model by randomly splitting data into training (80%, $n=11,532$) and test (20%, $n=2884$) data. The model was developed by iteratively dropping fixed and random parameters (Arnold 2010). All dropped parameters that increased the Akaike Information Criteria (AIC) value >2 were removed to develop the final model (Arnold 2010). Model performance was evaluated using the AIC values, root mean square error, marginal coefficient of determination, which is the variance explained by fixed effects, and conditional coefficient of determination, which is the variance explained by fixed and random effects together (collectively R^2) using R (Bartoń 2013, RCore 2014).

2.2.4. Interaction of growing season length and evapotranspiration change

2.2.4.1 Principle Component Analysis

To reduce the dimensionality of the potential explanatory variables important to ET, a PCA was conducted on 17 climatic variables. The PCA included three growing season variables (start of season [SOS], end of season [EOS], length of season [LOS]), thirteen climate variables (P, specific humidity [sph], average annual minimum [rmin] and maximum relative humidity [rmax], solar radiation [srad], dew pressure temperature [dpt], average annual minimum [tmin] and maximum temperature [tmax], potential evapotranspiration [PET], wind direction [th], and wind speed [vs], maximum [vpdmax] and minimum vapor pressure deficit [vpdmin], and one hydrology variable (Q).

The input data represented a three-dimensional matrix, comprising the climate/phenology as the variables in one dimension, with time and space as the remaining two dimensions, yielding ~18,000 observations (31 years*31 sites) for each of the 17 variables. A correlation matrix between growing season, climate, and hydrologic variables was developed to remove statistically redundant variables.

To identify if growing season influences ET, a second mixed effects model was developed using the important variables identified by the PCA as fixed effects and site and year as random effects. The final model was similarly developed by iteratively dropping variables that

increased the AIC value >2. Model performance was evaluated using the AIC values, root mean square error, marginal coefficient of determination, and conditional coefficient of determination. The model was validated by randomly splitting data into training (80%, n=14,607) and test (20%, n=3651) data.

2.3 Results

2.3.1 *Question 1: How has climate and growing season length changed?*

2.3.1.1 Climate

Measured air temperatures generally increased across the watersheds over the 31 years studied. Maximum temperatures averaged 17.3°C across the watersheds, and although most individual watersheds indicated warming temperatures, trends were not significant at $\alpha=0.05$ for any watersheds (Table 2). Minimum temperatures increased significantly in 14 individual watersheds, increasing on average, by 0.2°C. Solar radiation, which averaged 172.0 mW m⁻² across all watersheds increased significantly in 10 watersheds by an average of 5.7 mW m⁻² on average (SI Table 3). Potential evapotranspiration, which averaged 1076.0 mm across all watersheds, increased significantly by 64.9 mm in only one watershed. Minimum vapor pressure deficit, which averaged 0.72 hPa across watersheds, significantly decreased by -0.008 hPa in 17 watersheds (SI Table 3). Maximum vapor pressure deficit, which averaged 12.09 hPa across watersheds, significantly increased by 0.05 hPa at one watershed. Specific humidity, which averaged 0.7 g/kg across watersheds, significantly increased by 0.6 g/kg at one watershed (SI Table 3). Similarly, maximum relative humidity, which averaged 89%, significantly decreased by 2.2% on average, at eight watersheds (Table 2).

Wind, which is an important component of ET, also has increased across watersheds. Over the 31-year period studied, the average wind direction, calculated as degrees from north, was 254°, and has shifted 16° counter-clockwise to 238° in all watersheds, suggesting an increased northwesterly component (Table 2). Wind speed, which averaged 1.2 m/s across all watersheds, significantly increased at 21 watersheds by an average of 0.15 m/s (Table 2).

2.3.1.2 Hydrology

Water balance variables, including P, ET, and Q, also provide some evidence of change over the 31 years studied. P, which averaged 1126 mm across watersheds, increased in all but

four watersheds by an average of 34 mm, although the change was not significant. Q averaged 512.0 mm across watersheds, and similar to P, changes were not significant at any individual watershed (SI Table 3). Although P and Q changes were not significant, variability tends to be minimized in water balance calculations, and thus ET potentially provides a more reliable record (Koster and Suarez 1999, Sankarasubramanian and Vogel 2002). Hence, ET was used, instead of Q as a response variable because it eliminates monthly variability given its dependency on available energy rather than P events thereby providing a more stable water response variable (Coopersmith et al. 2012, Fernandez and Sayama 2015). ET, which averaged 613.0 mm across watersheds, increased in 28 watersheds, nine of which were significant. Across the entire region ET increased by 12.7 mm on average, for the statistically significant watersheds the increase was 22 mm (Table 2).

2.3.1.3 Growing Season Length

The results of the Mann Kendall trend analysis for growing season length indicated that SOS and EOS have changed significantly ($\alpha=0.05$) across the region. SOS has advanced (i.e. spring is earlier) significantly in 25 watersheds by an average of 16.3 days. EOS has retreated (i.e. senescence is later in the year) by an average of 10.7 days and was significant at all watersheds (SI Table 3). The LOS, which averaged 179 days, increased significantly in 30 of the 31 sites, by an average of 22.2 days (Table 2).

Growing season length increases, as shown in the map of growing season changes from 1982-2012 (e.g. LOS 2012-LOS 1982) (Figure 1b) were greatest in the southern extent of the Ohio river basin, increasing by as much as 70 days in some areas. Watersheds in the Kanawha and northern Tennessee basins increased the least, with changes that ranged from 0-15 days in some areas (Figure 1b).

2.3.2 Question 2: What are the predictors of growing season length?

The first PCA analysis focused on the climate variables that potentially could be used in the mixed effect model for predicting growing season length, and the results were used to guide variable selection for the model. Four growing season length components were significant. Component 1, which explained 43% of the variance was characterized by an energy signature; component 2, which explained 25% of the variance, was characterized by a moisture availability

signature; component 3, which explained 8.5% of the variance, consisted of evaporative turbulence signature; and component 4, which explained 6.5% of the variance, consisted of an evaporative demand signature (SI Table 4). Maximum temperature was correlated with dew pressure temperature ($R^2=0.82$), potential evapotranspiration (0.85), and minimum temperature ($R^2=0.87$) therefore, potential evapotranspiration, dew pressure temperature, and minimum temperature were eliminated from the model since maximum temperature had a higher factor loading.

The PCA analysis identified eight variables that were potentially important inputs for the mixed effect model: maximum temperature, specific humidity, relative humidity, wind direction, wind speed, precipitation, solar radiation, and minimum vapor pressure deficit as fixed effects. The optimal effect structure included random intercepts and slopes around year and site (SI Table 4).

The final model of growing season length showed significant fixed effects at $\alpha=0.05$ for maximum temperature (p-value=0.008), minimum vapor pressure deficit (p-value=0.034), wind direction (p-value=0.024), and wind speed (p-value=0.02). Significant interactive effects included maximum relative humidity and specific humidity (p-value=0.024), maximum temperature and vapor pressure deficit (p-value=0.04), and vapor pressure deficit with wind speed (p-value: 0.017) (SI Table 5). Together, fixed and random effects explained 88.3% of total variance in growing season length with a conditional $R^2=0.88$. Fixed effects explained 7.7% of the overall variation with a marginal $R^2=0.077$. When predicting growing season changes with the evaluation dataset, the final model had an overall root mean square error and uncertainty value of ± 3.4 days.

2.3.3 Question 3: Does growing season length influence evapotranspiration?

The second PCA analysis focused on the variables that could potentially be used to identify ET controls. Four significant principle components were identified for ET. Component 1, which explained 35% of the variance, was characterized by an energy signature. Component 2 (20%), was characterized by a moisture availability signature. Component 3 (11%), was characterized by a growing season signature. Component 4 (8%) was characterized by an evaporative demand signature (SI Table 6).

Thus, the variables included in the mixed effect model were maximum temperature, specific humidity, relative humidity, LOS, wind speed and wind direction, as well as the random effects of year and site. The list excluded potential evapotranspiration because it was significantly correlated with maximum temperature, and the latter had a higher loading in the PCA. Similarly, SOS and EOS were also eliminated from the model, since these variables were significantly correlated with LOS, which had the highest loading (0.59) of the three variables.

The final mixed effects model identified relative humidity as a significant predictor of ET at $\alpha=0.1$ (p-value= 0.059, respectively). LOS was not a significant individual variable but the interaction of LOS with maximum temperature, maximum relative humidity, specific humidity, wind speed, wind direction, and solar radiation resulted in a more optimal model (SI Table 7). Together, fixed and random effects explained 85% of the total variance in ET (conditional $R^2=0.846$). Fixed effects explained 0.8% of the total variance (marginal $R^2=0.0081$). The final model had an overall root mean square error of 87.2 mm when predicting ET with evaluation data.

2.4 Discussion

2.4.1 Question 1: How has climate and growing season length changed?

Previous studies have shown that air temperatures in the mid- and south-Atlantic region of the US that includes the central Appalachian region have increased between 0.5 – 1.9°C, on average (Pitchford et al. 2011, Patterson et al. 2012). Higher air temperature increases the capacity of the atmosphere to hold water, theoretically leading to intensification of the hydrologic cycle in the form of accelerated rates of ET and P (Trenberth et al. 2007, Huntington 2010). Greater rates of ET occur in response to increasing atmospheric and evaporative demand including vapor pressure deficit, wind turbulence, and rainfall inputs. These ideas are summarized by the Clausius-Clapeyron relation (Figure 4), which states that with increasing temperatures, atmospheric water vapor exponentially increases by between 3.4%/K (Allen and Ingram 2002) and 7%/K (Held and Soden 2000), although there is debate about whether the water vapor increases associated with climate warming follows the higher or lower rate (Allen and Ingram 2002). Our results are theoretically consistent with the Clausius-Clapeyron relation, albeit at the lower slope ($4.095e^{0.03x}$), equivalent to 3.4%/K rather than 7%/K that has a slope of $2.56e^{0.06x}$ (Figure 4).

Increasing temperatures and water availability for tree growth over the study period from 1982-2012 have resulted in a lengthened growing season by ~22 days on average throughout the central Appalachian Mountains region. Greater change was observed in the spring (16 days) than the change during the senescence in the fall (10 days). Regional and local trends documented in previous studies corroborate this. SOS in the northeastern United States has increased by 13 days from 1982-2012 (0.44 days/year) (Wolfe et al. 2005, Hayhoe et al. 2006), while EOS across the eastern United States has retreated by 12.4 day from 1982-2012 (0.4 days/year) (Dragoni and Rahman 2012). In an earlier study of spring onset in the eastern United States, spring date advanced by 10 days from 1965-1980 (Fitzjarrald et al. 2001) and it is likely to continue into the future (see Hayhoe et al. (2006)). Therefore, it is important to understand the exact mechanisms behind changes in growing season length to increase confidence in prediction and modelling to maintain freshwater sustainability in temperate forest watersheds.

2.4.2 Question 2: What are the predictors of growing season length?

Our results at the landscape level are supported by controlled greenhouse experiments that employed canopy warming methods, which found that air temperatures alone under-predicts observational growing season responses (Wolkovich et al. 2012) and do not explain variations in growing season length due to climate change (Marchin et al. 2015). In general, our results show that a suite of climatic variables that include air temperature, vapor pressure deficit, wind, and humidity explain the greatest amount of variation in growing season length changes in the region. These factors were also shown to be important for vegetation growth in the Qing-Tibetan plateau in China (Hu et al. 2011, Shen et al. 2014). Atmospheric principles can theoretically explain this relationship in which temperatures and changing winds result in higher vapor pressure deficit and evaporative demand (Williams and Baeza 2007, Will et al. 2013), which subsequently increases atmospheric humidity, a process we collectively refer to as atmospheric water. From these results, we postulate that growing season length responds to temperature and atmospheric water through that Clausius Clapeyron relation, rather than temperature alone. This is consistent with climate chamber experiments which have shown that atmospheric water influences growing season changes via earlier bud burst under constant temperatures (Laube et al. 2014). Furthermore, statistical models with the inclusion of atmospheric water variables explained 27% more of the variation than models with temperature alone (temperature alone =

60% (Liang et al. 2012)), suggesting that there is an interactive effect of temperature and atmospheric humidity on growing season length.

We propose two possible explanations for growing season length responses to atmospheric water and other atmospheric properties: winter dehydration and carbohydrate storage cost/benefit. First, it has been suggested that in aboveground tissues (e.g. xylem), winter dehydration occurs in response to stable low air humidity during cold periods (Laube et al. 2014). Consequently, long cold/dry spells lead to greater dehydration and require higher spring humidity to reach tissue moisture for spring onset (Laube et al. 2014). Trees may detect the onset of growing season through higher minimum temperatures and spring humidity, and the subsequent rehydration of aboveground tissue. Vegetation response to humidity may alleviate the frost damages associated with variable changes in springtime minimum temperatures.

Second, we propose that plants respond to increased availability of resources including humidity, temperature, and solar radiation through a cost/benefit process. The greatest plant carbohydrate storage occurs during direct sunlight, high water content, and nutrient availability (Chapin et al. 1986a). Daily, short term, or seasonal fluctuations alter carbohydrate storage levels (Chapin et al. 1986b), with the lowest levels occurring during rapid growth and senescence (Chapin 1977). This is also the point when respiration and growth demands exceeds net carbon gains (Nelson and Dickson 1981). Since plants use carbohydrates acquired during photosynthesis before using stored reserves (Tromp 1969), senescence represents a point when the cost of using stores needed for spring growth outweighs limited carbon gains from photosynthesis (Estiarte and Peñuelas 2015). Plants therefore recycle available leaf nutrients back to storage organs (Titus and Kang 1982). However, a longer growing season with warmer temperatures, direct sunlight, and higher water availability increases the period of net carbon gains, therefore, allowing plants to uptake and store more nutrients for the following (earlier) spring growth period (Chapin III et al. 1990, Keenan and Richardson 2015, Manzoni et al. 2015).

Current research suggests that leaf out timing is very sensitive to springtime night-length and minimum temperatures (Saxe et al. 2001, Sakai and Larcher 2012). Our model did not account for the interaction between atmospheric water and minimum temperatures, because our model was developed using annual variables and could not capture the interannual variability. Our study therefore suggests that temperature and humidity work synergistically in annual growing season length changes, although inter-annual variations are likely to be important but

beyond the scope of our study. Future research should explore the importance of atmospheric water vapor in identifying inter-annual nuances of green-up and senescence. Current annual prediction models such as the Spring Indices model (Schwartz 1997), use temperature-based indices and are frequently used throughout the eastern United States (Schwartz 1997). Hayhoe et al. (2006)) used this model to predict growing season length changes throughout the northeast US. Future research should focus on developing a temperature and atmospheric water based index to use in growing season length prediction models (Richardson et al. 2012). Growing season prediction models provides data that allow managers and policy makers to prepare for future changes to watershed sustainability. Future temperature and specific humidity are projected to increase in coming decades (IPCC 2007), suggesting that single years with unusually high temperature and humidity conditions will potentially result in increasingly unpredictable growing season lengths (e.g. more variability), unreliable forest water cycling/water partitioning, greater long-term ET, and increased occurrences of drought.

2.4.3 Question 3: Does growing season length influence evapotranspiration?

The central Appalachian region is over 80% forested (Slayer 2014) and returns >40% of P back to the atmosphere as ET. In the southern Appalachia mountains in North Carolina, a one day increase in growing season increased ET by 4.3 mm (Hwang et al. 2014, Hwang et al. 2018, Kim et al. 2018), and in the eastern US, a one day increase in growing season increases ET by 0.2% (or approximately 1 mm/year) (White et al. 1999), as compared to a 0.5 mm increase in our study in central Appalachia. The smaller increase in ET in our study area could be due to reduced water use efficiency, ecosystem dynamics, and land use land cover (LULC) change. First, the effect of increased CO₂ concentration on water use efficiency is outweighed by a longer growing season (Warren et al. 2011). Second, it is also likely that ecosystem dynamics in the semi-dry, energy limited ecosystems do not always represent higher evapotranspiration at all times. Vegetation in these ecosystems have evolved preventative drought stress stomatal dynamics that can decouple the link between increased growing season and evapotranspiration change. Third, forest cover in the study area averages between 60 and 65%, with forests in some areas covering less than 50% and in other areas almost 100% (Figure 2). ET increases in the heavily forested areas in sites with high forest cover was likely averaged out with calculating whole watershed scale ET. A one day growing season increase in watersheds that had greater

than 65% forest cover averaged around 0.78 mm/one day growing season increase (not shown), suggesting that the agricultural regions reduced ET cycling signals upwards of 0.28 mm/growing season day. Eight watersheds are more than 30% hay/pasture/agricultural, which is also likely to increase water yield given the occurrences of more intense rainstorms following hydrologic intensification (Huntington and Billmire 2014). Furthermore, any LULC changes, such as deforestation that has occurred from 1982-2012 could mitigate increasing ET signals due to reduced ET cycling in agricultural and urban centers. Therefore, while the lengthened growing season may at least partially influence evapotranspiration trends throughout the central Appalachian region, the intensity of the interaction between growing season and evapotranspiration may vary annually based on water supply conditions. Nevertheless, this analysis gives an indication of a range of potential ET rates (e.g. 0.5 to 4.3 mm) that can occur with a one-day growing season increase in temperate forests.

ET will likely continue to increase in the future, as growing season length continues to increase, having important implications for forested ecosystems that provide clean and stable water to downstream communities. Higher ET has the potential to lead to reduced plant water content, reduced soil moisture, greater incidences of droughts, and decreased long-term water supply to downstream communities. Based on our results, we suggest that scientists implement humidity-based growing season properties such as SOS, EOS, and/or LOS into ET and Q prediction models. Although ET in many large-scale models implicitly react to the atmospheric conditions that drive growing season, an explicit representation of humidity based growing season properties could improve the models. The Lund–Potsdam–Jena managed Land (LPJmL) large scale hydrological model (Bondeau et al. 2007), for example, incorporates phenology and other vegetation characteristics allowing for a dynamic growing season representation (Bondeau et al. 2007). However, this may also bring an additional source of uncertainty to Q and ET predictions (Haddeland et al. 2011). Given this assumption, we suggest that models update processing to allow for optional inclusion of phenology and humidity indices, to provide a more accurate prediction of Q and ET for maintaining sustainable forests and freshwater resources.

2.5. Conclusions and Future Directions

To understand the role of forests in provisioning water under changing climate, this research determined historical changes in climate, growing season, and ET, investigated the

important atmospheric variables effecting growing season length changes, and identified the interaction growing season and evapotranspiration variables. Historical annual growing season length has increased by an average of 22 days while annual ET increased by 12.7 mm across the central Appalachian region of the United States.

Current research suggests that temperature (Morin et al. 2010, Dragoni and Rahman 2012) and photoperiod alone (Bauerle et al. 2012) are the primary indicators of spring. In general, our results show that multiple climatic variables including temperature, vapor pressure deficit, wind, and humidity are important factors effecting growing season length changes. We postulated that these variables interact synergistically to increase atmospheric water and growing season length through the Clausius-Clapeyron relation. Additionally, over 30 years, a 1.0 day increase in growing season length has generally increased ET by up to 0.5 mm, suggesting that longer growing season may partially influence evapotranspiration trends.

Our research provides important insight into the atmospheric processes responsible for phenology trends and the interaction between climate change induced growing season length and forest ET in eastern US temperate forests. These results will provide important insights for modeling future growing season length and hydrology through the addition of an explicit humidity-based index in current models. The results of this research are likely applicable to temperate forests around the globe that provide potentially valuable information to water resource managers for maintaining watershed sustainability in water-stressed large global population centers reliant on headwater basins for drinking water and other ecosystem services.

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TABLES

Table 1: Summary table for all variables and acronyms

Variable	Acronym
Precipitation	P
Evapotranspiration	ET
Specific humidity	sph
Average annual maximum temperature	tmax
Average annual minimum temperature	tmin
Average annual maximum humidity	rmax
Average annual minimum relative humidity	rmin
Solar radiation	srad
Dew pressure temperature	DPT
Potential evapotranspiration	PET
Wind direction	th
Wind speed	vs
Maximum vapor pressure deficit	vpdmax
Minimum vapor pressure deficit	vpdmin
Runoff	Q
Start of season	SOS
End of season	EOS
Length of season	LOS

Table 2: Mann Kendal trend table and total change over 31 years for the 31 watersheds in the central Appalachian region. Watershed Identifiers represents each watershed within the five basins, shown in Figure 1. Station number and station name refer to USGS stream gauge identifiers. Bold represents significance at the 0.05 level and bold+italics represents significance at the 0.01 level.

Watershed Identifier	tmax (°C)	sph (g/kg)	rmax (%)	srad (mW/m ²)	^A . LOS (days)	th (°clock-wise from north)	vs (m/s)	ET (mm)	vpdmin (hPa)
1M	0.04	0.08	-2.37	1.41	24.31	6.72	0.078	7.66	-0.008
2M	0.11	0.02	-2.55	1.61	23.17	8.84	0.097	27.60	0.002
3M	-0.02	0.17	0.34	1.83	28.18	6.51	0.101	32.52	-0.007
4M	0.12	0.04	-2.47	1.48	28.18	7.90	0.099	2.02	-0.004
5M	0.08	0.11	-1.33	1.78	31.14	7.53	0.085	19.88	-0.004
1O	0.11	0.29	-1.65	4.45	22.58	12.64	0.098	-2.01	-0.011
2O	0.16	0.25	-1.83	3.30	23.94	5.73	0.126	9.62	-0.009
1K	-0.12	0.08	-1.80	1.06	5.47	14.29	0.109	3.43	0.001
2K	-0.27	0.09	-1.91	0.71	16.74	14.36	0.112	31.20	0.000
3K	-0.31	-0.13	-2.30	1.03	25.36	17.98	0.156	6.21	0.001
4K	0.24	0.29	-0.26	3.26	24.55	13.82	0.097	17.94	-0.007
5K	0.29	0.16	-1.37	0.39	24.20	20.38	0.151	17.83	0.005
6K	0.02	-0.03	-2.00	0.61	19.45	19.79	0.146	14.39	0.001
7K	0.19	0.19	1.56	0.77	19.73	23.81	0.171	11.46	-0.002
1T	0.05	0.57	1.75	4.55	17.28	14.46	0.099	15.27	-0.004
2T	0.36	0.30	-1.21	7.36	11.67	13.94	0.052	18.33	0.011
3T	0.42	0.30	-0.88	6.25	16.68	13.01	0.074	42.07	0.000
4T	0.23	0.25	-1.52	3.96	13.56	37.47	0.043	-5.99	0.010
1P	0.27	0.01	-2.46	2.91	24.80	17.71	0.147	30.32	-0.012
2P	0.18	0.07	-1.85	3.95	23.67	15.96	0.149	15.22	-0.011
3P	0.25	0.20	-0.95	4.84	25.83	20.76	0.170	8.00	-0.004
4P	0.08	0.08	-1.95	2.18	28.22	10.84	0.098	12.36	-0.013
5P	0.10	0.22	-0.74	6.91	17.27	19.97	0.169	5.88	-0.022
6P	0.13	0.10	-1.41	4.04	26.57	17.69	0.133	5.83	-0.011
7P	0.27	0.27	-0.44	4.78	24.58	19.80	0.146	-2.49	-0.007
8P	0.40	0.28	-0.77	5.95	26.76	18.21	0.170	8.66	-0.002
9P	0.06	0.07	-1.39	3.19	23.58	14.08	0.137	8.66	-0.014
10P	0.36	0.21	-0.57	6.32	24.06	18.18	0.163	11.62	-0.012
11P	0.17	0.20	-0.88	6.25	15.19	28.95	0.168	8.37	-0.016
12P	N/A	0.08	-0.64	3.24	17.17	12.05	0.056	3.21	-0.013
13P	0.03	0.16	-1.79	4.03	18.53	14.06	0.040	9.48	-0.007
average	0.1	0.2	-1.2	3.4	21.7	15.72	0.12	12.7	-0.005
significant average	NA	0.6	-2.18	5.7	22.2	15.72	0.15	22.0	-0.008

^A. Length of growing season (LOS) calculated as SOS-EOS, at 50% canopy.

*Table only includes variables included in later analysis

Fig. 2.1 A. Location of the study region in the central Appalachian Mountains region of the eastern USA. B. Study Area depicting the conceptual change in growing season length from 1982 and 2012 (e.g. LOS in 2012 – LOS in 1982). Green regions represent minimal change between the two years (0-15 days) while red represents maximum change (60-70 days). The dashed lines depict basin boundaries Potomac (P), Monongahela (M), Ohio (O), Kanawha (K), and Tennessee (T). The solid lines outline the 31 watersheds, and the identifiers label the basin followed by an HCDN (Slack and Landwehr 1992) watershed number from 1 to n.

Fig 2.2 Land Cover composition depicting proportion agriculture, developed, and forest for the 31 watersheds based on 2011 NLCD land cover analysis throughout the central Appalachian region. Forests include deciduous, evergreen, and mixed forests, developed includes open space, barren land, low, medium, and high intensity development, and agriculture includes herbaceous, hay/pasture, and cultivated crops.

Fig 2.3 Figure depicting the process for extracting phenology variables from time series of NDVI data using the program TIMESAT. Gray lines represent NDVI data, the black line represents the smoothed timesat vegetation signal, the gray dots represent 50% canopy at start (SOS) and end of season (EOS), LOS represents the difference between EOS and SOS.

Fig 2.4 Exponential relationship between long-term (1982-2012) annual temperature and specific humidity for 31 watersheds located in the central Appalachian Mountains region. The relationship is exponential, following the theoretical Clausius-Clapeyron relationship (Held and Soden 2006). The relationship states that atmospheric water vapor will exponentially increase with air temperature by 3.4% to 7%/°K (or a slope of $2.45e^{0.06}$) (Held and Soden 2000), though the observed relationship has a slope ($y = 4.095e^{0.03}$) closer to the lower end of the rates proposed (3.4%/°K) (Allen and Ingram 2002)

SUPPLEMENTAL MATERIAL

S 1: Table of the 31 HCDN watersheds used to study climate and growing season changes in the central Appalachian Region. Study watershed identifiers uniquely classify USGS gauging stations used in this study and corresponds to the Identifier in Figure 1. Station number and station name refer to USGS stream gauge identifiers, and area refers to area upstream of the USGS gauge.

Watershed and Basin Identifier	Basin	Station Number	Station Name	Area (km ²)
1M	Monongahela	3078000	Casselman River at Grantsville, MD	163
2M	Monongahela	3061000	West Fork River at Enterprise, WV	1966
3M	Monongahela	3075500	Youghiogheny River near Oakland, MD	347
4M	Monongahela	3080000	Laurel Hill Creek at Ursina, PA	313
5M	Monongahela	3069500	Cheat River near Parsons, WV	1860
1O	Ohio	3102500	Little Shenango River at Greenville, PA	269
2O	Ohio	3109500	Little Beaver Creek near East Liverpool, OH	1285
7K	Kanawha	3175500	Wolf Creek near Narrows, VA	578
1K	Kanawha	3180500	Greenbrier River at Durbin, WV	344
2K	Kanawha	3186500	Williams River at Dyer, WV	332
3K	Kanawha	3187500	Cranberry River near Richwood, WV	208
4K	Kanawha	3198500	Big Coal River at Ashford, WV	1013
5K	Kanawha	3179000	Bluestone River at Durbin, WV	1020
6K	Kanawha	3183500	Greenbrier River at Alderson, WV	3533
1T	Tennessee	348800	North Fork Holston River near Saltsville, VA	575
2T	Tennessee	3528000	Clinch River above Tazewell, TN	3818
3T	Tennessee	3497300	Little River above Townsend, TN	275
4T	Tennessee	3500000	Little Tennessee River near Pretniss, NC	363
1P	Potomac	1601500	Wills Creek near Cumberland, MD	640
2P	Potomac	1610000	Potomac River near Great Cacapon, WV	8052
3P	Potomac	1611500	Cacapon River near Great Cacapon, WV	1753
4P	Potomac	1604500	Patterson Creek near Headsville, VA	567
5P	Potomac	1643500	Bennett Creek at Park Mills, MD	163
6P	Potomac	1608500	South Branch Potomac River near Springfield, WV	3810
7P	Potomac	1614500	Conococheague Creek and Fairview, MD	1279
8P	Potomac	1617800	Marsh Run at Grimes, MD	49
9P	Potomac	1595000	North Branch Potomac River at Steyer, MD	189
10P	Potomac	1637500	Catoctin Creek near Middletown, MD	173
11P	Potomac	1644000	Goose Creek near Leesburg, VA	860
12P	Potomac	1632000	North Fork Shenandoah River at Cootes Store, VA	544
13P	Potomac	1634500	Cedar Creek near Winchester, VA	1989

S 2: Climate, hydrology, and phenological datasets used in this study.

Variable	Dataset	Temporal Range	Spatial Resolution	Units	References
Normalized Difference Vegetation Index (NDVI)	GIMMS NOAA AVHRR	1981-2000	~8 km x 8 km	days	Tucker et al. (2005)
	NASA MODIS	2000-2012	250 m x 250 m	days	Huete et al. (2002)
Maximum and minimum Temperature	MetData	1979-2015	4-km by 4-km	°C	Abatzoglou (2013)
Precipitation	MetData	1979-2015	4-km by 4-km	mm	
Potential evapotranspiration	MetData	1979-2015	4-km by 4-km	mm	
Maximum and minimum relative humidity	MetData	1979-2015	4-km by 4-km	%	
Specific humidity	MetData	1979-2015	4-km by 4-km	g/kg	
Solar radiation	MetData	1979-2015	4-km by 4-km	Watts/m ²	
Wind direction	MetData	1979-2015	4-km by 4-km	degrees clockwise from north	
Vapor pressure deficit	PRISM	1979-2015	4-km by 4-km	hPa	Daly et al. (1997)
Dew point temperature	PRISM	1979-2016	4-km by 4-km	°C	
Streamflow/Runoff	USGS HCDN	1982-2012	N/A	mm	Slack et al. (1992)
Actual evapotranspiration	N/A	1982-2012	N/A	mm	N/A

S 3: Mann Kendal trend table and total change over 31 years for the 31 watersheds in the central Appalachian region. Watershed Identifiers represents each watershed within the five basins, shown in Figure 1. Station number and station name refer to USGS stream gauge identifiers. Bold represents significance at the 0.05 level and bold+italics represents significance at the 0.01 level.

USGS gageID	DPT (C)	Tmin (C)	Prec. (mm)	Q (mm)	Rhn_mi n. (%)	PET (mm)	EOS (days)	SOS (days)	Vpdmin (hPA)
3061000	0.38	0.21	63.27	-42.44	0.04	51.83	<i>10.54</i>	<i>-7.69</i>	0.00
3069500	0.24	0.22	36.57	31.15	0.21	42.15	<i>14.88</i>	<i>-12.68</i>	0.00
3075500	0.22	0.05	61.60	-17.28	1.16	12.40	<i>10.23</i>	<i>-14.39</i>	-0.01
3078000	0.18	0.22	13.92	61.63	-0.17	48.47	<i>11.47</i>	<i>-7.85</i>	-0.01
3080000	0.30	0.24	15.90	76.72	-0.01	49.11	<i>12.09</i>	-8.15	0.00
3102500	0.39	0.41	57.93	121.39	1.60	33.55	<i>12.4</i>	<i>-7.31</i>	-0.01
3109500	0.33	0.32	79.04	76.40	1.30	54.74	<i>11.47</i>	<i>-7.94</i>	-0.01
3175500	0.18	0.07	26.92	1.12	0.60	31.45	<i>8.06</i>	<i>-5.87</i>	0.00
3179000	0.13	0.17	66.06	7.80	0.20	39.07	<i>11.78</i>	<i>-7.91</i>	0.01
3180500	0.43	0.21	-8.30	-37.24	0.97	8.30	0	-5.17	0.00
3183500	0.38	0.13	4.95	-50.36	-0.53	40.84	<i>9.92</i>	<i>-4.69</i>	0.00
3186500	0.37	0.25	88.21	-25.34	2.28	10.43	<i>8.99</i>	<i>-5.68</i>	0.00
3187500	0.44	0.21	14.25	-9.79	0.00	42.00	<i>10.23</i>	<i>-9.12</i>	0.00
3198500	0.39	0.24	112.61	25.33	2.13	29.96	<i>12.09</i>	<i>-11.81</i>	-0.01
3488000	0.46	0.17	81.37	-5.43	2.62	6.39	<i>8.68</i>	<i>-6.82</i>	0.00
3497300	0.29	0.21	54.63	-28.76	0.00	41.56	<i>8.37</i>	<i>-6.33</i>	0.00
3500000	0.07	0.15	-168.48	-76.64	0.31	37.81	<i>8.99</i>	-4.65	<i>0.01</i>
3528000	0.23	0.23	85.42	-1.00	0.65	57.55	<i>7.44</i>	-4.77	<i>0.01</i>
1595000	0.41	0.14	11.74	5.60	-0.84	46.78	<i>13.02</i>	<i>-5.50</i>	-0.01
1601500	0.46	0.25	53.09	-28.89	-0.94	64.92	<i>13.95</i>	<i>-9.69</i>	-0.01
1604500	0.37	0.15	40.71	-8.22	-0.25	48.34	<i>15.19</i>	<i>-10.03</i>	-0.01
1608500	0.46	0.20	19.22	-1.24	-0.39	49.07	<i>13.95</i>	<i>-10.52</i>	-0.01
1610000	0.48	0.23	25.50	-18.24	-0.66	53.92	<i>10.85</i>	<i>-8.88</i>	-0.01
1611500	0.42	0.26	44.94	11.50	0.03	52.54	<i>15.5</i>	<i>-5.17</i>	0.00
1614500	0.53	0.22	32.44	101.04	0.04	49.31	<i>15.5</i>	<i>-6.84</i>	-0.01
1617800	0.38	0.24	55.01	52.30	0.32	59.14	<i>13.95</i>	<i>-7.53</i>	0.00
1632000	0.50	0.12	-7.74	6.99	-0.34	29.10	<i>10.85</i>	-4.04	-0.01
1634500	0.68	0.24	-7.99	-68.47	0.10	38.69	<i>11.78</i>	<i>-21.18</i>	-0.01
1637500	0.38	0.14	48.22	38.58	-0.09	60.82	<i>13.64</i>	<i>-7.18</i>	-0.01
1643500	0.37	0.12	37.78	24.26	0.22	53.59	<i>12.4</i>	-3.95	-0.02
1644000	0.56	0.21	8.20	-40.30	0.16	52.52	<i>-6.46</i>	-	-0.02
average	0.4	0.2	33.8	5.9	0.3	42.3	10.7	-16.3	0.0

S 4: Factor loadings for the Principle Component Analysis used to reduce dimensionality of growing season length variables. Growing season length related variables with Eigen vectors >1 and factor loadings significantly contributing (i.e. factor loadings rounding to $\geq|0.4|$) are shown.

Loadings:	Comp 1	Comp 2	Comp 3	Comp 4
tmax	-0.38			
sph		-0.45		
rmax		-0.37		-0.46
P				0.48
th			-0.57	0.4
vs			-0.49	
srad			-0.44	
rmin				
vpdmin				0.4
Q				
DPT		-0.373		
vpdmax				
tmin	-0.35			
PET	-0.36			

maximum temperature [tmax], specific humidity [sph], maximum relative humidity [rmax], precipitation [P], wind direction [th], wind speed [vs], solar radiation [srad], minimum relative humidity [rmin], minimum vapor pressure deficit [vpdmin], runoff [Q], dew pressure temperature [DPT], maximum vapor pressure deficit [vpdmax], annual minimum temperature [tmin], potential evapotranspiration [PET]

S 5: Best supported mixed effects model parameter estimates based on PCA for identifying important climatic variables effecting mean annual growing season change over the 31 watersheds evaluated in this study.

Parameters	Variance	SD	Estimate	SE	t-value	p-value
Fixed Effects						
Intercept	-	-	179.4	1.7	104.6	<0.001
tmax	-	-	3.7	0.9	4.0	0.008
vpdmin	-	-	-0.7	33.0	-2.0	0.034
th	-	-	-1.3	0.6	-2.200	0.024
vs	-	-	2.5	0.9	2.3	0.020
tmax:vpdmin	-	-	-0.6	0.3	1.9	0.040
rmax:sph	-	-	-0.7	0.3	-2.2	0.024
vpdmin:vs	-	-	0.8	0.3	2.4	0.017
Random Effects						
year	66.1	8133.0	-	-	-	-
site	21.2	4.6	-	-	-	-
rmax year	2.1	1.5	-	-	-	-
th year	2.7	1.6	-	-	-	-
srad year		3.2	1.8	-	-	-
vs year		1.5	1.2	-	-	-

SD= standard deviation; SE= standard error; tmax= maximum temperature; vpdmin= minimum vapor pressure deficit; th= wind direction; vs=wind speed; sph= specific humidity; rmax= maximum relative humidity; srad=solar radiation;. The interactions between fixed effects are represented as a colon (e.g. :) and the interaction between a fixed effect and a random effect is represented as a vertical bar (e.g. |)

Model: tmax + vpdmin + th + vs + 1|site + 1|year + rmax|year + th|year + srad|year + vs|year + tmax|vpdmin + rmax|sph + vpdmin|vs

S 6: Factor Loadings for the Principle Component Analysis used to reduce dimensionality of evapotranspiration variables. Evapotranspiration related variables with Eigen vectors >1 and factor loadings significantly contributing (i.e. factor loadings rounding to $\geq|0.4|$) are shown.

Loading	Comp 1	Comp 2	Comp 3	Comp 4
tmax	-0.37			
sph		-0.39		
rmax		-0.35		
vpdmin				
th				-0.56
srad				-0.35
Q				
DPT				
vpdmax				
tmin				
PET	-0.35			
P				
vs				-0.38
rmin				
SOS			-0.35	
EOS			0.52	
LOS			-0.58	

maximum temperature [tmax], specific humidity [sph], maximum relative humidity [rmax], minimum vapor pressure deficit [vpdmin], wind direction [th], solar radiation [srad], runoff [Q], dew pressure temperature [DPT], maximum vapor pressure deficit [vpdmax], minimum temperature [tmin], potential evapotranspiration [PET], precipitation [P], wind speed [vs], minimum relative humidity [rmin], start of season [SOS], end of season [EOS], length of season [LOS]

S 7: Best supported mixed effects model parameter estimates based on PCA for identifying the interaction of growing season length and mean annual evapotranspiration over the 31 watersheds evaluated in this study.

Parameters	Variance	std. deviation	Estimate	Std. Error	t-value	p-value
Fixed Effects						
Intercept	-	-	604.16	37.09	16.29	<0.0001
tmax	-	-	16.46	19.5	0.84	>0.1
rmax	-	-	15.96	9.66	1.65	0.05
sph	-	-	-7.55	7.36	-1.03	>0.1
vs	-	-	4.59	21.69	0.212	>0.1
th	-	-	0.41	5.18	0.081	>0.1
srad	-	-	6.46	10.69	0.604	>0.1
tmax:LOS	-	-	-2.63	7.69	-0.342	>0.1
rmax:LOS	-	-	3.54	5.03	0.704	>0.1
sph:LOS	-	-	-6.97	6.49	-1.07	>0.1
vs:LOS	-	-	-6.01	5.911	-1.016	>0.1
th:LOS	-	-	-0.5	5.26	-0.096	>0.1
srad:LOS	-	-	-0.09	5.6	-0.016	>0.1
Random Effects						
year	1194	95.55	-	-	-	-
site	38554	196.35	-	-	-	-
vs site	2540	50.4	-	-	-	-
tmax site	3958	62.91	-	-	-	-

SD=standard deviation; SE= standard error; tmax= maximum temperature; vpdmin=minimum vapor pressure deficit; sph=specific humidity; vs=wind speed; LOS= length of season;. The interactions between fixed effects are represented as a colon (e.g. :) and the interaction between a fixed effect and a random effect is represented as a vertical bar (e.g. |)

Model =tmax + rmax + sph + vs + th + srad +1|site + 1|year + vs|sites + tmax|sites + LOS|tmax + rmax|LOS + sph|LOS + vs|LOS + th|LOS +srad|LOS

Gaertner, B. Zegre, N. Fernandez, R. 2018. Spatial variations in streamflow sensitivity to climate change: Implications for water resources management in the central Appalachian Mountains region, USA. *Water*.

Abstract

This study quantified long-term historical and future climate trends, evaluated water balance sensitivity to change, and quantified future runoff for catchments located throughout the central Appalachian Mountains regions of the eastern USA. Long-term historical precipitation (P), potential evapotranspiration (PET), and evapotranspiration (ET) were implemented in a Budyko-based sensitivity hydrologic model to determine watershed sensitivity to changing energy and water inputs. Long-term future streamflow was modeled based on derived sensitivity coefficients and future PET and P. The results showed that streamflow sensitivity increased with decreasing precipitation throughout the region. Future runoff is projected to increase between 9-17% throughout the region, with runoff increasing with increasing P, which generally followed the rain shadow pattern of the prevail westerly winds, with the lowest sensitivity along the Appalachian mountain spine and increasing sensitivity with increasing distance from the mountains. The sensitivity coefficients throughout the regions were also controlled by other climate and landscape characteristics including forest cover, P inputs, and soil moisture holding capacity. Watershed sensitivity and future increasing P is expected to result in increasing runoff, which has important implications for infrastructure, energy, and ecosystem service supply. We discuss preventative forest management measures to minimize future water resource concerns and maintain stable drinking water supplies to downstream communities.

3.1 INTRODUCTION

Forested headwater catchments play a critical role in freshwater provisioning but climate change and human modifications of land cover affect water resources availability by altering the amount of precipitation (P) partitioned into runoff (Q), evapotranspiration (ET), and storage (S) (DeWalle et al. 2000, Post and Jones 2001, Jones and Post 2004, Creed et al. 2011, Creed et al. 2014). Human activities that alter forest cover can complicate, mitigate, and potentially counteract climate change effects on streamflow (Jones 2011, Patterson et al. 2013, Creed et al. 2014), leading to variations in water yield. Changing annual water yields have been observed in

headwater temperate forest biomes throughout North America (Campbell et al. 2011, Wang and Hejazi 2011, Jones et al. 2012). The effects of climate warming on Q derived from headwater catchments is of great to resource managers and decisions-makers given their importance in provisioning fresh water supplies for downstream population centers (Viviroli and Weingartner 2004, Viviroli et al. 2007). One such headwaters region is the central Appalachian Mountains region located in the eastern United States, an area which provides drinking water resources (Dudley and Stolton 2003) to downstream metropolitan areas such as Washington D.C., Pittsburgh (PA), and Cincinnati (OH). Despite the importance of the central Appalachian region for provisioning fresh water to approximately 9% of the U.S. population (U.S. Census Bureau 2009), the sensitivity of streamflow (Q) to changes in climate is largely unknown. It is critical to understand the sensitivity of forested catchments to climate change in order to develop policies and practices that ensure future water availability and sustainability (Bates et al. 2008).

Streamflow from forested catchments is sensitive to changes that alter the proportion of P partitioned into Q and ET such as land use/land cover change, changes in growing season length, and climate change (Campbell et al. 2011, Caldwell et al. 2012). Human activities such as forest harvesting and conversion of forests to agriculture can increase runoff by reducing canopy interception and ET (Eagleson 1978, Gardner 1983, Canadell et al. 1996, Jones and Post 2004). On the other hand, increases in forest growing season length due a warming climate can increase ET and subsequently decrease Q . In the central Appalachian region, for example, growing season length has increased on average by 22 days since 1980 (Gaertner et al. 2019), increasing ET by 0.5-4.3 mm per year (Hwang et al. 2014, Hwang et al. 2018). Increased ET due to a longer growing season length has the potential to reduce streamflow (Jones et al. 2012, Patterson et al. 2013, Kim et al. 2018). Globally, increasing air temperatures have resulted in a greater ET and P through intensification of the water cycle (Huntington 2010), leading to humid regions becoming wetter and arid regions becoming drier (Chou et al. 2009). In some regions of the USA, increases in Q have followed increases in P (Lins and Slack 1999, Krakauer and Fung 2008) while other regions throughout the nation have experienced greater occurrences of drought (Andreadis and Lettenmaier 2006).

Approaches for analyzing the impacts of climate change and land use on Q generally fall into three categories: empirical statistics, climate elasticity models that include Budyko-based approaches, and hydrologic modeling. Empirical statistics establish a relationship between

climate variable(s) of interest, usually P and Q, thus requiring long term hydro-meteorological data to capture long-term variations (Wu et al. 2017). Approaches include regression, time series/trend analyses, or the double-mass curve method (Gao et al. 2011, Zhao et al. 2014). Empirical models often are the easiest to implement but do not necessary produce reliable streamflow estimates (Wu et al. 2017). Elasticity models have an intermediate model complexity and are frequently based on the Budyko framework (Budyko 1961, Schaake 1990, Sankarasubramanian and Vogel 2003). The Budyko framework uses physically based principles to quantify the relationship between P, ET, and PET to describe how catchments partition P into Q and E. Budyko approaches require long-term historical P, ET, and PET data and often include a parameter to account for landscape controls on ET (Fu 1981, Choudhury 1999, Padrón et al. 2017). Hydrologic modelling uses complex hydrologic models often forced with climate, land cover, soils, and topography data to simulate the hydrologic cycle. Application of hydrologic modelling is most limiting given the large data requirements, calibration, and validation. Elasticity and hydrologic modelling methods generally produce similar estimates to observed streamflow (Roderick and Farquhar 2011, Wang 2014)

Budyko-based approaches are simple, have few data requirements, and explicitly consider large-scale drivers of the water and energy balance. The Budyko framework (Budyko 1974, Milly 1994, Sankarasubramanian et al. 2001) implies that the long-term average ratio of ET to mean annual P is primarily controlled by the long-term average ratio of maximum E (potential E) to mean annual P. Budyko (1974) showed that ET is limited by energy demand and water availability. The relationship is displayed on a theoretical curve in Budyko space as the ratio of long-term potential evapotranspiration to precipitation (PET/P , dryness index), versus the ratio of long-term actual evapotranspiration (ET/P , evaporative index) to precipitation. Catchments with $PET/P > 1$ are categorized as being water limited, while basins with $PET/P < 1$ are classified as energy limited (Figure 2).

Budyko-based hydrology models are frequently used to for elasticity studies that quantify the effects of non-climatic factors (Wang 2014). There are two predominant approaches to elasticity models. The first quantifies relative streamflow change in response to climate and human change by determining the relationship between long-term average PET , P , ET , and Q (Sankarasubramanian et al. 2001, Tomer and Schilling 2009). The second quantifies streamflow response to changing climate and land use based on a step shift in climate and human activity

(Roderick and Farquhar 2011, Wang and Hejazi 2011, Zeng et al. 2014). The second technique has several applications. First, it has been used to quantify the proportion of streamflow change due to climate and human factors (Patterson et al. 2013). Second it has been used to quantify the sensitivity of streamflow based on a shift in long-term climate (P, PET) and the land use parameter, n (Ma et al. 2010, Roderick and Farquhar 2011). The sensitivity method can also be used to assess future streamflow based on climate projections (Roderick and Farquhar 2011).

Here we use Roderick and Farquhar (2011) to (1) assess the sensitivity of Q from relatively undisturbed forested catchment in the central Appalachian region and (2) quantify future streamflow response to future changes in climate. Specifically, we quantified spatial and temporal sensitivity to historic and future changes in changing water and energy availability. Understanding the sensitivity of streamflow of the region to future climatic changes can provide valuable insight into forest and water resources management in order to protect the reliability of fresh water resources for downstream population centers. Our objectives for this study were to:

1. Quantify long-term historic and future climate and water balance changes throughout the central Appalachian Mountains region.
2. Assess historical streamflow sensitivity to changes in climate and catchment factors
3. Quantify streamflow sensitivity to future changes in climate

3.2 METHODOLOGY

3.2.1. *Data*

Mean daily streamflow data was extracted for 31 catchments located across 5 dominant river basins in the central Appalachian Mountains region (Figure 1): the Monongahela, Upper Ohio, Kanawha, and Tennessee River, which drain west to the Mississippi River and Gulf of Mexico, and the Potomac River, which drains east to Washington D.C. and the Chesapeake Bay. This approximately 125,000 km² region is greater than 80% forested (Slayer 2014) and spans 5 states: West Virginia (WV), parts of Virginia (VA), North Carolina (NC), Maryland (MD), and Tennessee (TN) (ARC 1970). The catchments examined in this study were selected based on their inclusion in the U.S. Geological Survey Hydro-Climatic Data Network (HCDN) (Slack and Landwehr 1992) which consists of Q station data for minimally impacted catchments (<10% human influence such as reservoirs, diversion, land use change, or severe ground-water pumping) catchments (J.R. Slack 2006). The 31 HCDN catchments cover approximately 39% of

the total area of the five river basins, with seven catchments in the Kanawha basin, five watersheds in the Monongahela basin, two watersheds in the Ohio basin, thirteen watersheds in the Potomac Basin, and four watersheds in the Tennessee basin (Figure 1). The original HCDN dataset covered the time period of 1974-1988 that was extended by extracting Q data from the USGS historical water dataset (<http://waterdata.usgs.gov>) from 1965-2005 using the R package Retrieval (RCore 2014). Regional land cover analysis using the most recent (2011) National Land Cover Database (NLCD) (Homer et al. 2015) dataset was used to confirm that the catchments continued to be minimally impacted during the extended analysis period beyond the original NLCD period. Q data were normalized by area, converted to millimeters per year, and averaged to annual values based on the USGS water-year (October 1 – September 31).

Air temperature and P were extracted from the Multivariate Adaptive Constructed Analogs version 2 (MACAv2-METDATA) dataset (Abatzoglou and Brown 2012). MACA data are downscaled and bias corrected from Global Climate Models (GCMs) to a higher spatial resolution of 4 km² using a non-parametric-quantile-mapping and constructed Analogs method (see Abatzoglou and Brown (2012) and Fernandez and Zegre (2019) (in review), for more information). In this study, 17 different GCM models included in the MACA dataset were used to create ensemble climate data for the historical (1965-2005) period and a future (2070-2099) period using RCP 4.5 and RCP 8.5 (Meinshausen et al. 2011). RCP 4.5 represents a lower greenhouse gas emission that peaks in 2040 then declines (Meinshausen et al. 2011), while in RCP 8.5, greenhouse gas emissions continue to rise throughout the 21st century. Historical and future potential evapotranspiration (PET) was calculated for the region by (Fernandez and Zegre 2019) using Penman-Montieth (Penman 1948) forced with the regional MACA dataset.

ET was estimated using the water year annual balance $ET = P - Q + \Delta S$, where P is long-term precipitation, Q is long-term streamflow, and ΔS is watershed storage, which is assumed to approach zero over a long time period. The historical data period was split into two 20-year time periods with equal intervals; 1965-1985 and 1985-2005.

3.2.2. *Quantifying climate and water balance changes*

The Mann-Kendall statistical test, commonly used in hydrometeorological studies (Yue et al. 2002) was used to assess monotonic trends in historical annual climate (PET) and water balance components (P, ET, Q) using the R package trend (RCore 2014). The slope of trends

were calculated using the Sen slope (Sen 1968), which is calculated as the median of all possible pair wise slopes. Statistical significance was assessed at $\alpha=0.10$.

Quantifying streamflow sensitivity to climate change and catchment parameters

Streamflow sensitivity to climate change and landscape characteristics was calculated following Choudhury (1999)'s realization of the Budyko equation:

$$ET = \frac{ET * PET}{(P^n + PET^n)^{1/n}} \quad \text{Equation 1}$$

where ET is long-term evapotranspiration, PET is long-term potential evapotranspiration, P is long-term precipitation (mm), and n is a dimensionless catchment-specific parameter that modifies the partitioning of P between Q and E (Figure 2). The n -parameter is based on unique watershed characteristics such as soil properties (Donohue et al. 2012), vegetation cover (Li et al. 2013), and slope (Xu et al. 2013, Padrón et al. 2017) (Figure 2).

The formulation of equation 1 was used to quantify the change in E due to changes in climate (P , PET) and catchment properties (n) Roderick and Farquhar (2011).

$$dE = \frac{\partial E}{\partial P} dP + \frac{\partial E}{\partial PET} dPET + \frac{\partial E}{\partial n} dn \quad \text{Equation 2}$$

Where $\partial E / \partial P$ represents the theoretical sensitivity of streamflow to changes in precipitation, $\partial E / \partial PET$ represents the sensitivity of streamflow to changes in energy (PET), and $\partial E / \partial n$ represents the change in Q following a change in watershed characteristics. An increase in $\partial E / \partial P$ will increase Q , while an increase in $\partial E / \partial PET$ and $\partial E / \partial n$ will decrease Q . For example, if $\partial E / \partial P$ is 2.6, then a 10% increase in P will yield a 26% increase in Q (Roderick and Farquhar 2011).

The respective partial differentials are given by 3a-3c, which provide a basic understanding of how changes in climate (P , PET) and land cover (n) affect E .

$$\frac{\partial E}{\partial P} = \frac{E}{P} \left(\frac{PET^n}{P^n + PET^n} \right) \quad \text{Equation 3a}$$

$$\frac{\partial E}{\partial PET} = \frac{E}{PET} \left(\frac{P^n}{P^n + PET^n} \right) \quad \text{Equation 3b}$$

$$\frac{\partial E}{\partial n} = \frac{E}{n} \left(\frac{\ln(P^n + PET^n)}{n} \right) - \frac{(P^n \ln P + PET^n \ln PET)}{P^n + PET^n} \quad \text{Equation 3c}$$

It is assumed that the water balance changes over time are from one steady state to another steady state (Roderick and Farquhar 2011), i.e. that transient changes in storage can be ignored (e.g. Li et al. (2007)). Based on this assumption, dQ is calculated by

$$dQ = dP - dE \quad \text{Equation 4}$$

By combining Equations 2 and 4, dQ is given by:

$$dQ = \left(1 - \frac{\partial E}{\partial P} \right) dP - \frac{\partial E}{\partial PET} dPET - \frac{\partial E}{\partial n} dn \quad \text{Equation 5}$$

Relative dQ is then solved by:

$$\frac{dQ}{Q} = \left[\frac{P}{Q} \left(1 - \frac{\partial E}{\partial P} \right) \right] \frac{dP}{P} - \left[\frac{PET}{Q} \frac{\partial E}{\partial PET} \right] \frac{dPET}{PET} - \left[\frac{n}{Q} \frac{\partial E}{\partial n} \right] \frac{dn}{n} \quad \text{Equation 6}$$

The terms in square brackets are the sensitivity coefficients expressing the effect that changing P and PET have on relative Q.

3.2.3. Modeling future streamflow sensitivity

The sensitivity of future streamflow to future changes in climate was modeled using historical sensitivity coefficients (Eq. 3a, 3b, 3c) and future climate based on ensemble RCP 4.5 and RCP 8.5 data. Future changes in P and PET were calculated relative to the historical period (H):

$$\frac{dP}{P} RCP, x = \frac{P_{RCP, x} - P_H}{P_H} \quad \text{Equation 7}$$

$$\frac{dPET}{PET} RCP, x = \frac{PET_{RCP, x} - PET_H}{PET_H} \quad \text{Equation 8}$$

Substituting future values of P and PET into Equation 5 with the historical sensitivity coefficients for P and PET (Eq. 3a-3c), future dQ was calculated by:

$$dQ = \left(1 - \frac{\partial E}{\partial P} \right) dP_{RCP, x} - \frac{\partial E}{\partial PET} dPET_{RCP, x} - \frac{\partial E}{\partial n} dn \quad \text{Equation 9}$$

where dQ represents future Q change based on watershed sensitivity and future P and PET under both RCP scenarios. Because our analysis focused on HCDN catchments, we assumed that

catchment properties (parameter n) does not change in the future, thereby setting the n sensitivity coefficient and dn to 0. We recognize that this assumption is likely an oversimplification of future landscape conditions, particularly in light of changes in forest structure, age, productivity, and growing season length (Roman et al. 2015, Caldwell et al. 2016, Hwang et al. 2018, Gaertner et al. 2019) in relatively undisturbed catchments throughout the region. Future analysis should consider dn to more thoroughly account for ecosystem changes important to the partitioning of P into E and Q .

3.3. RESULTS

3.3.1. *Climate and water balance changes throughout the central Appalachian Mountains region*

3.3.1.1. [**Historic Climate and Water Balance**] Long-term average historical annual climate, water balance, and Budyko components from 1965-2015 are shown in Table 1. Long-term average annual P across catchments ranged from 1001-1700 mm, but no significant trends were detected at either $\alpha=0.05$ or $\alpha=0.01$ (Table 2). ET across catchments ranged from 114-779 mm but, similar to P , no significant trends were detected. Long-term average annual PET ranged from 1189-1455 mm across catchments (Table 1; Figure 4), significantly increasing by between 2-3% (p -value=0.027). Q ranged from 379 – 1039 mm across catchments and, similar to P and ET , has not changed significantly (Table 2).

3.3.1.2. [**Historical Budyko**] All of the study basins were energy-limited, i.e. $PET/P < 1$. The dryness index was greatest in the Potomac (1.34) and lowest for the Monongahela (1.0), with the dryness index equal to 1.2 in other basins (Figure 3). Evaporative index ranged from 0.4 to 0.62, where the lower values were in the Monongahela, and the higher values in the Potomac. The evaporative index in the other basins ranged from 3.9 (Ohio) to 0.57 in the Kanawha and Tennessee, averaging 0.44 across the region. The n parameter was greatest for the Potomac (1.8), while the other basins averaged around ~ 0.9 (Table 1; Figure 5).

3.3.1.3. [**Future climate and Budyko components**] Future climate (2015-2099) and trends are shown in Table 3 and 4. Future PET ranged from 1369 – 1628 mm under the RCP4.5 scenario, increasing by 11-16% over the historical period. For the RCP 8.5 scenario, PET ranged from 1515-1780 mm, increasing by 20-28% also increasing over the historical period. Future P under

the 4.5 scenario ranged from 1018-1813 mm, increasing by 6 to 8% over historical period. P under the RCP 8.5 scenario ranged from 1039 to 1805 mm, increasing by 6-12% over the historic period (Table 4).

Catchments largely will remain energy-limited under future conditions, although increases in energy demand will push three catchments toward water limitation (Table 3), one in the Monongahela basin, the Kanawha basin, and the Tennessee basin.

3.3.2. Streamflow sensitivity to changes in climate and catchment factors

Streamflow sensitivity varied across catchments (Table 5). Q sensitivity to P was greatest in the Potomac, averaging 22% across the Potomac catchments and least in the Monongahela (13.6%). Q sensitivity to P in the other basins averaged 14.8-16.9%. Q sensitivity to PET was highest in the Potomac basin (12.2%) and lowest in the Monongahela (3.6%). The other watersheds ranged from 4.8% (Kanawha), 6.0% (Tennessee) to 6.9% (Ohio). Q sensitivity to land use (n) was highest in the Potomac basin (8.9%) and lowest in the Monongahela (5.3%). The other basins ranged from 5.8% (Tennessee), 6.2% (Kanawha), and 7.4% (Ohio).

3.3.3. Modelling future Q using the results of the sensitivity approach

Our model predicts the dQ will increase between 9-17% across the study region (Table 6) based on the RCP 4.5 scenario by the late 21st century. Future runoff is expected to increase the greatest in the Potomac (17%, 70 mm) and least in the Monongahela watershed 9% (65 mm) under RCP 4.5. Q in the other basins exhibit an increase between 10-16% (68-70 mm) in order from Tennessee (10%, 69.6), Kanawha (10%70.3), Ohio (16%, 68.6).

Under the RCP 8.5 scenario, dQ is predicted to increase between 9-17% (62 and 70 mm), with an overall increase of 14% (66 mm). The Monongahela and Tennessee basins are predicted to increase the least under RCP 8.5 by 9% (66-69 mm) and the Potomac basin will increase the greatest under the RCP 8.5 scenario by 17% (63 mm). The other basins are expected to increase between 10-15% (66.8 to 69.9 mm) in order from Kanawha (10%; 68.7) and Ohio (15%; 67.18).

3.4. DISCUSSION

3.4.1. *How has climate changed in the central Appalachian Mountains?*

Precipitation is strongly influenced by topography, as greater P occurs on the western facing slopes of the Appalachian Mountains and the eastern slopes receives less P due to orographic effects and the rain shadow (Pitchford et al. 2011, Siler et al. 2013) (Figure 3a). Despite varying precipitation occurring throughout the region, all basins are energy-limited (Figure 3c) with a general surplus of water. P for the region has not changed significantly between 1965 and 2015 despite significant change in nearby regions. For example, the northeast United States, which has similar topography but generally cooler climate than the central Appalachian region, has experienced long-term increasing precipitation (1970-2000) (Hayhoe et al. 2006). The southeast United States has experienced variable precipitation patterns, with both excessive wet and dry years (Ford et al. 2011, Laseter et al. 2012, Patterson et al. 2012). Since our research only evaluated long-term annual trends (1965-2015), it is possible that inter-annual precipitation variations masked long-term monotonic changes. Notwithstanding, future precipitation for the region is expected to increase between 8-10% by 2100, which is similar to the 15% increases predicted for the larger eastern USA (Fernandez and Zegre 2019). Nearby regions of the northeast and southeast US are also expected to experience changes in future P, with P increasing by 3-6% by 2099 (Hayhoe et al. 2006, Hayhoe et al. 2008, Wu et al. 2012, Fernandez and Zegre 2019).

Increases in PET were found across all catchments examined, indicating that atmospheric demand has increased, likely due to warming (Ford et al. 2011, Pitchford et al. 2011, Laseter et al. 2012, Patterson et al. 2012). PET patterns are mainly driven by energy availability, temperature, and wind movement (Penman 1948). Future PET is expected to continue to increase by 15-26% throughout the region by 2100. These trends are similar to the 25% increase in PET predicted for the larger eastern USA (Fernandez and Zegre 2019).

Interestingly, ET in our study area has not changed significantly from 1965-2015, despite increasing trends in nearby regions in the northeast and southeast United States (Burns et al. 2007, Cruise et al. 2010, Campbell et al. 2011, Feng et al. 2016). That ET did not change in our region could be due to several factors. First, intra-annual variation over our long-term analysis could have dampened monotonic trend analysis. Second, ET processes such as increasing growing season length, greater atmospheric CO₂ concentration, and stomatal dynamics related to

drought stress could have mitigated or counteracted other factors (Idso and Brazel 1984, Roman et al. 2015, Kim et al. 2018). Growing season length has increased in the central Appalachian region by 22 days since 1982 (Gaertner et al. 2019) which results in higher ET (White et al. 1999, Hwang et al. 2014, Hwang et al. 2018). However, higher CO₂ concentration could have counteracted this trend by decreasing ET fluxes through increased water use efficiency (Keenan et al. 2013). Tree core and eddy covariance data have shown that higher CO₂ concentration reduces the time required for stomatal opening and increases water use efficiency, thereby decreasing ET fluxes (Frank et al. 2015). Similarly, drought stress stomatal dynamics of the vegetation in the central Appalachian Mountains increases water use efficiency and reduces ET fluxes in low soil moisture conditions during peak summer months (Brzostek et al. 2014, Roman et al. 2015). Therefore, while a longer growing season could have increased ET, other variables likely have counteracted the effect and resulted in an insignificant net change in ET despite increasing trends in nearby regions.

3.4.2. How sensitive are catchments in the central Appalachian Mountains region to climate change?

The sensitivity approach has been applied in large basins throughout the United States. In water-limited regions of the southwest United States, Q has a higher sensitivity to changes in P and PET (Sankarasubramanian et al. 2001). Conversely, energy-limited regions such temperate forests of the eastern United States generally have a lower sensitivity to P and PET changes (Sankarasubramanian and Vogel 2003). Catchments with lower sensitivity to changing climate are generally controlled by climatic and landscape characteristics including higher temperate and coniferous forest cover (Creed et al. 2014), higher precipitation inputs, greater soil moisture holding capacity (Sankarasubramanian and Vogel 2003, Cooper et al. 2018), higher elasticity (Sankarasubramanian et al. 2001), and higher slope (Padrón et al. 2017), making these watersheds more capable of buffering changes in water supply.

Streamflow sensitivity in the central Appalachian region averaged below 2.5, indicating energy limited catchments (Sankarasubramanian and Vogel 2003). The Potomac had the highest sensitivity, with a single catchment with sensitivity of 7.0. Precipitation appears to be the primary driver of catchment sensitivity, with higher precipitation resulting in lower sensitivity (Figure 4). The Monongahela has the greatest P in the region and the lowest sensitivity.

Similarly, the high sensitivity coefficient in the Potomac basin is consistent with relatively arid conditions and low precipitation. This precipitation pattern is attributed to the rain shadow effect, with the greatest precipitation along the Appalachian spine and slightly more arid conditions on the eastern (leeward) side of the mountain range (Siler et al. 2013). However, the landscape characteristics of mountainous areas also contribute to lower catchment sensitivity. High slope (Figure 6) along the Appalachian spine in the Tennessee, Kanawha, and Monongahela basins contributes to greater water yield downstream. Catchment elasticity due to high temperate forest cover (Creed et al. 2014) and high subsurface storage contributes to greater catchment resilience and capacity to buffer climate warming. A longer growing season also has the capacity to increase evapotranspiration and stabilize streamflow (Kim et al. 2018).

The watershed sensitivity combined with future changing climate is expected to increase future Q by between 9% and 17% across the region, with Q in several catchments in the Potomac expected to increase more than 20% over the historic period. Increasing future Q is likely occurring in response to increasing P (Table 4) due to large scale drivers (Fernandez and Zegre 2019), more extreme and intense storms (Asadieh and Krakauer 2015), and hydrologic intensification occurring from warmer atmospheric air temperatures (Huntington 2006).

3.4.3. Management Implications

P and Q increases across the region has potentially important implications for infrastructure inundation, less reliable energy sources and structures, and limited ecosystem service supply (Wright et al. 2012, Neumann et al. 2015). As precipitation and extreme storms increase in frequency and duration, communities downstream of the headwater basins will experience greater occurrences of flooding (Smith et al. 2011), which will lead to storm related damage to infrastructure including bridges, buildings, cities, industry, and water treatment facilities (Suarez et al. 2005, Delpla et al. 2009). Furthermore, current infrastructure age and disrepair make damage from extreme storms more likely and costly (Reidmiller et al. 2017). Given that all watersheds in the central Appalachian regions are expected to have higher future streamflow, storm and flooding related damage is of particular concern for large population centers such as Pittsburgh and Washington D.C. Specifically, protecting the headwater reaches of the Potomac watershed is important given its high future streamflow increases (17%) as well

as its importance in providing clean freshwater resources to the Washington D.C. population center.

High precipitation and extreme events can lead to unreliability and unpredictability of energy sources and systems (Panteli and Mancarella 2015). Extreme precipitation events could cause damage to energy infrastructure, more frequent and longer power outages, and lapses in power generation and fuel shortages, leading to energy related price spikes (Campbell 2012, Ward 2013, Reidmiller et al. 2017). Similarly, flooding could lead to inundation of energy infrastructure such as electric lines, railways, powerplants, and refineries, leading to longer lapses in energy generation and more investment in repair and maintenance (Wilbanks et al. 2008, Burkett 2011). Therefore, greater investments will be needed to prevent or limit flooding damage through waterproofing measures, infrastructure reinforcement, increasing use of energy storage systems, and implementing measures to limit widespread power outages.

Climate change has had severe impacts on terrestrial and freshwater organisms including mismatched timing of biological events such as predation and migration, agricultural damage, and disruption to supply of clean water, which could impact ecosystem services including hunting, fishing, and drinking water resources (Rosenzweig et al. 2001, Saino et al. 2009). Earlier growing season causes by warming temperatures cue early development of insects, while the avian predators are migrating at the instinctual time (Saino et al. 2009, Clausen and Clausen 2013), therefore leading to increased insect populations, reduced avian populations, reduced pollination, and reduced agricultural output. Earlier spring could further impact agricultural crops if the date of the last-freeze overlaps the date of spring development, causing large scale crop damage and agricultural loss (Rosenzweig et al. 2001, Reidmiller et al. 2017). More frequent and extreme precipitation events could also lead to water quality issues due to erosion and sedimentation migration and greater agricultural fertilizer and pesticide runoff (Whitehead et al. 2009), which could increase water treatment cost.

To prevent or eliminate future water quality issues throughout the central Appalachian region, agriculture business should be rewarded for implementing proper erosion prevention methods and headwater catchments should be protected to maintain clean and stable freshwater resources to downstream communities (Harrison et al. 2016) and reduce water treatment costs (Abildtrup et al. 2013). Therefore, the results from this study should be applied to evaluate the effect that future precipitation, streamflow, flooding, and extreme events will have on bridges

and water treatment facilities that may be inundated and unable to handle a large volume of water (Gersonius et al. 2013). Thoughtful implementation of watershed protection plans could minimize water quality issues given future P and Q increases that contribute to greater erosion, sedimentation, and agricultural runoff (Nearing et al. 2005). Consideration for the Potomac watershed is particularly important given it's expected high future streamflow increases (17%), which could have important downstream flow implications to the Washington D.C. population center (Parker et al. 1907).

Watershed protection requires a multi-faceted agreement between government, public, and private entities. In the Potomac basin, a large portion of the land is privately owned, therefore, several options are available for protecting the land including downstream beneficiaries and purchase of upstream land from willing sellers. In the first option, downstream beneficiaries (in Washington D.C.) could provide financial support as incentive or in recognition of good watershed management practices upstream. A second option is to purchase land from willing sellers to protect hydrologic ecosystem services upstream. This newly acquired land could be opened for recreational use for fishing, hunting, and hiking to offset the investment. Furthermore, acquired land could be converted to forests, which would help to regulate downstream water availability and reduce water treatment costs, especially in light of high climate sensitivity in the Potomac basin as well as an expected increase in future runoff.

Upstream water protection also increases downstream water quality. One method to increase downstream water quality is to provide incentive payments to encourage proper use of agriculturally owned land. Runoff from upstream agriculture land in the Potomac basin leads to harmful algal blooms in the Chesapeake Bay (Glibert et al. 2001), which disrupts fishery and commercial industries that economically rely on the estuary. Providing incentive-based payments for proper agricultural behavior, such as reduced fertilizer and pesticide use and reduced tillage, could improve downstream drinking water quality, enhance infiltration, and reduce runoff, resulting in reduced water treatment costs (Abildtrup et al. 2013), and maintenance of ecosystem services derived from the Chesapeake bay.

3.5. CONCLUSION

This research quantified the sensitivity of streamflow to changing climate and land cover in 31 headwater catchments located in the central Appalachian Mountains of the eastern United

States. The sensitivity analysis quantified streamflow change based on a change in P, PET, and catchment parameters (n). The sensitivity coefficients were used to quantify future streamflow from 2070-2099. The results showed the more arid catchments had a greater sensitivity to climate (P and PET) and land use (n) than the humid catchments. Future Q increased in all catchments under both emissions scenarios (RCP 4.5 and 8.5).

The results suggest that mountainous, high P catchments with lower sensitivities to changing climate have a greater ability to buffer the effect of climatic changes, allowing them to better mitigate flow variations. Precipitation had the greatest control on Q sensitivity, but other factors including growing season length and slope may have ancillary effects on runoff sensitivity but were not addressed in this study. Land use sensitivity is also greatest in the Potomac and least in the Monongahela, and we attribute this to agricultural cover in the high sensitivity basins (Ohio and Potomac), suggesting that forested basins may have a lower sensitivity to changing climate and land use than agriculturally dominated basins.

We emphasize that this research can inform management decisions for protecting water resources in an area that is expected to have increasing future P by suggesting the application of several management techniques in the Potomac basin. The Potomac basin is the most urgent basin for enhanced management as it provides a large portion of water resources to the Washington D.C. population center. We propose that Washington D.C. implement protective areas in the upstream Potomac basin and provide incentive-based payment programs to upstream private land owners for good ecological behavior including reduced fertilizer and pesticide use. Given the high sensitivity of the Potomac to future changing climate, and expected increase in downstream runoff, and high agricultural cover in this basin, we believe it is imperative to protect headwater basins to regulate and maintain future downstream water resources.

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TABLES/FIGURES

Table 1: Long-term historic (1965-2015) average annual climate and water balance components in mm/year (potential evapotranspiration [PET], precipitation [P], streamflow [Q], evapotranspiration [AET], dryness index [PET/P], and evaporative index [ET/P]) for catchments located in the central Appalachian Mountains region. The n value is a catchment specific parameter that incorporates watershed characteristics and is calculated using the Budyko framework following the Choudhury (1999) framework.

Station Name	PET (mm)	P (mm)	Q (mm)	AET (mm)	PET/P	ET/P	n
<i>Monongahela</i>							
Casselman River at Grantsville, MD	1222	1169	669	500	1.05	0.43	0.90
West Fork River at Enterprise, WV	1300	1169	519	651	1.11	0.56	1.27
Youghiogheny River near Oakland, MD	1205	1272	811	461	0.95	0.36	0.78
Laurel Hill Creek at Ursina, PA	1243	1249	898	351	1.00	0.28	0.58
Cheat River near Parsons, WV	1220	1327	860	467	0.92	0.35	0.71
Average	1238	1237	751	486	1.0	0.4	0.8
<i>Ohio</i>							
Little Shenango River at Greenville, PA	1237	1009	493	516	1.23	0.51	0.95
Little Beaver Creek near East Liverpool, OH	1299	1045	379	666	1.24	0.64	1.58
Average	1268	1027	436	591	1.2	0.6	1.3
<i>Kanawha</i>							
Wolf Creek near Narrows, VA	1189	1244	715	530	0.96	0.43	0.91
Greenbrier River at Durbin, WV	1252	1153	1039	114	1.09	0.10	0.87
Williams River at Dyer, WV	1252	1153	1039	114	1.09	0.10	0.35
Cranberry River near Richwood, WV	1363	1194	488	705	1.14	0.59	1.37
Big Coal River at Ashford, WV	1357	1016	426	591	1.33	0.58	1.22
Bluestone River at Durbin, WV	1287	1079	522	556	1.19	0.52	1.06
Greenbrier River at Alderson, WV	1386	1001	492	509	1.38	0.51	1.04
Average	1298	1120	674	446	1.2	0.4	1.0
<i>Tennessee</i>							
North Fork Holston River near Saltsville, VA	1424	1154	489	665	1.23	0.58	1.34
Clinch River above Tazewell, TN	1421	1274	496	779	1.12	0.61	1.80
Little River above Townsend, TN	1433	1191	937	254	1.20	0.21	0.48
Little Tennessee River near Pretniss, NC	1455	1700	997	703	0.86	0.41	1.29
Average	1433	1330	730	600	1.1	0.5	1.2
<i>Potomac</i>							
Wills Creek near Cumberland, MD	1327	985	494	491	1.35	0.50	0.93
Pototmac River near Great Cacapon, WV	1331	954	397	557	1.40	0.58	1.15
Cacapon River near Great Cacapon, WV	1360	996	325	670	1.37	0.67	1.71
Patterson Creek near Headsville, VS	1287	1068	282	785	1.21	0.74	2.27

Bennett Creek at Park Mills, MD	1409	1084	392	692	1.30	0.64	1.44
South Branch Potoamc River near Springfield, WV	1337	971	340	631	1.38	0.65	1.38
Conococheague Creek and Fairview, MD	1376	1002	458	544	1.37	0.54	1.11
Marsh Run at Grimes, MD	1398	1011	234	778	1.38	0.77	2.39
North Branch Potomac River at Steyer, MD	1315	940	835	105	1.40	0.11	0.30
Catoctin Creek near Middletown, MD	1397	1060	419	641	1.32	0.60	1.31
Goose Creek near Leesburg, VA	1414	1080	370	710	1.31	0.66	1.31
North Fork Shenandoah River at Cootes Store, VA	1355	994	347	647	1.36	0.65	1.36
Cedar Creek near Winchester, VA	1386	1038	49	989	1.33	0.95	7.31
Average	1361	1014	380	634	1.3	0.6	1.8
Overall Average	1330	1116	555	560	1.2	0.5	1.4

Table 2: Mann-Kendall trend analysis for PET, P, and ET for the 31 study watersheds from 1965-2015 shown as total change over the study period based on the Sen slope value. All values are represented as in percentage change from the annual historic streamflow amount (Table 1). * represents significance at $\alpha=0.05$ and ** represent significance at $\alpha<0.01$.

Station Name	PET	P (%)	ET (%)
<i>Monongahela</i>			
Casselman River at Grantsville, MD	2**	0	-16
West Fork River at Enterprise, WV	2**	-1	-12
Youghiogheny River near Oakland, MD	2**	-1	-14
Laurel Hill Creek at Ursina, PA	2**	-1	-7
Cheat River near Parsons, WV	2**	0	-13
Average	2	-1	-12
<i>Ohio</i>			
Little Shenango River at Greenville, PA	2**	0	0
Little Beaver Creek near East Liverpool, OH	2**	0	-2
Average	2	0	-1
<i>Kanawha</i>			
Wolf Creek near Narrows, VA	2**	-1	0
Greenbrier River at Durbin, WV	2**	-1	-3
Williams River at Dyer, WV	2**	-1	-4
Cranberry River near Richwood, WV	2**	-1	-4
Big Coal River at Ashford, WV	2**	-1	-1
Bluestone River at Durbin, WV	2**	-1	9
Greenbrier River at Alderson, WV	2**	-1	-11
Average	2	1	-2
<i>Tennessee</i>			

North Fork Holston River near Saltsville, VA	2**	-1	3
Clinch River above Tazewell, TN	2**	-2	-2
Little River above Townsend, TN	2**	-4	6
Little Tennessee River near Pretniss, NC	2**	-1	2
Average	2	-2	2
<i>Potomac</i>			
Wills Creek near Cumberland, MD	2**	-1	-6
Potomac River near Great Cacapon, WV	2**	-1	8
Cacapon River near Great Cacapon, WV	2**	0	-11
Patterson Creek near Headsville, VS	3**	-1	2
Bennett Creek at Park Mills, MD	2**	-1	-12
South Branch Potomac River near Springfield, WV	2**	-1	-3
Conococheague Creek and Fairview, MD	3**	-1	-14
Marsh Run at Grimes, MD	2**	-1	-19
North Branch Potomac River at Steyer, MD	2**	0	4
Catoctin Creek near Middletown, MD	2**	1	-10
Goose Creek near Leesburg, VA	2**	-1	-8
North Fork Shenandoah River at Cootes Store, VS	2**	-1	-14
Cedar Creek near Winchester, VA	2**	-1	-10
Average	2	-1	-7
Overall Average	2	-1	-5

Table 3: Future PET, P, and dryness index (PET/P) for each catchment from 2015-2099 based on future ensemble climate data from the Multivariate Adaptive Constructed Analogs version 2 (MACAv2-METDATA) dataset (Abatzoglou and Brown 2012). The Station name corresponds to the USGS HCDN watershed output station name. RCP_{4.5} refers to the 4.5 emission scenario for future climate projections, while RCP_{8.5} refers to the 8.5 emission scenario .(Meinshausen et al. 2011)

Station Name	PET _{4.5} (mm)	PET _{8.5} (mm)	P _{4.5} (mm)	P _{8.5} (mm)	PET/P _{4.5}	PET/P _{8.5}
<i>Monongahela</i>						
Casselman River at Grantsville, MD	1413	1567	1265	1289	0.90	0.82
West Fork River at Enterprise, WV	1494	1642	1259	1282	0.84	0.78
Youghiogheny River near Oakland, MD	1382	1528	1373	1396	0.99	0.91
Laurel Hill Creek at Ursina, PA	1428	1579	1346	1370	0.94	0.87
Cheat River near Parsons, WV	1399	1549	1429	1449	1.02	0.94
Average	1423	1573	1334	1357	0.94	0.86
<i>Ohio</i>						
Little Shenango River at Greenville, PA	1439	1591	1085	1121	0.75	0.70
Little Beaver Creek near East Liverpool, OH	1504	1656	1121	1152	0.75	0.70

Average	1472	1623	1103	1136	0.75	0.70
<i>Kanawha</i>						
Wolf Creek near Narrows, VA	1369	1516	1346	1366	0.98	0.90
Greenbrier River at Durbin, WV	1401	1543	1584	1601	1.13	1.04
Williams River at Dyer, WV	1435	1568	1240	1254	0.86	0.80
Cranberry River near Richwood, WV	1562	1708	1272	1282	0.81	0.75
Big Coal River at Ashford, WV	1566	1713	1091	1102	0.70	0.64
Bluestone River at Durbin, WV	1481	1619	1158	1172	0.78	0.72
Greenbrier River at Alderson, WV	1595	1736	1075	1095	0.67	0.63
Average	1487	1629	1252	1267	0.85	0.78
<i>Tennessee</i>						
North Fork Holston River near Saltsville, VA	1624	1762	1230	1237	0.76	0.70
Clinch River above Tazewell, TN	1608	1735	1348	1350	0.84	0.78
Little River above Townsend, TN	1624	1750	1262	1262	0.78	0.72
Little Tennessee River near Pretniss, NC	1623	1756	1813	1805	1.12	1.03
Average	1620	1751	1413	1414	0.87	0.81
<i>Potomac</i>						
Wills Creek near Cumberland, MD	1538	1688	1070	1094	0.70	0.65
Potomac River near Great Cacapon, WV	1544	1693	1038	1059	0.67	0.63
Cacapon River near Great Cacapon, WV	1573	1721	1086	1111	0.69	0.65
Patterson Creek near Headsville, VS	1489	1640	1156	1180	0.78	0.72
Bennett Creek at Park Mills, MD	1623	1773	1182	1212	0.73	0.68
South Branch Potomac River near Springfield, WV	1552	1704	1057	1077	0.68	0.63
Conococheague Creek and Fairview, MD	1590	1740	1093	1118	0.69	0.64
Marsh Run at Grimes, MD	1615	1767	1105	1134	0.68	0.64
North Branch Potomac River at Steyer, MD	1529	1680	1018	1039	0.67	0.62
Catoctin Creek near Middletown, MD	1612	1764	1159	1188	0.72	0.67
Goose Creek near Leesburg, VA	1628	1781	1177	1205	0.72	0.68
North Fork Shenandoah River at Cootes Store, VS	1573	1727	1081	1101	0.69	0.64
Cedar Creek near Winchester, VA	1599	1749	1132	1153	0.71	0.66
Average	1574	1725	1104	1128	0.70	0.65
Overall Average	1529	1676	1215	1234	0.80	0.74

Table 4: Relative change (%) in PET and P between historical (1965-2015) and future (2015-2099) climate. RCP_{4.5} refers to the 4.5 emission scenario for future climate projections, while RCP_{8.5} refers to the 8.5 emission scenario.

Station Name	$\Delta\text{PET}_{\text{RCP4.5}}$ (%)	$\Delta\text{PET}_{\text{RCP8.5}}$ (%)	$\Delta\text{P}_{\text{RCP4.5}}$ (%)	$\Delta\text{P}_{\text{RCP8.5}}$ (%)
<i>Monongahela</i>				
Casselman River at Grantsville, MD	16	28	8	10
West Fork River at Enterprise, WV	15	26	8	10
Youghiogheny River near Oakland, MD	15	27	8	10
Laurel Hill Creek at Ursina, PA	15	27	8	10
Cheat River near Parsons, WV	15	27	8	9
Average	15	27	8	10
<i>Ohio</i>				
Little Shenango River at Greenville, PA	16	29	7	11
Little Beaver Creek near East Liverpool, OH	16	28	7	10
Average	16	28	7	11
<i>Kanawha</i>				
Wolf Creek near Narrows, VA	15	28	8	10
Greenbrier River at Durbin, WV	12	23	7	8
Williams River at Dyer, WV	15	25	8	9
Cranberry River near Richwood, WV	15	25	7	8
Big Coal River at Ashford, WV	15	26	7	9
Bluestone River at Durbin, WV	15	26	8	9
Greenbrier River at Alderson, WV	15	25	8	10
Average	15	25	7	9
<i>Tennessee</i>				
North Fork Holston River near Saltsville, VA	14	24	7	7
Clinch River above Tazewell, TN	13	22	6	6
Little River above Townsend, TN	13	22	6	6
Little Tennessee River near Pretniss, NC	12	21	7	7
Average	13	22	7	7
<i>Potomac</i>				
Wills Creek near Cumberland, MD	16	27	9	11
Potomac River near Great Cacapon, WV	16	27	9	11
Cacapon River near Great Cacapon, WV	16	27	9	12
Patterson Creek near Headsville, VS	16	27	8	11
Bennett Creek at Park Mills, MD	15	26	9	12
South Branch Potoame River near Springfield, WV	16	27	9	11
Conococheague Creek and Fairview, MD	16	26	9	12
Marsh Run at Grimes, MD	16	26	9	12

North Branch Potomac River at Steyer, MD	16	28	9	11
Catoctin Creek near Middletown, MD	15	26	9	12
Goose Creek near Leesburg, VA	15	26	9	12
North Fork Shenandoah River at Cootes Store, VS	16	27	9	11
Cedar Creek near Winchester, VA	15	26	9	11
Average	16	27	9	11
Overall Average	15	26	8	10

Table 5: Streamflow (Q) sensitivity to climate variability, where $\partial Q/\partial P$ indicates the Q sensitivity to an increase in precipitation, $\partial Q/\partial PET$ indicates Q sensitivity to an increase in Potential Evapotranspiration, and $\partial Q/\partial n$ indicates Q sensitivity to a change in watershed characteristics (e.g. land use). An increase in P will increase streamflow, an increase in PET and n will decrease streamflow.

Station Name	$\partial Q/\partial P$ (%)	$\partial Q/\partial PET$ (%)	$\partial Q/\partial n$ (%)
<i>Monongahela</i>			
Casselman River at Grantsville, MD	13.9	3.9	5.6
West Fork River at Enterprise, WV	16.5	6.5	6.7
Youghiogheny River near Oakland, MD	13.0	3.0	4.9
Laurel Hill Creek at Ursina, PA	12.0	2.0	4.4
Cheat River near Parsons, WV	12.7	2.7	4.8
Average	13.6	3.6	5.3
<i>Ohio</i>			
Little Shenango River at Greenville, PA	14.6	4.6	6.8
Little Beaver Creek near East Liverpool, OH	19.1	9.1	7.9
Average	16.9	6.9	7.4
<i>Kanawha</i>			
Wolf Creek near Narrows, VA	14.0	4.0	5.5
Greenbrier River at Durbin, WV	13.3	3.3	4.5
Williams River at Dyer, WV	10.8	0.8	2.9
Cranberry River near Richwood, WV	17.5	7.5	7.4
Big Coal River at Ashford, WV	16.9	6.9	8.3
Bluestone River at Durbin, WV	15.3	5.3	6.9
Greenbrier River at Alderson, WV	15.6	5.6	8.0
Average	14.8	4.8	6.2
<i>Tennessee</i>			
North Fork Holston River near Saltsville, VA	17.5	7.5	7.8
Clinch River above Tazewell, TN	19.7	9.7	6.7
Little River above Townsend, TN	11.5	1.5	4.3

Little Tennessee River near Pretniss, NC	15.5	5.5	4.5
Average	16.0	6.0	5.8
<i>Potomac</i>			
Wills Creek near Cumberland, MD	14.7	4.7	7.4
Potomac River near Great Cacapon, WV	16.5	6.5	8.4
Cacapon River near Great Cacapon, WV	20.6	10.6	9.4
Patterson Creek near Headsville, VS	23.8	13.8	8.2
Bennett Creek at Park Mills, MD	18.3	8.3	8.3
South Branch Potoamc River near Springfield, WV	18.3	8.3	9.1
Conococheague Creek and Fairview, MD	16.1	6.1	8.1
Marsh Run at Grimes, MD	26.3	16.3	10.9
North Branch Potomac River at Steyer, MD	10.6	0.6	2.9
Catoctin Creek near Middletown, MD	17.4	7.4	8.2
Goose Creek near Leesburg, VA	17.4	7.4	8.2
North Fork Shenandoah River at Cootes Store, VS	18.2	8.2	9.3
Cedar Creek near Winchester, VA	70.1	60.1	16.8
Average	22.2	12.2	8.9
Overall Average	18.0	8.0	7.2

Table 6: Future streamflow change relative to historical Q in mm from 2070-2099 calculated using the Q sensitivity to P and PET (Table 3). Future streamflow was calculated under a low emissions scenario (RCP 4.5) and a high emissions scenario (RCP 8.5) for each catchment and basin (in bold).

Station Name	$\Delta Q_{4.5}$ (%)	$\Delta Q_{8.5}$ (%)
<i>Monongahela</i>		
Casselman River at Grantsville, MD	10.6	10.4
West Fork River at Enterprise, WV	13.4	13.0
Youghiogheny River near Oakland, MD	8.8	8.7
Laurel Hill Creek at Ursina, PA	8.0	8.0
Cheat River near Parsons, WV	8.3	8.2
Average	9.4	9.3
<i>Ohio</i>		
Little Shenango River at Greenville, PA	14.1	14.0
Little Beaver Creek near East Liverpool, OH	17.9	17.2
Average	15.7	15.4
<i>Kanawha</i>		
Wolf Creek near Narrows, VA	10.0	9.7

Greenbrier River at Durbin, WV	6.9	6.9
Williams River at Dyer, WV	6.9	7.0
Cranberry River near Richwood, WV	14.0	13.2
Big Coal River at Ashford, WV	16.2	15.5
Bluestone River at Durbin, WV	13.4	13.0
Greenbrier River at Alderson, WV	14.2	14.0
Average	10.4	10.2
<i>Tennessee</i>		
North Fork Holston River near Saltsville, VA	14.1	13.4
Clinch River above Tazewell, TN	13.7	12.8
Little River above Townsend, TN	7.6	7.5
Little Tennessee River near Pretniss, NC	7.1	6.8
Average	9.5	9.2
<i>Potomac</i>		
Wills Creek near Cumberland, MD	14.4	14.2
Potomac River near Great Cacapon, WV	17.8	17.3
Cacapon River near Great Cacapon, WV	21.5	20.6
Patterson Creek near Headsville, VS	23.9	21.9
Bennett Creek at Park Mills, MD	18.0	17.5
South Branch Potomac River near Springfield, WV	20.6	19.6
Conococheague Creek and Fairview, MD	15.6	15.3
Marsh Run at Grimes, MD	29.4	27.3
North Branch Potomac River at Steyer, MD	8.7	8.8
Catoctin Creek near Middletown, MD	17.0	16.6
Goose Creek near Leesburg, VA	19.0	18.3
North Fork Shenandoah River at Cootes Store, VS	20.1	19.2
Cedar Creek near Winchester, VA	11.9	7.2
Average	17.2	16.5
Overall Average	14.3	13.7

Figure 1: Location of the study area in the central Appalachian Mountains region of the eastern USA. The dashed lines depict basin boundaries of the five basins examined in this study: Potomac (P), Monongahela (M), Ohio (O), Kanawha (K), and Tennessee (T). The solid lines outline the 31 HCDN watersheds, and the identifiers label the basin followed by an HCDN (Slack and Landwehr 1992) watershed number from 1 to j.

Figure 2: Conceptual figure illustrating the Budyko framework for the central Appalachian region. The dryness index represents energy limited ($PET/P < 1$) and water limited ($PET/P > 1$) basins. An energy limited basin receives greater P than PET , while a water limited basins receive a higher ratio of P to PET . The evaporative index (E/P) provides watershed specific climatic factors, with a high E/P representing no runoff and low representing high runoff. n values curves implement catchment specific factors into the Budyko framework. High n factors translate to low runoff and low n factors generally have high runoff.

Figure 3: Climate and Budyko variables for the central Appalachian Mountain region from 1965-2015 including (a.) annual precipitation (mm), (b.) average annual potential evapotranspiration, (c.) annual evaporative index, (d.) annual dryness index (P/PET).

Figure 4: Average annual precipitation for the five basins located in the central Appalachian region showing a general increase in streamflow sensitivity to decreases in Precipitation.

Figure 5: Relationship between the evapotranspiration ratio and dryness index of each basin for the period 1965–2015. Each identifier number refers to the watersheds depicted in Figure 1. All catchments were considered to be energy limited and average n values were 1.37 and ranged from 0.3 to 7.31 (both in the Potomac basin).

Figure 6: Slope of the central Appalachian Mountains, with red representing steep slopes (close to vertical) and green representing low slope.

Supplementary Information:

Identifier	Basin	Station		Area (km ²)
		Number	Station Name	
1M	Monongahela	3078000	Casselman River at Grantsville, MD	163
2M	Monongahela	3061000	West Fork River at Enterprise, WV	1966
3M	Monongahela	3075500	Youghiogheny River near Oakland, MD	347
4M	Monongahela	3080000	Laurel Hill Creek at Ursina, PA	313
5M	Monongahela	3069500	Cheat River near Parsons, WV	1860
1O	Ohio	3102500	Little Shenango River at Greenville, PA	269
2O	Ohio	3109500	Little Beaver Creek near East Liverpool, OH	1285
7K	Kanawha	3175500	Wolf Creek near Narrows, VA	578
1K	Kanawha	3180500	Greenbrier River at Durbin, WV	344
2K	Kanawha	3186500	Williams River at Dyer, WV	332
3K	Kanawha	3187500	Cranberry River near Richwood, WV	208
4K	Kanawha	3198500	Big Coal River at Ashford, WV	1013
5K	Kanawha	3179000	Bluestone River at Durbin, WV	1020
6K	Kanawha	3183500	Greenbrier River at Alderson, WV	3533
1T	Tennessee	348800	North Fork Holston River near Saltsville, VA	575
2T	Tennessee	3528000	Clinch River above Tazewell, TN	3818
3T	Tennessee	3497300	Little River above Townsend, TN	275
4T	Tennessee	3500000	Little Tennessee River near Pretniss, NC	363
1P	Potomac	1601500	Wills Creek near Cumberland, MD	640
2P	Potomac	1610000	Potomac River near Great Cacapon, WV	8052
3P	Potomac	1611500	Cacapon River near Great Cacapon, WV	1753
4P	Potomac	1604500	Patterson Creek near Headsville, VS	567
5P	Potomac	1643500	Bennett Creek at Park Mills, MD	163
			South Branch Potoamc River near	
6P	Potomac	1608500	Springfield, WV	3810
7P	Potomac	1614500	Conococheague Creek and Fairview, MD	1279
8P	Potomac	1617800	Marsh Run at Grimes, MD	49

9P	Potomac	1595000	North Branch Potomac River at Steyer, MD	189
10P	Potomac	1637500	Catoctin Creek near Middletown, MD	173
11P	Potomac	1644000	Goose Creek near Leesburg, VA	860
			North Fork Shenandoah River at Cootes	
12P	Potomac	1632000	Store, VS	544
13P	Potomac	1634500	Cedar Creek near Winchester, VA	1989

Gaertner, B.A. Zegre, N. 2019. Spatial variations, trends, and drivers in evapotranspiration changes across the central Appalachian Mountains, United States. *Journal of American Water Resources*.

Abstract

This study examined the regional and local spatial relationships between climate variables and evapotranspiration (ET) trends throughout the central Appalachian region. Regional and local (4km²) drivers of ET including temperature, precipitation, dew point temperature, and vapor pressure deficit were determined using an ordinary least squares and geographically weighted regression model. Throughout the central Appalachian region, precipitation, temperature, and vapor pressure deficit were found to have the most significant relationship with ET. At the 4 km² scale, vapor pressure deficit was found to have the strongest relationship. The relationship between ET, precipitation, and temperature underscores the importance of evaporative atmospheric demand (temperature) and water input (precipitation) required for the evapotranspiration processes. ET at the local scale is largely driven by competing forces that are increasing ET (such as a longer growing season and higher vapor pressure deficit,) and biological processes that decrease ET (such as water use efficiency and drought stress mechanisms.) ET trends did not significantly change throughout the region from 2000-2015, suggesting that there are even more complicated competing factors influencing ET. Understanding the underlying biological and physical ET processes provides insight into future water resources.

4.1 INTRODUCTION

Forests play an important role in global water cycling (Ellison et al. 2017) but climate change has altered the partitioning of precipitation (P) into evaporation (ET) and runoff (Q) (Asadieh and Krakauer 2015) by changing energy and water fluxes through intensification of the water cycle (Huntington 2010). ET is important for regulating the water budget, reducing streamflow and runoff fluxes, maintaining forest and soil health, and providing ecosystem productivity (Rodriguez-Iturbe 2000). Climate change has increased ET fluxes worldwide through intensification of the water cycle due to greater energy demand (Huntington 2006) but the underlying processes that drive changes in ET at smaller spatial scales are not completely

understood. Numerous confounding factors such growing season length (Hwang et al. 2014, Kim et al. 2018, Gaertner et al. 2019), water availability, energy demand (Budyko 1974), and forest structure (e.g. species, age, productivity) (Caldwell et al. 2016) interact to influence net ET. Changes in ET are, therefore, a function of complex global drivers and multifaceted climatic processes (Fernandez and Zegre 2019), and understanding ET trends and processes is necessary for protecting and managing future water security (Ford et al. 2005).

ET varies spatially and temporally but overall it has increased globally (Jung et al. 2010, Zeng et al. 2012) and continentally in the United States (Lawrimore and Peterson 2000, Szilagyi et al. 2001, Hobbins et al. 2004, Walter et al. 2004). Notwithstanding, regional trends are complex and more variable, owing to dependence on local landscape factors such as forest cover, climatic conditions including P availability and PET demand, and topographic drivers such as orographic lift (Fernandez and Zegre 2019). ET in the northeastern and southeastern United States has increased (Burns et al. 2007, Cruise et al. 2010, Feng et al. 2016) while ET in some areas of the mid-Atlantic (Pennsylvania, Ohio, West Virginia) has decreased (Vadeboncoeur et al. 2018). The Appalachian Mountains region, comprised largely of West Virginia and portions of surrounding states (e.g. PA, OH, KY, TN, NC), is situated between the NE and SE regions that have disparate direction and magnitude of changes. Given the importance of the Appalachian Mountain region in provisioning streamflow to cities in the Mississippi River and Atlantic basins, it is critical to quantify ET loss and identify the drivers of ET in this region.

Growing season length influences ET processes and has been shown to partially control ET trends in the central Appalachian region. Studies have shown that over recent decades growing season has arrived earlier in general in temperate forests (Chmielewski and Rötzer 2001, Richardson et al. 2006, Schwartz et al. 2006, Lebourgeois et al. 2010, Jeong et al. 2011, Creed et al. 2015, Gaertner et al. 2019). In the central Appalachian region, growing season length has increased by 22 days from 1982-2012 (Gaertner et al. 2019). Growing season control of ET trends varies geographically. In the eastern United States, a one day increase in growing season length increases ET by 1 mm/year (White et al. 1999), in the southeastern United States (North Carolina), a one day increase in growing season increased ET by 4.3 mm/year (Hwang et al. 2014, Hwang et al. 2018, Kim et al. 2018), and in the central Appalachian region, ET increases 0.5-0.7 mm per one day increase in growing season length (Gaertner et al. 2019). Therefore,

understanding the spatial relationship between climatic/biophysical and ET trends in the central Appalachian region will provide insight to relevant ET drivers.

Greater rates of ET occur in response to increasing atmospheric and evaporative demand. A warming climate will increase energy demand via vapor pressure deficit (Donohue et al. 2010, Gaertner et al. 2019), which results in higher ET (Williams and Baeza 2007, Will et al. 2013). Intensification of the water cycle has increased evapotranspiration fluxes, which has increased the frequency and intensity of storm systems (Karl and Knight 1998). However, higher atmospheric CO₂ concentration can counteract the increasing ET trends since stomata tend to close in response to increasing atmospheric CO₂ concentration, which limits ET water loss (Kirschbaum 2004). Many of the climatic and hydrologic processes are regionally and locally controlled, which increases the complexity of the system.

The overall objective of this paper is to understand how the climate and ET has changed across central Appalachian Mountains region, to provide insight to the spatial relationship between regional trends and the influence of drivers on ET trends. In exploring these issues, the following objectives are explored

1. Quantify climate and ET components in recent history to understand the implications of change on water resource sustainability
2. Determine climate drivers important to evapotranspiration drivers across the region
3. Evaluate the primary drivers of local evapotranspiration processes

4.2 METHODS

4.2.1. *Study Area*

Our study area consisted of 31 catchments within five river basins located in the eastern United States that collectively cover 125,000 km² (Figure 1). Four river basins (Monongahela, Upper Ohio, Kanawha, and Tennessee) drain west to the Mississippi River and Gulf of Mexico, one basin (Potomac) drains east to Washington D.C. and the Chesapeake Bay. The 31 catchments selected for this study are part the U.S. Geological Survey Hydro-Climatic Data Network (HCDN) (Slack and Landwehr 1992), which consists of streamflow station data for minimally impacted watersheds (<10% human influence such as reservoirs, diversions, land use change, or severe ground-water pumping). Regional land cover analysis using data from the 2011 National Land Cover Database (NLCD) (Homer et al. 2015) was used to verify that catchments met the

HCDN definition. The HCDN watersheds included seven catchments in the Kanawha basin, five catchments in the Monongahela basin, two catchments in the Upper Ohio basin, thirteen catchments in the Potomac Basin, and four catchments in the Tennessee basin (Table 1). Collectively, the HCDN catchments covered approximately 40% of the total area within the five river basins.

The forests of the region are mostly classified as mixed mesophytic, dominated by various hardwood species (e.g. *Quercus* (oaks), *Betula* (birch), *Fagus* (birch), *Acer* (maple), *Populus* (poplar)) located on ridges and hillslopes, and coniferous species such as *Pinus* (pine) and *Tsuga* (hemlock) at higher elevations and along stream networks (Day et al. 1988, Slayer 2014). The region's climate is characterized as humid marine in the eastern/Atlantic coastal area and humid continental on the western edge (Konrad and Fuhrmann 2013). Mean annual temperature ranges from 9.3°C in the mountains to 14.7°C near the Atlantic coast, and increases with decreasing latitude. Long-term (1981-2010) air temperatures in the northernmost Ohio River basin average 10.5°C, and 15°C in the southernmost Tennessee River basin (Daly et al. 1997). P is relatively evenly distributed throughout the year, dominated by small, low intensity storms with intermittent high intensity frontal thunderstorm events (Keim 1996, 1997, Konrad and Fuhrmann 2013). Annual P increases with elevation, ranging from 1034 mm in the Potomac River near the coast, to 1870 mm in the mountains of the Tennessee River basin. Average annual ET loss is ~75% of annual rainfall in all catchments except the Monongahela, where ET ~51% of P. (Miller and Weaver 1971, Farnsworth and Thompson 1983, Harstine 1991, Ford et al. 2005, Adams et al. 2012).

4.2.2. Datasets

Annual evapotranspiration (2000-2013) was extracted for the study region from the dataset of Reitz et al. (2017) that provides gridded (800 m) ET, quick flow runoff, and recharge for the conterminous USA. Data provided by Reitz et al. (2017) were developed from an empirical regression relationship of water balance data, land cover, precipitation, and temperature.

Climate variables important to ET, such as monthly precipitation [P], maximum temperature [Tmax], minimum temperature [Tmin], mean temperature [Tmean], mean dew point temperature [DPT], minimum vapor pressure deficit, [VPD_{min}] and maximum vapor pressure

deficit [VPD_{max}] were extracted at a 4 km² spatial scale from PRISM (Daly et al. 1997). ET was aggregated on an annual basis while all other variables were aggregated to growing season months from April-October following the analysis by Gaertner et al. (2019)), who found that growing season extended on average from April 17th to October 13th, throughout the central Appalachian Mountains region. Using the growing season time period is important for studying evapotranspiration the central Appalachian region, since the greatest ET fluxes occur during the leaf on period (Troch et al. 2009).

4.2.3. Statistical Methods

4.2.3.1. *Trend Analysis*

The rank-based, non-parametric Mann Kendall statistical test was used to detect trends in climate and water balance variables (Helsel and Hirsch 1992). Mann Kendall allows for both non-normally distributed data (Andreadis and Lettenmaier 2006) and missing values (Hirsch and Slack 1984), and is commonly used for detecting trends in hydrology and hydro-meteorological studies (Yue et al. 2002). Trends were considered significant at the $\alpha=0.1$ level. The direction and magnitude of trends was estimated using the Sen slope, calculated as the median slope among all lines through a time series (Helsel and Hirsch 1992).

A LOESS (locally weighted scatter-plot smoother) curve was fitted to all evapotranspiration data from 2000-2013 using a 95% confidence boundary to identify interannual trends (Hirsch and Slack 1984).

4.2.3.2. *Regression Model*

A global regression equation that incorporated all data into the analysis was developed using the Ordinary Least Squares (OLS) tool in ArcGIS (Hamilton 1992, Mitchel 2005). The OLS global regression analysis was used to determine the relationship between climate and ET variables across the entire study area, which provided information on the effect large-scale climatic variation on ET changes. The ordinary least squares tool creates a single regression equation based on the relationship between predictor and response variables. In this study, we used the seven climate variables as predictors of ET. All variables were determined normally distributed and independent based on histograms. Six model components were evaluated for properly specified model structure. First, a Moran's I test was conducted to confirm model

residuals were not clustered in location (Getis and Ord 2010). Second, Jarque-Bera test was confirmed insignificant ($\alpha > 0.05$) to verify that model residuals were not clustered in value (Jarque and Bera 1980). Third, The Variance Inflation Factor (VIF) was confirmed below 7.5 to account for multicollinearity of model variables (Marquardt 1970). Fourth, the adjusted R^2 evaluated model fit, with values greater than 0.6 suggesting high model fit and performance (Helsel and Hirsch 1992). Fifth, the regression direction was determined based on the coefficient [a] sign, and evaluated based hypothesis expectations. Finally, model variables were considered significant at $\alpha = 0.1$.

The model that passed the six criteria were evaluated in a Geographically Weighted Regression (GWR) in ArcMap (Fotheringham et al. 2003). The GWR output was evaluated to determine the relationship between climate and ET variables at a local 4km^2 scale, which provided insight into the effect of ecosystem level climatic variations on ET change. GWR uses ordinary least squares regression in kernel-weighted regression. Using this computation, the GWR produced a global R^2 for the model and local R^2 values for every 4km^2 pixel value. R^2 and AICc values were used to evaluate model fit, with an R^2 of greater than 0.6 and low AICc values representing high model fit. Following implementation of the GWR, the data were interpolated using an ordinary Kriging spatial interpolation method (Oliver and Webster 1990) to develop a continuous spatial regression map.

4.3 Results

4.3.1. Trend Analysis

Growing season P ranged from 946 to 1376 mm and averaged 1030 mm across all catchments (Table 2; Figure 2). Trends in P were not significant in any of the catchments (Table 3). Growing season ET ranged from 348 mm (Potomac) to 1043 mm (Tennessee), averaging 678 mm, but similar to P, trends in ET were not significant. Maximum temperatures throughout the region ranged from 21 to 26°C and averaged 23.6°C across all catchments, but trends were not significant. Average temperatures ranged from 17 to 23°C and averaged 20.26°C, but trends were not significant. Minimum temperatures significantly increased in 10 of the catchments (Table 2), including one in Ohio, one in the Kanawha basin, and 8 in the Potomac basin. Dew point temperatures ranged from 9 to 13°C and averaged 10.6°C. DPT significantly increased in only one catchment by 0.09°C in the Kanawha basin.

Maximum vapor pressure deficit ranged from 12 to 19 hPa and averaged 15.95 hPa. VPD significantly increased in four catchments with three in the Kanawha and one in the Tennessee. Minimum vapor pressure deficit ranged from 0 to 1 hPa and averaged 0.74 hPa, increasing significantly in four catchments, two of which were in the Kanawha basin and two in the Ohio basin (Table 2).

4.3.2. Regression Model

The global OLS model with the greatest model fit and performance identified three of the seven explanatory variables as significant for explaining ET across the region (Table 4); minimum vapor pressure deficit, minimum temperature, and precipitation. The model passed the all six model fit criteria except the morains I test. Figure 3 represents the spatial clustering of values based on the standard residuals of the model. Under prediction appeared to occur around the large population centers of Washington D.C. (Potomac basin) and Pittsburgh (Monongahela basin). Over prediction appeared to occur near water bodies including the Chesapeake Bay (Potomac basin) and the Tennessee river system (Tennessee basin). Much of the clustering does not occur in our HCDN watersheds and therefore, should not affect of the overall catchment results.

The geographically weighted regression identified the greatest local (4 km²) correlation between ET and minimum vapor pressure deficit ($R^2=0.68$) (Figure 4). The relationship between VPDmin and ET was greatest in the Ohio and Monongahela basin.

4.4 Discussion

Changes in regional climate and water balance components

Long term records (1890-2000) show that temperatures have increased throughout the Appalachian Mountains region by between 0.5-1.9°C (Ford et al. 2011, Pitchford et al. 2011, Laseter et al. 2012, Patterson et al. 2012). Long-term records show greater increases in minimum temperatures in some regions (Hayhoe et al. 2006, Burns et al. 2007) and greater change in maximum temperatures in other regions of the eastern US (Wu et al. 2012). In the central Appalachian region, minimum temperatures have increased more significantly than average or maximum temperatures. This pattern likely indicates that minimum temperatures are increasing

greatest during the growing season while maximum temperatures in nearby regions are increasing on a long-term annual basis.

Long-term (1984-2012) precipitation records throughout the southeastern Appalachian region show that growing season (March-November) precipitation has increased by 3-7% (Crane and Hewitson 1998, Wu et al. 2014), which is similar to the P changes in the central Appalachian region, which averaged a 5.5% increase from 2000-2013 (Table 3). Though this trend is similar, the time period is shorter, more recent, and insignificant. One explanation for the lack of significant trends is an extreme (D3) drought that occurred throughout the central Appalachian region in 2008-2009 (drought.gov), which resulted in a sharp decline in rainfall (Figure 5) in 2008. Although the rainfall pattern returned to normal after 2009, the precipitous drop influenced the overall trend.

Long-term (1950-2005) evapotranspiration records throughout the northeastern United States has increased from 0.5-3.2 mm/yr (Hayhoe et al. 2006, Burns et al. 2007, Campbell et al. 2009), while the southern Appalachian ET has increased by 5.7 mm per year from 1992-2011, (Kim et al. 2018). All of these trends were higher than those detected for the central Appalachian region, which averaged 0.5 mm/year. We believe there are several reasons for the lack of significant trends in the central Appalachian region when compared to nearby regions, including the competing climatic and landscape controls such as vapor pressure deficit, growing season length increases, atmospheric CO₂ concentration, and vegetation species response changing climate. First, increasing vapor pressure deficit increases ET rates due to greater temperature and atmosphere energy demands (Dingman 2002). Second, average growing season has increased 22 days from 1982-2012 in the region (Gaertner et al. 2019), which has increased evapotranspiration by 0.5-4.5 mm (White et al. 1999, Hwang et al. 2014, Kim et al. 2018). Third, CO₂ concentration decreases ET rates due to increased plant water use efficiency (Warren et al. 2011). Fourth, vegetation in temperate deciduous forests have developed preventative drought stress stomatal dynamics that can reduce evapotranspiration rates during periods of reduced rainfall (Roman et al. 2015). Lastly, the 2008 drought resulted in a sharp decline in evapotranspiration (Figure 5), which reduced the trend from 2000-2013. However, the lack of significant trends does not discount the importance of understanding climatic and biophysical drivers of ET variations.

4.4.1. *Regional and local Evapotranspiration drivers*

Regionally, ET changes are most correlated with minimum temperature, precipitation, and minimum vapor pressure deficit, suggesting that water and energy availability are the primary drivers of ET fluxes during the growing season. The ET climate drivers in the central Appalachian region are similar to ET drivers globally and regionally (Del Grosso et al. 2008, Vicente-Serrano et al. 2010). For example, globally, precipitation and temperature were found to have a high correlation with net primary productivity, which is often used as a proxy of evapotranspiration (Del Grosso et al. 2008). Similarly, a correlation analysis between climate variables and ET conducted by Vadeboncoeur et al. (2018) in the Northeastern United States found that regional annual precipitation and local temperatures were the primary climatic drivers of ET variations from 1940-2012. Another model identified precipitation and temperature as the primary climatic factors necessary for drought index modelling, a proxy for evapotranspiration, indicating that evapotranspiration increases with higher atmospheric and water demand (Vicente-Serrano et al. 2010). Our OLS model, therefore, is consistent with global and regional evapotranspiration regression and multivariate models that suggest that water availability and atmospheric energy demand are important climate variables for understanding evapotranspiration trends at the regional scale.

Regional evapotranspiration processes can be explained by precipitation input and solar radiation/temperature patterns. In the central Appalachian region, precipitation input patterns follow geographical features such as orographic lift and rain shadow effect of the prevailing westerly winds, as well as large scale drivers including cyclones and the polar jet stream. Orographic effects over the Appalachian Mountains result in higher precipitation on the western facing slopes of the Appalachian Mountains and generally decrease on the eastern facing slopes due to the rain shadow effect of the prevailing westerly winds (Pitchford et al. 2011, Siler et al. 2013). Large scale cyclones in the Atlantic ocean are responsible for high intensity rainfall input in the lower central Appalachian catchments in Tennessee during the late growing season months (August and September) (Kam et al. 2013). Similarly, the polar jet stream is responsible for large-scale frontal systems from the mid-west and northern United States, which brings intense precipitation input in the northern portion of the region.

While atmospheric water supply is responsible for the amount of water available for evapotranspiration at the land surface, atmospheric energy demand is responsible for

evapotranspiration losses. Solar radiation and temperature are largely dependent on elevation and latitude. Regional scale evapotranspiration rates are greatest at low latitudes, low elevation, and near the coast since these areas have higher air temperatures (Pitchford et al. 2011, Wu et al. 2012), greater atmospheric energy demand, and greater water availability.

At a local scale (4 km²), vapor pressure deficit is the most significant climatic predictor of evapotranspiration. VPD is the driving force that causes net movement of water from an evaporating surface such as a leaf surface to the atmosphere (Brooks et al. 2003), which increases with greater temperatures (Williams and Baeza 2007, Will et al. 2013). VPD was found to be highly correlated with ET in the southern portion of the Ohio and portions of the Monongahela basins which correspond to regions with increasing growing length as determined by Gaertner et al. (2019). Given that VPD exerts a dominant control on the transpiration component of ET in the forested basins (Jasechko et al. 2013) and growing season length changes have increased ET up to 0.5 mm in this region, these results suggest that local variations in ET in this region may be more complex than water and energy controls.

4.4.2. Implications of climate change on evapotranspiration

Higher temperatures have led to greater precipitation and evapotranspiration fluxes following intensification of the hydrologic cycle (Huntington 2010). Future temperatures are expected to continue to rise throughout the region by >1°C by 2099 (Powell and Keim 2015), which is expected to result in greater precipitation and evapotranspiration fluxes and streamflow throughout the region. Changes to large-scale drivers that influence precipitation under normal conditions such as coastal cyclones and the polar jet stream will result in greater precipitation extremes. Tropical cyclones in the Atlantic ocean are expected to increase in intensity but decrease in frequency, which is expected to bring more high intensity storms and less predictable rainfall during the growing season (Fernandez and Zegre 2019). Furthermore, the polar jet stream is expected to weaken and move to lower latitudes, which would block moisture from the Gulf of Mexico while increasing fronts from the northern US, potentially resulting in longer low intensity storms.

Higher temperatures are expected to increase evapotranspiration (Campbell et al. 2009) due to greater vapor pressure deficit and longer growing season length. Approximately 80% of ET comes from the transpiration component in terrestrial forested ecosystems (Jasechko et al.

2013). This suggests that, in the central Appalachian region, greater temperatures may lead to greater ET in small scale forested ecosystems in the southern region (Tennessee basin), coastal regions (Potomac), and low elevation regions due to the high atmospheric energy and water availability. Furthermore, these regions have experienced a longer growing length by 22 days since 1982, and 30-70 days specifically in the forested basins. A longer growing season has the capability to increase evapotranspiration by 0.5-4.5 mm per 1 day increase in growing season length (Hwang et al. 2012, Hwang et al. 2014, Hwang et al. 2018, Gaertner et al. 2019), which can lead to reduced river discharge (Kim et al. 2018).

Growing season increases have been shown to counteract or even outweigh the increased CO₂ concentration effects on water use efficiency (Frank et al. 2015), leading to an overall decrease in river discharge in broadleaf and coniferous forests. Recent research using a process-based model has indicated that future discharge is likely to increase in the central Appalachian given future climatic changes such as increased temperatures, precipitation, and potential evapotranspiration (Gaertner, 2019). Mechanistic models have identified that the south eastern United States will likely have increasing future discharge, given climatic, hydrologic, and land use changes (Wu et al. 2012). This suggests that, despite increasing water use efficiency, evapotranspiration responses to changing climate may lead greater discharge

4.5 Conclusion

Precipitation and temperature are important drivers of evapotranspiration fluxes at the global and regional scale. In the central Appalachian region, precipitation was most highly correlated with ET variables in the Potomac basin, which is the driest basin in the region, suggesting that this basin is more water limited than the other basins the region. Within the study area, the Potomac basin is the most limited by water availability and has the greatest sensitivity to climate change, suggesting a lower capacity to buffer climate variations. On the other hand, the wet, mountainous basins have a lower sensitivity to climate, suggesting a capability to absorb extreme fluctuations in climate such as drought and flooding through species and landscape level evapotranspiration physiological mechanisms. Therefore, ecosystems with a lower sensitivity to climate change will likely also experience lower evapotranspiration as physiological mechanisms adapt water use efficiency to the changes, suggesting a possible future reduction in streamflow.

Locally, vapor pressure deficit represents an important driver of evapotranspiration fluxes, especially in the forested basins, suggesting that vapor pressure deficit exhibits an important control on the transpiration component of ET, which leads to higher ET in the temperate forests. Research has also shown that vapor pressure deficit in combination with other atmospheric water variables is important for signaling an earlier growing season (Gaertner et al. 2019), which has led to a growing season up to 70 days in parts of the Central Appalachian temperate forests. Longer growing season lengths can increase evapotranspiration and lead to an overall decrease in river flow.

Therefore, atmospheric demand for water may not fully explain ET variations, as species level physiological mechanisms in response to atmospheric water balance components may alter ET fluxes. However, other research has identified that growing season length controls on ET may counteract or override climate controls, suggesting an overall future increase in river discharge.

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Tables:

Table 1: Table of the 31 HCDN watersheds used to study climate and growing season changes in the central Appalachian Region. Study watershed identifiers uniquely classify USGS gauging stations used in this study and corresponds to the Identifier in Figure 1. Station number and station name refer to USGS stream gauge identifiers, and area refers to area upstream of the USGS gauge.

Identifier	Basin	Station		Area (km ²)
		Number	Station Name	
1M	Monongahela	3078000	Casselman River at Grantsville, MD	163
2M	Monongahela	3061000	West Fork River at Enterprise, WV	1966
3M	Monongahela	3075500	Youghiogheny River near Oakland, MD	347
4M	Monongahela	3080000	Laurel Hill Creek at Ursina, PA	313
5M	Monongahela	3069500	Cheat River near Parsons, WV	1860
1O	Ohio	3102500	Little Shenango River at Greenville, PA	269
2O	Ohio	3109500	Little Beaver Creek near East Liverpool, OH	1285
7K	Kanawha	3175500	Wolf Creek near Narrows, VA	578
1K	Kanawha	3180500	Greenbrier River at Durbin, WV	344
2K	Kanawha	3186500	Williams River at Dyer, WV	332
3K	Kanawha	3187500	Cranberry River near Richwood, WV	208
4K	Kanawha	3198500	Big Coal River at Ashford, WV	1013
5K	Kanawha	3179000	Bluestone River at Durbin, WV	1020
6K	Kanawha	3183500	Greenbrier River at Alderson, WV	3533
1T	Tennessee	348800	North Fork Holston River near Saltsville, VA	575
2T	Tennessee	3528000	Clinch River above Tazewell, TN	3818
3T	Tennessee	3497300	Little River above Townsend, TN	275
4T	Tennessee	3500000	Little Tennessee River near Pretniss, NC	363
1P	Potomac	1601500	Wills Creek near Cumberland, MD	640
2P	Potomac	1610000	Pototmac River near Great Cacapon, WV	8052
3P	Potomac	1611500	Cacapon River near Great Cacapon, WV	1753
4P	Potomac	1604500	Patterson Creek near Headsville, VS	567
5P	Potomac	1643500	Bennett Creek at Park Mills, MD	163
6P	Potomac	1608500	South Branch Potoamc River near Springfield, WV	3810
7P	Potomac	1614500	Conococheague Creek and Fairview, MD	1279
8P	Potomac	1617800	Marsh Run at Grimes, MD	49
9P	Potomac	1595000	North Branch Potomac River at Steyer, MD	189
10P	Potomac	1637500	Catoctin Creek near Middletown, MD	173
11P	Potomac	1644000	Goose Creek near Leesburg, VA	860

12P	Potomac	1632000	North Fork Shenandoah River at Cootes Store, VS	544
13P	Potomac	1634500	Cedar Creek near Winchester, VA	1989

Table 2: Long-term historic (2000-2015) average climate and water balance components in the central Appalachian region averaged for the growing season (April to October) (Tmax; maximum temperature, Tmin [minimum temperature]; Tmean [average temperature]; P [Precipitation]; ET [Evapotranspiration]; DPT [Dew point temperature]; VPDmin [minimum vapor pressure deficit]; VPDmax [maximum vapor pressure deficit].

Station Name	Tmax	Tmin	tmean	P	ET	DPT	VPD _{min}	VPD _{max}
Casselman River at Grantsville, MD	21	9	17	1083	608	9	1	13
West Fork River at Enterprise, WV	24	12	21	1170	692	11	1	16
Youghiogheny River near Oakland, MD	21	9	17	1194	627	9	0	12
Laurel Hill Creek at Ursina, PA	22	10	19	1221	648	10	1	14
Cheat River near Parsons, WV	22	10	19	1276	670	10	1	14
Average Monongahela	22	10	19	1189	649	10	1	14
Little Shenango River at Greenville, PA	23	10	20	1023	614	10	1	16
Little Beaver Creek near East Liverpool, OH	23	12	20	985	631	10	1	16
Average Ohio	23	11	20	1004	622	10	1	16
Wolf Creek near Narrows, VA	21	8	17	1061	607	9	0	13
Greenbrier River at Durbin, WV	21	10	18	1376	665	9	1	13
Williams River at Dyer, WV	21	9	18	1124	619	9	1	13
Cranberry River near Richwood, WV	25	13	22	1067	740	12	1	17
Big Coal River at Ashford, WV	23	12	20	1007	629	11	1	14
Bluestone River at Durbin, WV	23	11	20	1005	662	11	1	15
Greenbrier River at Alderson, WV	24	11	20	949	693	11	1	16
Average Kanahwa	23	10	19	1084	659	10	1	14
North Fork Holston River near Saltsville, VA	25	12	22	1029	750	12	1	17
Clinch River above Tazewell, TN	26	13	23	1014	781	13	1	18
Little River above Townsend, TN	26	14	23	975	781	13	1	19
Little Tennessee River near Pretniss, NC	24	11	21	1196	773	12	1	15
Average Tennessee	25	13	22	1053	771	13	1	17
Wills Creek near Cumberland, MD	24	11	20	974	642	10	1	16
Potomac River near Great Cacapon, WV	24	11	21	959	675	10	1	18
Cacapon River near Great Cacapon, WV	25	12	21	993	686	10	1	18
Patterson Creek near Headsville, VS	22	10	19	1015	605	9	1	15
Bennett Creek at Park Mills, MD	25	13	22	1047	696	12	1	18
South Branch Potoame River near Springfield, WV	24	11	20	974	679	10	1	17
Conococheague Creek and Fairview, MD	24	12	21	987	690	11	1	17
Marsh Run at Grimes, MD	25	12	22	988	698	11	1	18
North Branch Potomac River at Steyer, MD	25	11	21	946	665	11	1	18
Catoctin Creek near Middletown, MD	25	12	22	988	698	11	1	17
Goose Creek near Leesburg, VA	25	13	22	1069	723	12	1	17

North Fork Shenandoah River at Cootes Store, VS	24	10	20	980	692	10	1	17
Cedar Creek near Winchester, VA	25	12	21	967	701	12	1	17
Avergae Potomac	24	12	21	991	681	11	1	17

Table 3: Relative change (%) in climate and water balance for growing season climate variables based on a Mann Kendal test for the 31 watersheds in the central Appalachian region from 2000-2013.

Station Name	ET (%)	DPT (%)	P (%)	VPD _{min} (%)	VPD _{max} (%)	T _{max} (%)	T _{min} (%)	T _{mean} (%)
<i>Monongahela</i>								
Casselman River at Grantsville, MD	0.9	0.1	3.3	-10.0	10.2	0.6	3.9	-0.5
West Fork River at Enterprise, WV	4.5	-3.6	8.8	42.9	17.0	21.8	3.0	0.3
Youghiogheny River near Oakland, MD	0.2	-1.2	3.2	-11.2	22.0	0.6	0.0	-1.5
Laurel Hill Creek at Ursina, PA	2.0	-0.7	11.6	99.1	15.7	1.2	2.0	-0.6
Cheat River near Parsons, WV	0.1	-1.1	3.5	20.1	16.7	0.7	3.3	-0.6
Average	1.6	-1.4	6.1	35.9	16.3	5.3	2.5	-0.6
<i>Ohio</i>								
Little Shenango River at Greenville, PA	4.3	-5.3	7.1	63.7	13.3	1.7	10.1	2.0
Little Beaver Creek near East Liverpool, OH	1.7	-5.0	1.1	57.6	16.5	2.8	4.5	0.6
Average	3.0	-5.1	4.2	60.1	14.9	2.2	7.1	1.3
<i>Kanahwa</i>								
Wolf Creek near Narrows, VA	-0.7	-3.0	0.9	3.7	15.5	1.2	0.3	-1.3
Greenbrier River at Durbin, WV	-0.9	-1.4	-6.0	14.9	18.3	1.2	1.2	-2.2
Williams River at Dyer, WV	0.0	-1.4	-3.4	81.6	44.8	3.6	2.8	1.5
Cranberry River near Richwood, WV	3.4	-2.2	0.5	51.6	9.8	2.1	2.1	-0.1
Big Coal River at Ashford, WV	1.5	3.6	20.6	25.7	23.8	2.9	4.4	1.3
Bluestone River at Durbin, WV	2.0	0.9	13.2	41.8	29.9	4.0	2.4	1.3
Greenbrier River at Alderson, WV	1.3	10.8	-9.5	-19.6	9.1	2.8	9.4	2.6
Average	1.0	1.2	-7.0	30.3	20.9	2.5	3.4	0.5
<i>Tennessee</i>								
North Fork Holston River near Saltsville, VA	0.3	4.3	9.0	-7.2	24.9	-10.4	2.1	-1.2
Clinch River above Tazewell, TN	4.0	2.0	38.3	21.7	8.7	0.1	3.9	-1.1
Little River above Townsend, TN	0.0	2.0	13.4	51.5	11.5	-2.9	3.8	-0.6
Little Tennessee River near Pretniss, NC	0.4	0.1	14.2	35.0	18.7	-1.1	-0.2	-3.2
Average	1.2	2.1	18.6	25.8	15.7	-3.6	2.5	-1.5

Potomac

Wills Creek near Cumberland, MD	1.9	-2.6	9.6	17.1	8.8	-0.6	7.2	0.4
Potomac River near Great Cacapon, WV	0.6	-1.3	0.0	18.1	7.4	-1.1	7.1	0.3
Cacapon River near Great Cacapon, WV	-2.2	-2.5	5.6	28.6	2.2	-0.5	6.8	0.1
Patterson Creek near Headsville, VS	1.3	-4.2	9.8	33.8	16.0	0.5	5.1	0.1
Bennett Creek at Park Mills, MD	1.1	-0.2	21.1	28.3	9.4	0.2	6.0	0.2
South Branch Potomac River near Springfield, WV	-1.7	-2.5	7.1	31.3	4.6	-2.2	7.0	-0.6
Conococheague Creek and Fairview, MD	0.5	-2.4	6.5	29.8	5.3	0.5	6.7	0.3
Marsh Run at Grimes, MD	1.0	-1.2	8.4	35.2	10.8	1.0	8.4	1.2
North Branch Potomac River at Steyer, MD	-1.9	-4.9	8.0	43.9	10.8	-0.2	7.2	0.1
Catoctin Creek near Middletown, MD	2.03	0.75	9.27	64.44	11.92	1.55	8.08	1.76
Goose Creek near Leesburg, VA	1.18	-3.80	8.21	88.68	15.47	0.22	7.52	1.31
North Fork Shenandoah River at Cootes Store, VS	0.30	-2.02	8.59	47.90	9.18	0.02	6.85	0.48
Average	1.03	-0.81	5.78	33.37	13.09	1.03	4.63	0.08
Overall Average	1.06	-0.91	5.49	34.73	14.83	1.14	4.65	0.06

Table 4: Global correlation analysis between three climate variables (predictor variables) and evapotranspiration (response variable) based on ordinary least squares regression across the central Appalachian region. Coefficient [a] represents the direction of the regression, VIF indicates model multicollinearity, Jarque-Bera represents value clustering, R^2 indicates model performance, and Moran's I indicates spatial clustering

Variable	Coefficient [a]	p- value	Variance Inflation Factor (VIF)	Jarque- Bera Statistic	Adjusted R^2	Moran's I
Overall Model	-	-	-	143.36	0.63	12.31
VPDmin	-0.16	<0.001	1.46	-	-	-
Tmin	0.04	<0.001	1.44	-	-	-
P	0.001	<0.001	1.03	-	-	-

Table 5: Local correlation between six climate variables and evapotranspiration across the central Appalachian region based on a Geographically Weighted Regression (GWR).

Climate Variable	Residuals	AICc	R^2
Vapor Pressure Deficit Max	10.07	-492.22	0.68
Vapor Pressure Deficit Min	0.77	-1752.6	0.6
Dew Point Temperature	0.85	-1708.37	0.56
Minimum Temperature	0.86	-1703.66	0.56
Precipitation	0.98	-1639.81	0.5
Mean Temperature	1	-1633.16	0.49

FIGURES:

Figure 1. Location of the study basin and catchments in the central Appalachian Mountains region of the eastern USA. The dashed lines depict basin boundaries Potomac (P), Monongahela (M), Ohio (O), Kanawha (K), and Tennessee (T). The solid lines outline the 31 watersheds, and the identifiers label the basin followed by an HCDN (Slack and Landwehr 1992) watershed number from 1 to n.

Figure 2: Map of climate variables in the central Appalachian region. A. Maximum Temperature (°C), B. Precipitation (mm), C. Maximum Vapor Pressure Deficit (hPa), D. Evapotranspiration (mm)

Figure 3: Standard residuals between minimum temperature, minimum vapor pressure deficit, precipitation and evapotranspiration. Residuals show clustering in the Potomac and Monongahela basins.

Figure 4: Local (4km²) spatial regression between minimum vapor pressure deficit and evapotranspiration across the central Appalachian region using a Geographically Weighted Regression.

Figure 5: Smoothed time series of annual evapotranspiration from 2000-2013 using a LOESS (locally weighted scatter-plot smoother) curve. Blue line denotes the time series while the gray shaded area represents a 95% confidence boundary. The low value in 2008 represents an extreme (D3) drought.

5.1 Conclusions

This dissertation addressed three knowledge gaps 1) The impact of a longer growing season on evapotranspiration in the central Appalachian region 2) sensitivity of watershed runoff to changing climate and streamflow projections 3) local and regional evapotranspiration drivers. To address the first knowledge gap, I determined growing season length trends using AVHRR NDVI phenological data. I implemented the phenology data and 13 climate variables into two different linear mixed effects models to identify the explanatory variables for growing season length increases and to understand the relationship between growing season length at ET. I found that atmospheric vapor processes are in part responsible for the 22 day increase in growing season length, which in turn is responsible for about a 0.5 mm increase in ET over 30 years. These results are important for modeling future growing season length and water balance variables through the addition of an explicit atmospheric vapor-based index into current models.

To address the second knowledge gap, I implemented a Budyko-based hydrologic model to identify the sensitivity of streamflow to a 10% increase in P and PET throughout the central Appalachian region to changing climate. Sensitivity coefficients were used to estimate future streamflow for 2070-2099. The results showed that sensitivity increased with decreasing precipitation, which generally followed the rain shadow pattern of the central Appalachian region, in which sensitivity increased with increasing distance from the mountains. Future streamflow is expected to increase in all basins by between 9-17% across the region, which has important implications for infrastructure, energy supply and cost, and ecosystem services. In response to the changes, watershed management techniques could be implemented to maintain high water quality and supply standards to downstream communities.

To address the third knowledge gap, I evaluated the relationship between 6 climate variables and ET using a spatial ordinary least squares regression and a geographically weighted regression in GIS. The OLS model evaluated the regional relationship between climate variables and ET and provided information on the effects of large-scale changes in climatic variables on ET change. The GWR identified the local (4 km²) relationship between climate variables and ET, thereby increasing understanding of the effects of ecosystem level changes of climate on ET change. The results showed that, at the regional level, evapotranspiration is primarily explained by temperature, precipitation, and vapor pressure deficit, which underscores the importance water input and atmospheric energy in explaining terrestrial water loss. At the ecosystem level, evapotranspiration is explained by vapor pressure deficit, indicating that evapotranspiration processes at smaller scales are much more complex. ET has many competing factors in the central Appalachian region such as a longer growing season, which increases ET and ecosystem level biological drought stress mechanisms which increase water use efficiency (decrease ET). This research is important for understanding future water resources supply and implementing preventative watershed management techniques.

This dissertation ultimately provides insight into complex hydrologic processes occurring in headwater temperate forests. The central Appalachian region is an important headwater region that garners a large portion of drinking water supplies to downstream communities, though the research can be applied to any temperate headwater basins. Therefore, understanding the

complex water loss processes occurring in the region can be used to develop watershed management methods to maintain clean and stable future drinking water resources.

5.2 Future Directions

Future research building on these findings should focus on the following aims:

1. Implement an explicit humidity-based growing season variable including length of season into ET and runoff models.
2. Develop future runoff using a physically based hydrologic model and evaluate how well the sensitivity projections compare to more complex model outputs
 - a. *Using a physically based model such as the variable infiltration capacity model or the H08 model would provide a comprehensive historical and future modelled streamflow output for the region, which is currently lacking. Furthermore, comparing the streamflow output to the sensitivity projections would provide an evaluation of model error.*
3. Conduct elasticity/resiliency analysis to determine how ability of the central Appalachian watershed to absorb changing climate
 - a. *Conducting a resilience analysis would provide a more comprehensive understanding of how the watersheds respond to climate change*
4. Implement more climate variables into the ET models including wind speed, wind direction, relative humidity, and solar radiation to provide a comprehensive understanding of the explanatory variable of ET
 - a. *Implementing more climate variables including wind processes may provide more insight into large scale controls on ET*