2010

Effectiveness of strategies for solving everyday problems during early and later adulthood: A reexamination of the Everyday Problem Solving Inventory

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McFall, Joseph P., "Effectiveness of strategies for solving everyday problems during early and later adulthood: A reexamination of the Everyday Problem Solving Inventory" (2010). *Graduate Theses, Dissertations, and Problem Reports*. 4631.
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Joseph P. McFall

Curriculum Vitae

CONTACT INFORMATION

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Syracuse, NY 13104-1913
Phone: (716) 353-1784
E-mail: Joseph.McFall@gmail.com

EDUCATION

2008 – 2010 Ph.D., Life-Span Developmental Psychology, May 2010 (to be conferred)
West Virginia University, Morgantown, WV

Dissertation: Effectiveness of strategies for solving everyday problems during early
and later adulthood: A reexamination of the Everyday Problem
Solving Inventory

Chair: JoNell Strough, Ph.D.

2005 – 2007 M.S., Psychology, December 2007
West Virginia University, Morgantown, WV

Thesis: Effectiveness of older and younger adults' strategies for solving
interpersonal and individual everyday problems

Chair: JoNell Strough, Ph.D.

2001 – 2005 B.A., Summa Cum Laude, Sociology/Anthropology, Psychology, May 2005
State University of New York at Fredonia, Fredonia, NY

ACADEMIC HONORS

2008 The Honor Society of Phi Kappa Phi

2005 Sigma Phi Omega National Academic Honor and Professional Society in
Gerontology

2005 Alpha Kappa Delta International Sociology Honor Society

2005 Golden Key International Honour Society

2004 Psi Chi National Honor Society in Psychology

RESEARCH INTERESTS

- Everyday problem solving across the life span
- Judgment and decision making across the life span
- Mechanisms underlying successful aging
- Risk prevention/intervention across the life span

SKILLS

- Univariate and multivariate statistics (SPSS, AMOS)
- Programming (Visual Basic)
- Dyadic data analysis
- Online teaching & course management (Blackboard Learning Systems)
- Online research management software (Sona)

PEER-REVIEWED PUBLICATIONS

- Strough, J., **McFall**, J. P., & Schuller, K. L. (2010). Endorsement of interpersonal strategies for dealing with hypothetical everyday arthritis problems as a function of marital status, gender, and problem severity. *The International Journal of Aging and Human Development*, 70, 39-59.
- Spielmans, G. I., Gatlin, E. T., & **McFall**, J. P. (2009). The efficacy of evidence-based psychotherapies versus usual care for youth: Controlling confounds in a meta-re-analysis. *Psychotherapy Research*. Advance online publication. doi:10.1080/105033D0903311293.
- Strough, J., **McFall**, J. P., Flinn, J. A., & Schuller, K. L. (2008). Collaborative everyday problem solving among same-gender friends in early and later adulthood. *Psychology and Aging*, 23, 517-530.
- Strough, J., Mehta, C. M., **McFall**, J. P., & Schuller, K. L. (2008). Do older and younger adults make different decisions about sunk costs? *Psychological Science*, 19, 650-652.
- Spielmans, G. I., Pasek, L. F., **McFall**, J. P. (2007). What are the active ingredients in cognitive and behavioral psychotherapy for anxious and depressed children? A meta-analytic review. *Clinical Psychology Review*, 27, 642-654.
- Spielmans, G. I. & **McFall**, J. P. (2006). A comparative meta-analysis of clinical global impressions change in antidepressant trials. *Journal of Nervous and Mental Disease*, 194, 845-852.

MANUSCRIPTS UNDER REVIEW

- Strough, J., Schlosnagle, L., **McFall**, J. P., Keener, E. J., & DiDonato, L. M. No time to lose: Limiting future time perspective decreases the sunk-cost fallacy.

MANUSCRIPTS IN PREPARATION

- McFall**, J. P. & Strough, J. Effectiveness for solving everyday problems during early and later adulthood: Gains or losses?

McFall, J. P. & Strough, J. Collaboration: Beneficial or detrimental for effective problem solving in early and later adulthood?

McFall, J. P. & Strough, J. Individual differences in everyday problem-solving styles.

INSTRUCTIONAL MATERIALS

Strough, J. & **McFall, J. P.** (2008). *Course guide for social psychology*. Littleton, MA: Tapestry Press.

PRESENTATIONS

McFall, J. P., Keener, E. J., Strough, J., & Schlosnagle, L. (2009, November). *Interpersonal processes between older adult friends: An actor-partner model*. Poster submitted to the 62nd Annual Scientific Meeting of the Gerontological Society of America, Atlanta, GA.

Strough, J., DiDonato, L. M., Schlosnagle, L., **McFall, J. P., & Keener, E. J.** (2009, November). *Justifying decisions about sunk costs: Do older and younger adults report different goals?* Poster session submitted to the 62nd Annual Scientific Meeting of the Gerontological Society of America, Atlanta, GA.

Strough, J., DiDonato, L. M., Schlosnagle, L., Keener, E. J., **McFall, J. P., Mehta, C. M.** (2009, May). *The sunk-cost fallacy is associated with older and younger adults' future time perspective*. Poster session presented at the 21st Annual Conference of the Association for Psychological Science, San Francisco, CA.

McFall, J. P. & Strough, J. (2008, November). *Age differences in effective everyday problem solving*. Poster session to be presented at the 61st Annual Scientific Meeting of the Gerontological Society of America, National Harbor, MD.

McFall, J. P. & Strough, J. (2008, November). Everyday problem-solving performance of collaborating pairs: A look at older and younger adults' strategy effectiveness. In J. P. **McFall** & J. Strough (Chairs), *Aging in a Social Context: Implications for Everyday Cognitive Performance*. Symposium to be conducted at the 61st Annual Scientific Meeting of the Gerontological Society of America, National Harbor, MD.

Schlosnagle, L., **McFall, J. P., & Strough, J.** (2008, November). Perceptions of custodial grandparents: Problem interpretations predict expectations about grandparent adjustment and caregiving. In D. K. Tomczewski & J. Patrick (Chairs), *Attitudes toward custodial grandparenting*. Symposium to be conducted at the 61st Annual Scientific Meeting of the Gerontological Society of America, National Harbor, MD.

Strough, J., **McFall, J. P., Flinn, J. A., & Schuller, K. L.** (2008, November). *Collaboration with a familiar partner and younger and older adults' strategies for solving everyday problems*. Poster session to be presented at the 61st Annual Scientific Meeting of the Gerontological Society of America, National Harbor, MD.

Spielmanns, G. I., Gatlin, E. T., & **McFall, J. P.** (2008, August). *Evidence-based treatment versus usual care: A meta-re-analysis*. Poster session presented at the 2008 American Psychological Association Convention, Boston, MA.

McFall, J. P. & Strough, J. (2008, March). *Age differences in effective everyday problem solving*. Poster session presented at the Eberly College of Arts and Sciences' Research Horizons Day, Morgantown, WV.

- McFall, J. P. & Strough, J., & Mehta, C. M.** (2007, November). *Sunk cost decision making: Who has the advantage and why?* Poster session presented at the 60th Annual Scientific Meeting of the Gerontological Society of America, San Francisco, CA.
- Strough, J., **McFall, J. P., & Schuller, K. L.** (2007, November). Understanding everyday problem-solving performance in nominal and interacting pairs. In A. Raters & A. Kleinspehn (Chairs), *A lifespan perspective on dyadic interactions*. Symposium conducted at the 60th Annual Scientific Meeting of the Gerontological Society of America, San Francisco, CA.
- Strough, J., **McFall, J. P., & Flinn, J. A.** (2006, November). Friends' goals for collaborative problem solving in early and later adulthood. In C. Hoppmann & F. Blanchard-Fields (Chairs), *On the role of goals for solving everyday problems and coping across the lifespan*. Symposium conducted at the 59th Annual Scientific Meeting of the Gerontological Society of America, Dallas, TX.
- Strough, J., Schuller, K. L., Flinn, J. A., Mehta, C. M., & **McFall, J. P.** (2006, November). Collaborating to make decisions: Are two heads better than one? In J. Strough & C. Berg (Chairs), *Social cognition: Are two heads better than one?* Symposium conducted at the 59th Annual Scientific Meeting of the Gerontological Society of America, Dallas, TX.
- Spielmans, G. I., Pasek, L. F., & **McFall, J. P.** (2006, August). *What are the Active Ingredients in Cognitive and Behavioral Psychotherapy for Anxious and Depressed Children? A Meta-Analytic Review*. Poster session presented at the 2006 American Psychological Association Convention, New Orleans, LA.
- McFall, J. P. & Strough, J.** (2006, May). *Collaborators' judgment and decision-making errors on individual and interpersonal problems*. Poster session presented at the 18th Annual Conference of the Association for Psychological Science, New York, NY.
- McFall, J. P. & Strough, J.** (2006, April). *Collaborators' judgment and decision-making errors on individual and interpersonal problems*. Poster session presented at the Eberly College of Arts and Sciences' Research Horizons Day, Morgantown, WV.
- McFall, J. P. & Spielmans, G. I.** (2005, October). *Comparative meta-analysis of clinical global impressions scale change in antidepressant trials*. Poster session presented at the Eberly College of Arts and Sciences' Research Horizons Day, Morgantown, WV.
- Spielmans, G. I. & **McFall, J. P.** (2005, August). *Comparative meta-analysis of clinical global impressions scale change in antidepressant trials*. Poster session presented at the 2005 American Psychological Association Convention, Washington, DC.

PROFESSIONAL EXPERIENCE

2009 – 2010	Visiting Assistant Professor, Department of Psychology Syracuse University, Syracuse, NY
2007 – 2009	Graduate Teaching Assistant, Department of Psychology West Virginia University, Morgantown, WV
2007 – 2008	Program Evaluation Practicum Osher Lifelong Learning Institute, Morgantown, WV
2006 – 2007	Graduate Research Assistant, Department of Psychology West Virginia University, Morgantown, WV
2005 – 2006	Graduate Teaching Assistant, Department of Psychology

PROFESSIONAL AWARDS

2008	William E. Vehse Graduate Student Travel Award (\$500)
2007	Association for Psychological Science Service Award
2007	WVU Psychology Department Alumni Fund Thesis Research Grant (\$515)
2006	Association for Psychological Science Service Award
2005-2008	WVU Eberly College Doctoral Stipend Enhancement Award (\$2,000)

PROFESSIONAL AFFILIATIONS

2008 – present	American Evaluation Association
2005 – present	American Psychological Association
2005 – present	Association for Psychological Science
2005 – present	Gerontological Society of America

STUDENT AFFILIATIONS

2005 – present	Association for Gerontology in Higher Education
2005 – present	American Psychological Association of Graduate Students
2005 – present	Association for Psychological Science Student Caucus

STUDENT AND PROFESSIONAL ACTIVITIES

2006 – 2008	Student Research Competition Reviewer Association for Psychological Science Student Caucus
2006 – 2008	Student Grant Competition Reviewer Association for Psychological Science Student Caucus
2006 – 2008	Campus Representative Association for Psychological Science Student Caucus
2006 – 2007	Institutional Review Board Task Force Member WVU Department of Psychology
2006 – 2007	Assisted Advisor with Ad Hoc Reviewing <i>Journal of Gerontology: Psychological Sciences</i>
2005 – 2008	Officer (Chair: 2005 – 2006, 2007 – 2008) West Virginia University Gerontological Society of America Student Chapter

COURSES TAUGHT

Summer 2010	Child Psychology, 1 section of 45 students (scheduled course)
Spring 2010	Graduate course: Life-Span Developmental Psychology

	Child Psychology, 2 sections of 100 students
Fall 2009	Foundations of Human Behavior, 1 section of 45 students Child Psychology, 1 section of 120 students
Summer 2009	Introduction to Psychology, 1 section of 15 students
Spring 2009	Introduction to Social Psychology, 1 section of 60 students <i>In-class course</i> Professional Field Experience in Psychology, 1 section of 40 students <i>Online course</i>
Fall 2008	Introduction to Social Psychology, 1 section of 60 students <i>In-class course</i> Professional Field Experience in Psychology, 1 section of 40 students <i>Online course</i>
Summer 2008	Introduction to Psychology, 1 section of 45 students
Spring 2008	Introduction to Social Psychology, 2 sections of 60 students
Fall 2007	Introduction to Social Psychology, 2 sections of 60 students
Spring 2007	Introduction to Social Psychology, 2 sections of 60 students
Spring 2006	Introduction to Psychology, 1 section of 120 students
Fall 2005	Introduction to Psychology, 1 section of 120 students

MENTORING EXPERIENCE

Spring 2010	Pre-capstone research supervision 2 undergraduate research assistants
Fall 2009	Pre-capstone research supervision 4 undergraduate research assistants
Spring 2009	Capstone research project supervision Intensive writing project supervision 5 undergraduate research assistants
Fall 2008	Intensive writing project supervision 4 undergraduate research assistants
Summer 2008	2 undergraduate research assistants
Spring 2008	2 undergraduate research assistants
Fall 2007	1 undergraduate research assistant
Spring 2007	2 undergraduate research assistants
Fall 2006	4 undergraduate research assistants
Spring 2006	Capstone research project supervision 3 undergraduate research assistants
Fall 2005	4 undergraduate research assistants

REFERENCES

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